

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2017

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer any two of the following questions in
about 450 words each :

2x10=20

1. Describe the characteristics of a good psychological test. Discuss the types of psychological tests. 3+7
2. (a) Discuss some of the errors in psychological assessment. 5+5
(b) Describe initial counselling skills.
3. Discuss interview as a tool of psychological assessment. Explain case history interview in detail. 5+5
4. Explain the basic concepts of person centered approach to counselling. 10

SECTION - B

Answer **any four** of the following questions in about **250 words** each : **4x6=24**

5. Discuss the techniques of behavioural counselling. 6
6. Discuss the basic steps of evaluation. 6
7. Discuss the components of guidance and counselling programme. 6
8. Explain the concept of career planning. 6
9. Explain the mindset of the client. 6

SECTION - C

Write short notes on **any two** of the following in about **100 words** each : **2x3=6**

10. Types of evaluation. 3
11. Holistic assessment. 3
12. Counselling Goals. 3



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MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2017

MPCE-022 : ASSESSMENT IN COUNSELLING AND GUIDANCE

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in
about **450 words** each : 2x10=20

1. Define psychological assessment. Differentiate 4+6
between psychological testing and psychological
assessment.
2. Describe the various steps of psychological 2+8
assessment. Discuss major methods of
psychological assessment.
3. Discuss the concept and origin of 5+5
multiculturalism. Describe counselling in
multicultural settings.
4. Define guidance and counselling. Discuss the 3+7
group counselling process.

Answer **any four** of the following questions in
about **250 words** each : **4x6=24**

5. Explain the needs of guidance at micro and macro level. **3+3=6**
6. Explain assessment of mental abilities. **6**
7. Explain the objectives and techniques of narrative counselling. **2+4**
8. Discuss the purposes of guidance and counselling programme in educational institutions. **6**
9. Discuss phases in the counselling process in Adler's Individual Psychology. **6**

SECTION - C

Write short notes on **any two** of the following in
about **100 words** each : **2x3=6**

10. Structured interview **3**
11. Projective and Objective Tests **3**
12. Case Study Method **3**

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SECTION - A

Answer **any two** of the following questions in
about **450 words** each : **2x10=20**

1. Explain the process and methods of cognitive counselling. Proposed by Beck and Ellis. **5+5**
2. Discuss the causes and prevention of mental illness. **10**
3. Discuss any one Neo-Freudian psychodynamic theory and its application to counselling. **10**
4. Discuss the basic techniques and objectives of narrative theorem. **10**

SECTION - B

Answer **any four** of the following questions in about **250 words** each : 4x6=24

5. Discuss various types of interviews. 6
6. Describe assessment complexities faced during psychological testing and assessment. 6
7. Explain Rational Emotive therapy. 6
8. Differentiate between psychological testing and assessment. 6
9. Discuss the processes of group counselling. 6

SECTION - C

Write short notes on **any two** of the following in **100 words** each. 2x3=6

10. Empathy 3
11. Fully functioning person 3
12. Format of case history 3

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MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2016

MPCE-022 : ASSESSMENT IN COUNSELLING AND GUIDANCE

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in about **450** words each :

1. What is psychological assessment ? Explain the purposes and principles of assessment. Discuss the purpose and types of psychological tests. **10**
2. Discuss the purpose of guidance and counselling in educational institutions. **10**
3. Describe the cognitive counselling approach give by Ellis and Beek. **10**
4. What are the characteristics of an effective counsellor ? Discuss the role of a counsellor in guidance and counselling. **5+5**

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SECTION - B

Answer **any four** of the following questions in about **250** words each :

5. Describe counselling and guidance for career planning. **6**
6. Describe the Accountability Bridge Model of evaluating a guidance and counselling programme. **6**
7. What are the errors in assessment in the process of counselling ? **6**
8. Describe what is pre-counselling interview. **6**
9. Describe the therapeutic process of Counselling in Roger's client centered approach. **6**

SECTION - C

Write short notes on **any two** of the following in about **100** words each :

10. Assessment of creativity **3**
11. Mindset of the client in Counselling **3**
12. Role of counsellors in Multicultural counselling **3**



MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2015

03091

**MPCE-022 : ASSESSMENT IN COUNSELLING
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Time : 2 hours

Maximum Marks : 50

*Note : All sections are compulsory. Marks shown
against each question.*

SECTION A

*Answer any two of the following questions in about
500 words each :*

2×10=20

1. Describe the meaning and purpose of psychological assessment. Discuss interview as a method of assessment. 5+5
2. Discuss the basic concepts and process of counselling given by Alfred Adler. 4+6
3. Describe the various features of group counselling process. Compare it with individual counselling. 7+3
4. Describe the process of organising guidance and counselling programme at elementary stage for personal – social development. 10

SECTION B

Answer any **four** of the following questions in about 300 words each : 4×6=24

5. Describe the types and goals of evaluating a counselling programme. 3+3

6. Explain the Exploration and Deconstruction technique of narrative counselling. 6

7. Describe the basic concepts of person centered therapy. 6

8. Discuss the psychodynamic theory of Carl Jung. 6

9. Describe the counselling skills required during initial counselling phase. 6

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SECTION C

Write short notes on any **two** of the following questions in about 100 words each : 2×3=6

10. Objective and Subjective approach to Psychological assessment. 3
11. Assessment of achievement. 3
12. Approaches to evaluation of guidance and counselling programme. 3

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MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2015

02748

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

Answer any two of the following questions in about

500 words each :

2×10=20

1. Explain the principles and process of assessment.
Discuss observation as a method of psychological
assessment. 3+3+4
2. What are the objectives of guidance at different
stages of education ? Describe the purpose of
guidance and counselling programme in
educational institutions. 3+7
3. What are the characteristics of an effective
counsellor ? Discuss the roles of counsellors in
guidance and counselling. 5+5
4. Describe the Cognitive Counselling approach
given by Beck and Ellis. 5+5

SECTION B

Answer any **four** of the following questions in about
300 words each :

4×6=24

5. Describe the features and importance of counselling setting. 6
6. What are the common errors in assessment that a counsellor might face during counselling ? 6
7. Describe the therapeutic process of counselling in Rogers' client centred approach. 6
8. Describe the Accountability Bridge Model of evaluating a guidance and counselling programme. 6
9. Describe counselling and guidance for career planning. 6

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SECTION C

Write short notes on any **two** of the following in about
100 words each :

2×3=6

- | | |
|--|---|
| 10. Assessment of Creativity | 3 |
| 11. Characteristics of a good psychological test | 3 |
| 12. Role of Counsellors in Multicultural Counselling | 3 |
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02035

M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

December, 2014

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 hours

Maximum Marks : 50

Note : Attempt any five questions. All questions carry equal marks. Answer each question in not more than 500 words.

1. Discuss the following : 5+5
 - (a) Errors in psychological assessment
 - (b) Pre-requisites for assessment

2. Define psychological assessment. Discuss the 3+7 purposes and process of psychological assessment.

3. Explain with suitable example the format of case 10 history taking.

4. Elucidate the process of counselling in 10 psychodynamic approach.

5. Explain in detail the person centered approach 10 to counselling.

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6. Discuss the basic concepts of narrative approach to assessment and counselling. Explain its techniques. **5+5**
 7. Discuss the objectives and activities of counselling for personal-social development at secondary stage of education. **10**
 8. Write an essay on counselling for career planning. **10**
 9. Discuss the purpose of guidance and counselling at different stages of education. **10**
 10. Write short notes on : **5+5**
 - (a) Steps of evaluation of guidance and counselling programme.
 - (b) Roles of counsellors in guidance and counselling.
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M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

01292

June, 2014

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 hours

Maximum Marks : 50

Note : Attempt any **five** questions. All questions carry equal marks. Answer each question in not more than 500 words.

1. What are the basic principles of assessment ?
Discuss various complexities in psychological assessment. 5+5

2. Discuss in detail the process and component of assessment in counselling. 10

3. Enumerate the main characteristics of interview.
Discuss various types of interviews. 5+5

4. Discuss any one neo-psychodynamic theory and its application to counselling. 8+2

5. What are the characteristics of a good psychological test ? Discuss various types of psychological tests. 4+6
6. Discuss the concept of fully functioning person according to Carl Rogers. Also discuss the applications of Rogerian theory to counselling and guidance. 5+5
7. Write an essay on rational emotive therapy. 10
8. Describe the purposes of evaluation of guidance and counselling programme. Discuss the main steps of evaluation. 5+5
9. What are the specific needs for guidance and counselling programme for schools. Write in detail the process of developing guidance and counselling programme for an educational institution. 5+5
10. Discuss the following : 5+5
- (a) Positive health
 - (b) Group counselling process



M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

December, 2013

MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE

Time : 2 hours

Maximum Marks : 50

Note : Answer any five questions. All questions carry equal marks. Answer your question in not more than 500 words.

1. Explain the errors in assessment in guidance and counselling. How do the cultural, linguistic and ethnic differences are accommodated in psychological assessment ? 5+5
2. Keeping in view the different developmental tasks at different stages of education, discuss the objectives and procedures of guidance at each stage. 10
3. Explain basic theoretical tenets of Carl Jung's psychodynamic theory. Compare and contrast Carl Jung's views about human nature with those of Sigmund Freud's views. 7+3

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4. Discuss any two major theories of counselling with suitable examples. 10

5. (a) Explain the concept of fully functioning person as propounded by Carl Roger's. What similarities does it share with Maslow's self actualised person ? 5+5
(b) What are the basic assumptions of person centered approach to counselling.

6. Write an essay on the development of Youth and the role of community. Discuss with reference to the moral vacuum currently prevailing in our society. 10

7. Discuss counselling process in career planning. Elaborate your answer with relevant examples. 10

8. Define and discuss the application of group counselling. 5+5

9. Explaining the goals of behavioral counselling, discuss its techniques with suitable examples. 3+7

10. Write short notes on : 5+5
(a) Rational Emotive therapy
(b) Stage of planning for problem solving in guidance and counselling.

No. of Printed Pages : 2

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M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

June, 2013

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 hours

Maximum Marks : 50

*Note : Attempt **any five** questions. All questions carry equal marks. Answer your question in not more than **500** words each.*

1. Define Psychological Assessment. Discuss the principles and processes of assessment in guidance and counselling. 10
2. Differentiate between structured and unstructured guidance and counselling programme. Discuss the roles of guidance and counselling in schools. 3+7
3. Elucidate the stepwise procedures of developing a guidance and counselling programme in school. 10
4. Define case history interview as a structured procedure of psychological assessment. Explain the format of case history taking. 4+6

5. Discuss Albert Ellis Rational Emotive behaviour theory. Differentiate it from Beck's model of cognitive counselling. 7+3
6. Discuss the importance of relationship between the therapist and the client, in client centered therapy. 4+6
7. Discuss the techniques of narrative counselling. 10
8. How would you plan the counselling process keeping in view that the roots of problems lie in complex social systems ? Discuss the dilemma of a counsellor in such a condition. 7+3
9. What is multicultural counselling ? Discuss the trends in Multicultural Counselling. 3+7
10. Explain : 5+5
 - (a) Behavioural counselling
 - (b) Stage of Problem identification and exploration in guidance and counselling.



M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

December, 2012

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 hours

Maximum Marks : 50

Note : Attempt *any five* questions. All questions carry *equal* marks. Answer each question in not more than **500** words.

1. Differentiate between psychological testing and psychological assessment. Discuss the role of psychological testing and assessment in guidance and counselling. **10**
2. Write an essay on Case History as a method of psychological assessment in counselling. **10**
3. Discuss the psychodynamic approach to counselling with reference to Alfred Adler's Individual Psychology. **10**
4. What are the basic concepts of Carl Rogers' Person centered approach to counselling? How does this approach differ from psychoanalytical approach? **10**

5. Discuss the characteristics of an effective counsellor and the importance of a counsellor's personality in counselling process. 10
6. Define Rational Emotive Therapy and discuss its techniques. 10
7. Describe career counselling process. Discuss step by step the process of career counselling. 10
8. Elucidate the different steps and approaches in evaluating guidance and counselling programme. 10
9. How do guidance processes and aims differ at different stages of education ? Explain. 10
10. Discuss the needs for guidance at micro and macro level of education. 10



M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

June, 2012

00372

**MPCE-022 : ASSESSMENT IN GUIDANCE AND
COUNSELLING**

Time : 2 hours

Maximum Marks : 50

Note : Attempt any five questions. All questions carry equal marks. Answer each question in not more than 500 words.

1. What do you understand by psychological assessment? Describe various steps in the process of assessment. **10**
2. Write an essay on assessment complexities faced in psychological testing and assessment in counselling and guidance situation. Elaborate your answer with suitable examples. **10**
3. Describe Interview as a method of psychological assessment. At what stage do you think interview can be used in counselling? Support your answer with relevant arguments. **10**
4. Elucidating the basic assumptions of cognitive counselling, highlight the processes involved in this approach. **10**

5. Describe the process of Person Centered approach in counselling. **10**
6. What do you understand by narrative approach to counselling? Discuss the key assumptions and techniques of narrative counselling. **10**
7. What is the role of counselling in preventing mental illness and promoting positive mental health? **10**
8. Discuss the importance of various guidance services in the school. Put forward in step by step the planning of these services. **10**
9. Describe various steps for evaluating the guidance and counselling programme. **10**
10. Differentiate between : **10**
 - (a) Individual and Group counselling
 - (b) Subjective and objective approach to counselling.

