

Exam Ready **Reckoner**

Dec 2018



www.mapchelp.com

Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited in **BLUE** color shades for respective subjects of 1st and 2nd year so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

Latest version of Exam Ready Reckoner will be
available for download

For

June 2019 Exam

in

April 2019

on

[http://vasantkothari.com/content/category_topic/87/00-
MAPC-Important-Documents](http://vasantkothari.com/content/category_topic/87/00-MAPC-Important-Documents)

&

www.MAPCHELP.com

**Important Documents available on
www.vasantkothari.com**

Assignment Motivator

--Assignment marking for all subjects of MA Psychology

Power Point Presentations

--PPTs of 1st Year MA Psychology for easy understanding

Synopsis Guide & Sample Synopsis

--How to prepare synopsis for Psychological Research

Solved Question Papers

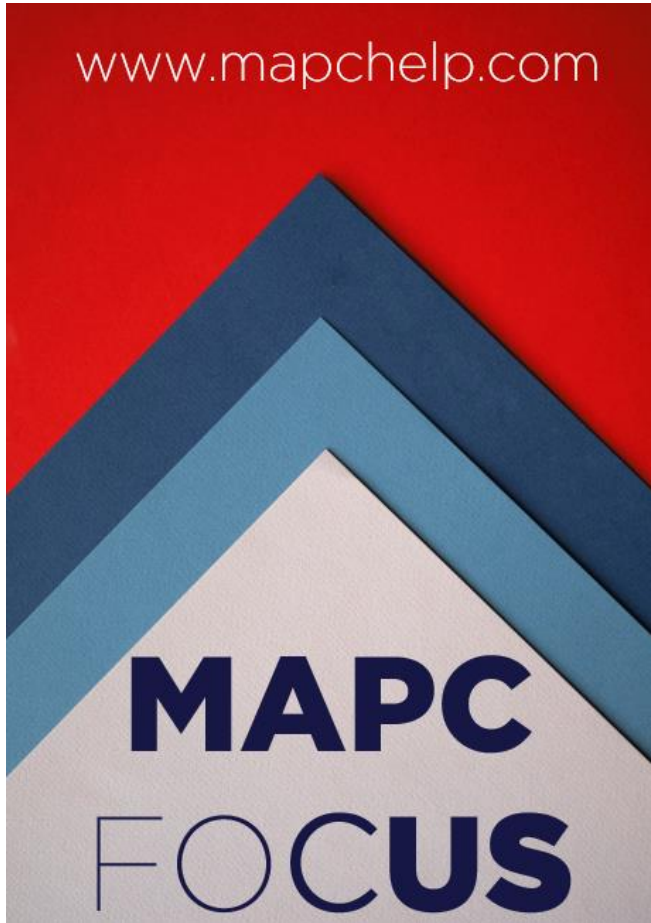
--MAPC Solved Question Papers of all 15 subjects of June 17 Exam

MAPC Project Ideas

--Almost 850+ Project topics for MAPC

Assignment Container

--Helping guide to write your assignments



MAPC FOCUS – For all 1st Year subjects will be available from 15th Nov

MAPC Focus (coupled with Exam Ready Reckoner) normally discuss the **MOST IMPORTANT MUST READ TOPICS** from the respective subjects

Sr No	Code	Name of Subject
1st Year		
1	MPC-001	Cognitive Psychology, Learning & Memory
2	MPC-002	Life Span Psychology
3	MPC-003	Personality : Theories And Assessment
4	MPC-004	Advanced Social Psychology
5	MPC-005	Research Methods In Psychology
6	MPC-006	Statistics In Psychology
2nd Year (Clinical Psychology)		
7	MPCE-011	Psychopathology
8	MPCE-012	Psychodiagnostics
9	MPCE-013	Psychotherapeutic Methods
2nd Year (Counselling Psychology)		
10	MPCE-021	Counselling Psychology
11	MPCE-022	Assessment In Counselling And Guidance
12	MPCE-023	Interventions In Counselling
2nd Year (Industrial & Organizational Psychology)		
13	MPCE-031	Organizational Behaviour
14	MPCE-032	Human Resource Development
15	MPCE-033	Organizational Development

Highest Marks	2nd Highest Marks	3rd Highest Marks	Lowest Mark
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Year and Month of Exam

4 Blocks of the subject
Normally every subject is having 4 blocks or books

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,3,3	10,6,6,3	10,10	6,6,6
	20%	32%	25%	23%
Dec 15	10,6,3,3	10,6	10,6,3	10,6,6
	28%	20%	24%	28%
June 16	6,6,3	10,10,10,6	6,3	10,6,3
	19%	46%	11%	24%
Dec 16	10	10,6,6,6,3	10,6	10,6,3,3
	13%	39%	20%	28%
June 17	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 17	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
June 18	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%

Marks in the exam
In new exam pattern...
4 ques of 10 marks
5 ques of 6 marks &
3 ques of 3 marks
..are normally asked

Weightage of each Block in that respective exam

Deeper Analysis shows priority of Units or Chapter of respective Blocks or books



1st Priority	
Block	Unit/Chapter
1	4
2	1,3
3	3
4	4
49% of Questions	
39 Marks	

2nd Priority	
Block	Unit/Chapter
1	1,2
2	2
3	1
4	2,3
35% of Questions	
28 Marks	

3rd Priority	
Block	Unit/Chapter
1	3
2	4
3	2,4
4	1
16% of Questions	
13 Marks	

Should not missed these Units at any cost to PASS the exam

Should not missed these Units at any cost to PASS the exam

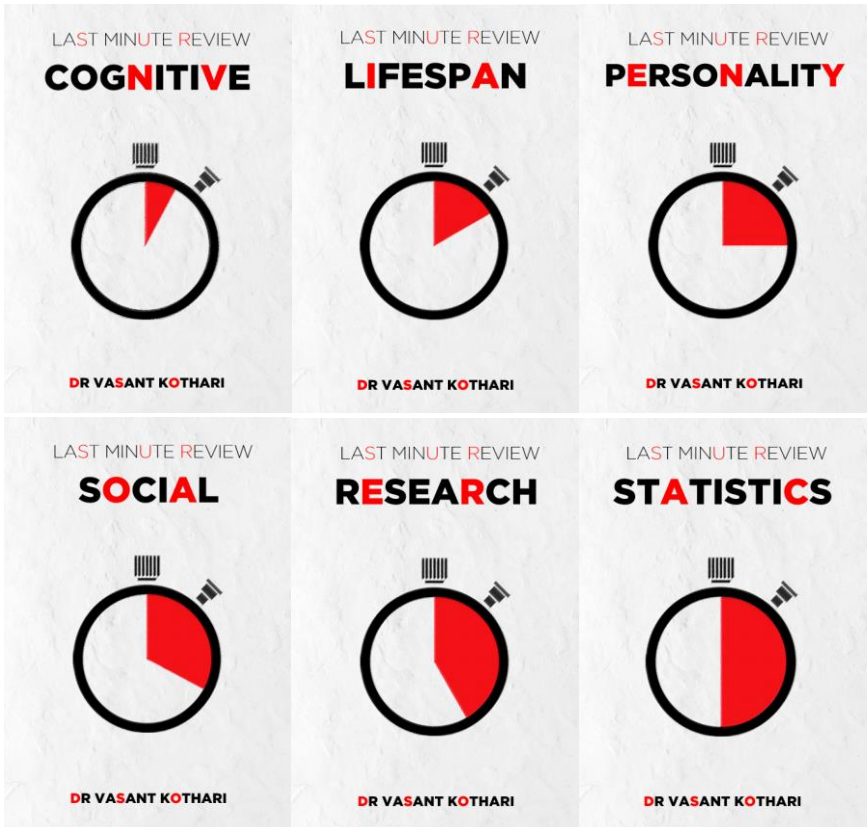
Can study these Units for SCORING purpose

Performance of Exam Ready Reckoner for Dec 17 MAPC Exam

Name of the Subject	1 st Priority Actual Marks	2 nd Priority Actual Marks	Total Marks from 1 st & 2 nd Priority (W/o Option)	Success %
Cognitive Psychology, Learning & Memory	34	10	44	88%
Life Span Psychology	22	25	47	94%
Personality: Theories And Assessment	47	**	47	94%
Advanced Social Psychology	19	25	44	88%
Research Methods In Psychology	19	19	38	76%
Statistics In Psychology	37	13	50	100%

Performance of Exam Ready Reckoner for June 18 MAPC Exam

Name of the Subject	1 st Priority Actual Marks	2 nd Priority Actual Marks	Total Marks from 1 st & 2 nd Priority (W/o Option)	Success %
Cognitive Psychology, Learning & Memory	34	10	44	88%
Life Span Psychology	22	25	47	94%
Personality: Theories And Assessment	19	28	47	94%
Advanced Social Psychology	44	6	50	100%
Research Methods In Psychology	29	21	50	100%
Statistics In Psychology	37	13	50	100%



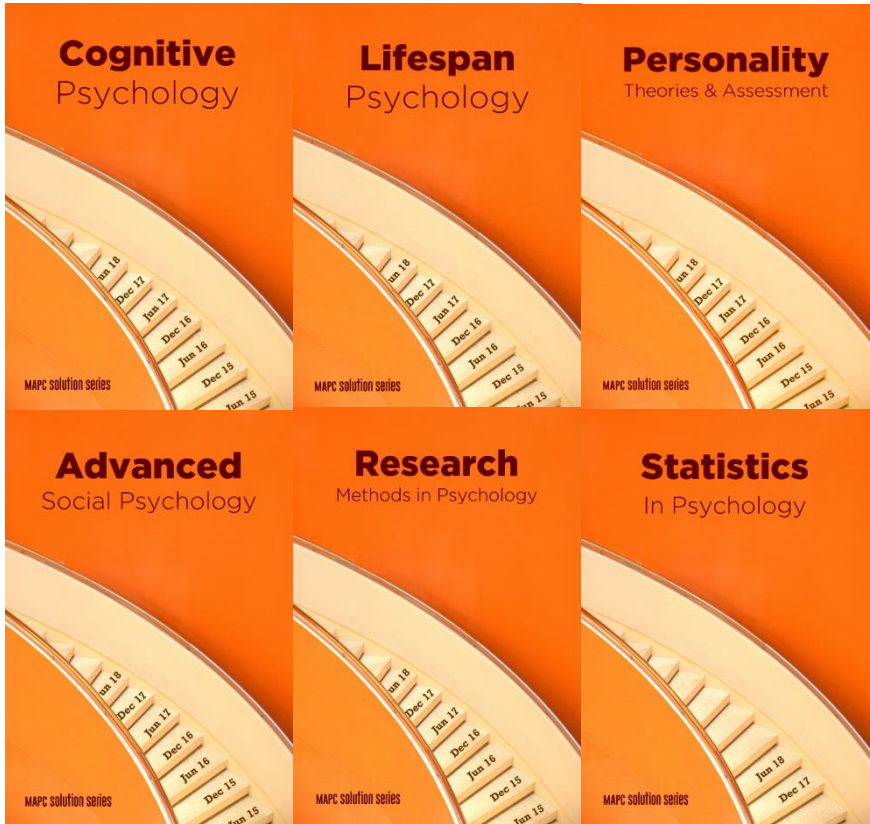
ebook - Last Minute Review (LMR)

- Covers the maximum syllabus of MAPC
- Covers all important topics in just few pages
- Simple, short, precise and extremely easy language
- Extremely beneficial for revision at the last moment
- Only at Rs 99 for each subject

Available only at...(From 11th Nov 2018)

www.springseason.in

www.MAPCHELP.com



ebook – MAPC Solution Series

- Solved question papers of IGNOU MAPC 1st Year from June 15
- All answers given in prescribed word limits
- Simple, precise and extremely easy language to understand
- Get an idea on repetition (pattern) of questions in exam
- Helpful in preparing for MAPC Exam

Available only at...(From 11th Nov 2018)

www.springseason.in

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Cognitive Psychology, Learning & Memory

MPC - 001

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,6,3	10,6,6,3,3	10,6,6	10
	24%	35%	28%	13%
Dec 15	10,6,6,3	10,6,6,3	10,6,3	10
	32%	32%	24%	13%
June 16	6,3	10,10,6,6,3	10,6	10,6,3
	11%	44%	20%	24%
Dec 16	10,10,6,3	6,6,6,3	10	10,6,3
	37%	27%	13%	24%
Dec 16 (s)	10,6,6,3	10,10,10,3	6,6,3	6
	32%	42%	19%	8%
June 17	10,6,6,3	10,6,6,3	10,6,3	10
	32%	32%	24%	13%
Dec 17	6,6,3	10,10,3,3	10,6	6,6,4
	27%	33%	20%	20%
June 18	6,6,3,3	10,10	10,6,6,6,3	10
	23%	25%	39%	13%

1 st Priority	
Block	Unit
1	1,2
2	1,4
3	1
4	3
55% of Questions	
43 Marks	

2 nd Priority	
Block	Unit
1	4
2	2,3
3	4
4	**
23% of Questions	
19 Marks	

3 rd Priority	
Block	Unit
1	3
2	**
3	2,3
4	1,2,4
22% of Questions	
17 Marks	

It has been observed that **Block 1 & 2 are the most important** as 61% questions in the exam comes from these only, so you should not miss these Blocks at any cost

Block 2 Unit 4 is the most important and should not be missed at any cost as almost 16% questions in the exam were from this only



ERR For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

Cognitive Psychology

by **Dr Vasant Kothari**

ISBN: 978-81-935047-1-0

Pages: 208

Price: ~~Rs 300~~ → **Rs 240**

Available for purchase at

www.springseason.in & Amazon

1 st Priority
Chapter No.
1, 2, 5, 8, 9, 14, 15
55% of Questions
43 Marks

2 nd Priority
Chapter No.
4, 6, 7, 12
23% of Questions
19 Marks

3 rd Priority
Chapter No.
3, 10, 11, 13, 16
22% of Questions
17 Marks

It has been observed that **Chapter No. 2, 8 & 15 are the most important** as 36% questions in the exam comes from these only, so you should not miss these chapters at any cost

Chapter No. 8 is the most significant and should not be skipped at any cost as almost 16% questions in the exam were from this chapter only

Life Span Psychology

MPC - 002

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,3,3	10,6,6,3	10,10	6,6,6
	20%	32%	25%	23%
Dec 15	10,6,3,3	10,6	10,6,3	10,6,6
	28%	20%	24%	28%
June 16	6,6,3	10,10,10,6	6,3	10,6,3
	19%	46%	11%	24%
Dec 16	10	10,6,6,6,3	10,6	10,6,3,3
	13%	39%	20%	28%
June 17	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 17	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
June 18	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%

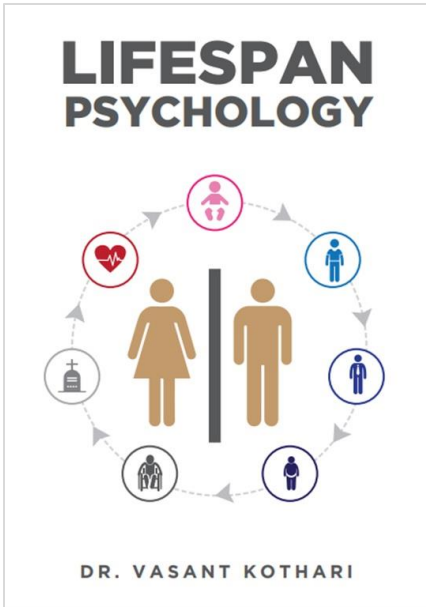
1 st Priority	
Block	Unit
1	3
2	2
3	3
4	3
51% of Questions	
41 Marks	

2 nd Priority	
Block	Unit
1	1,2,4
2	3
3	4
4	2
38% of Questions	
30 Marks	

3 rd Priority	
Block	Unit
1	**
2	1,4
3	1,2
4	1,4
11% of Questions	
8 Marks	

Block 1 – Unit 3
 Block 2 – Unit 2
 Block 4 – Unit 3

Almost 43% questions asked in the exams comes from these only..
SHOULD NOT BE SKIPPED



ERR For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

Lifespan Psychology

by **Dr Vasant Kothari**

ISBN: 978-81-935047-1-0

Pages: 240

Price: Rs 350 → Rs 280

Available for purchase at

www.springseason.in & Amazon

1st Priority
Chapter No.
3,6,11,15
51% of Questions
41 Marks

2nd Priority
Chapter No.
1,2,4,7,12, 14
38% of Questions
30 Marks

3rd Priority
Chapter No.
5,8,9,10, 13,16
11% of Questions
8 Marks

It has been observed that **Chapter No. 3, 6, 11 & 15 are the most important** as 51% questions in the exam comes from these only, so you should not miss these chapters at any cost

- Chapter No. 6 → 16.82%
- Chapter No. 15 → 15.73%
- Chapter No. 3 → 10.31%
- Chapter No. 11 → 08.68%



Personality: Theories And Assessment

MPC - 003

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,6,3	10,6,6,6,3	10,6	10,3
	24%	39%	20%	17%
Dec 15	10,6,6,3	10,6,6,3	10	10,6,3
	32%	32%	12%	24%
June 16	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 16	10,6,6	10,6,3	10	10,6,6,3,3
	28%	24%	13%	35%
June 17	10,6,6,3	10,6,3	10,3	10,6,6
	32%	24%	16%	28%
Dec 17	10,6,3	10,6,6,3	10	10,6,6,3
	24%	32%	11%	32%
June 18	10,6	10,6,6,3	10,6	10,6,3,3
	20%	32%	20%	28%

1 st Priority	
Block	Unit
1	2
2	1,2
3	**
4	2,3
53% of Questions	
42 Marks	

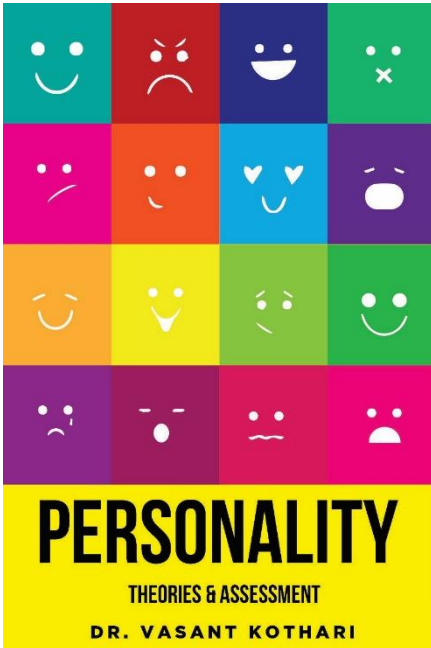
2 nd Priority	
Block	Unit
1	1,4
2	3
3	1,3
4	**
33% of Questions	
26 Marks	

3 rd Priority	
Block	Unit
1	3
2	4
3	2,4
4	1,4
14% of Questions	
11 Marks	

It has been observed that **Block 1, 2 & 4 are the most important** as almost 85% questions in the exam comes from these only, so you should not miss these Blocks at any cost

You can skip Block 3 totally

You can also skip 4th Unit/Chapter from all 4 block



ERR For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

Personality: Theories & Assessment

by **Dr Vasant Kothari**

ISBN: 978-81-935047-4-1

Pages: 224

Price: ~~Rs 375~~ → **Rs 300**

Available for purchase at

www.springseason.in & Amazon

1 st Priority
Chapter No.
2,5,6,14,15
53% of Questions
42 Marks

2 nd Priority
Chapter No.
1,4,7,9,11
33% of Questions
26 Marks

3 rd Priority
Chapter No.
3,8,10,12, 13,16
14% of Questions
11 Marks

It has been observed that **Chapter No. 2, 5 & 14 are the most important** as 34% questions in the exam comes from these only, so you should not miss these chapters at any cost

Advanced Social Psychology

MPC - 004

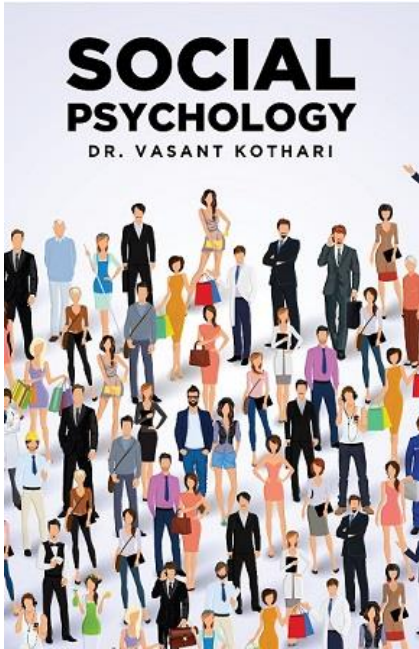
Year	Block 1	Block 2	Block 3	Block 4
June 15	6,6,3,3	10,10,3	10,6	10,6,6
	23%	29%	20%	28%
Dec 15	10,10,10,3	6,6,3,3	6,3	10,6,3
	42%	23%	11%	24%
June 16	10,10	10,10,6	6,3	6,6,6,3,3
	25%	33%	11%	31%
Dec 16	10,10,6,6,3,3,3	10,6	10,6,6	--
	52%	20%	28%	0%
June 17	6	6,6,3,3	10,10,6	10,10,6,3
	7%	23%	33%	37%
Dec 17	10,10,3	10,10,6	6,6	6,6,3,3
	29%	33%	15%	23%
June 18	6,6,3,3	10,10,3	10,10,6	6,6
	23%	29%	33%	15%

1 st Priority	
Block	Unit
1	2,3
2	1,2
3	2
4	3
55% of Questions	
44 Marks	

2 nd Priority	
Block	Unit
1	**
2	3
3	3,4
4	2
23% of Questions	
18 Marks	

3 rd Priority	
Block	Unit
1	1,4
2	4
3	1
4	1,4
22% of Questions	
17 Marks	

You can skip 4th Unit/Chapter from all 4 block



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Social Psychology

by **Dr Vasant Kothari**

ISBN: 978-81-935047-3-4

Pages: 208

Price: Rs-350 → Rs 280

Available for purchase at

www.springseason.in & Amazon

1 st Priority
Chapter No.
2,3,5,6,10, 15
55% of Questions 44 Marks

2 nd Priority
Chapter No.
7,11,12,14
23% of Questions 18 Marks

3 rd Priority
Chapter No.
1,4,8,9,13, 16
22% of Questions 17 Marks

It has been observed that **Chapter No. 2, 3 & 5 are the most important** as 33% questions in the exam comes from these only, so you should not miss these chapters at any cost



MAPC Solution Series

All solved Question Papers

Jun 15 – Dec 15 – Jun 16 – Dec 16 - Jun 17

Dec 17 entire Question Paper was there from these 60+ pages only

MPC 005 -Research Methods in Psychology

@ Rs 120 Only (after 20% discount on MPR Rs 150)

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www.MAPCHELP.com

Research Methods In Psychology

MPC - 005

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,6,3	10,6,3	10,6,3	10,6,6
	24%	24%	24%	28%
Dec 15	10,6,3	10,6,3	10,6,6,3	10,6
	24%	24%	32%	20
June 16	10,6	10,10,6,6,3,3	10	6,6,3
	20%	48%	13%	19%
Dec 16	6	10,6,6	10,10	10,6,6,3,3,3
	8%	28%	25%	39%
June 17	10,6,6,3	10,3	10,6,6	10,6,3
	32%	16%	28%	24%
Dec 17	10,6,3	10,3	10,6	10,6,6,6,3
	24%	17%	20%	39%
June 18	10,6,3	10,3	10,6	10,6,6,6,3
	24%	17%	20%	39%

1 st Priority	
Block	Unit
1	1,2
2	**
3	3,4
4	1,3,4
55% of Questions	
43 Marks	

2 nd Priority	
Block	Unit
1	3,4
2	2,4
3	**
4	2
30% of Questions	
23 Marks	

3 rd Priority	
Block	Unit
1	**
2	1,3
3	1,2
4	**
15% of Questions	
12 Marks	

Block 1 and 4 are most **Important** as approx. 60% questions were there from these blocks only

If you wish you can skip Block 2 totally

This entire subject is important for future and exam point of view so if possible please go through the entire subject for exam

Book Specially Written for MAPC IGNOU Students



PSYCHOLOGICAL STATISTICS

DR. VASANT KOTHARI

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Psychological Statistics

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(ISBN - 978 81 935047 03)

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Also available on



Features of the book...

- Solution to all Numerical from all Question Paper (June 11 – June 17)
- Solution to all numerical from Assignment (2014 - 2018)
- Only Important topics are covered
- Easy to understand Language
- Numbers of graphs, charts, tables, images, brain maps for more clarity of the topic
- Simple explanation
- Precise content

Statistics in Psychology

MPC - 006

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,6,3	10,6,3	10,6,3	10,6,6
	24%	24%	24%	28%
Dec 15	10,6,3	10,6,3	10,6,6,3	10,6
	24%	24%	32%	20%
June 16	10,6	10,10,6,6,3,3	10	6,6,3
	20%	48%	13%	19%
Dec 16	6	10,6,6	10,10	10,6,6,3,3,3
	8%	28%	25%	39%
June 17	10,3	10,10,3	10,6,3	6,6,6,6
	17%	29%	24%	30%
Dec 17	10,6,3	10,10	10,6,3	6,6,6,3
	24%	25%	24%	27%
June 18	10,6,3	10,10	10,6,3	6,6,6,3
	24%	25%	24%	27%

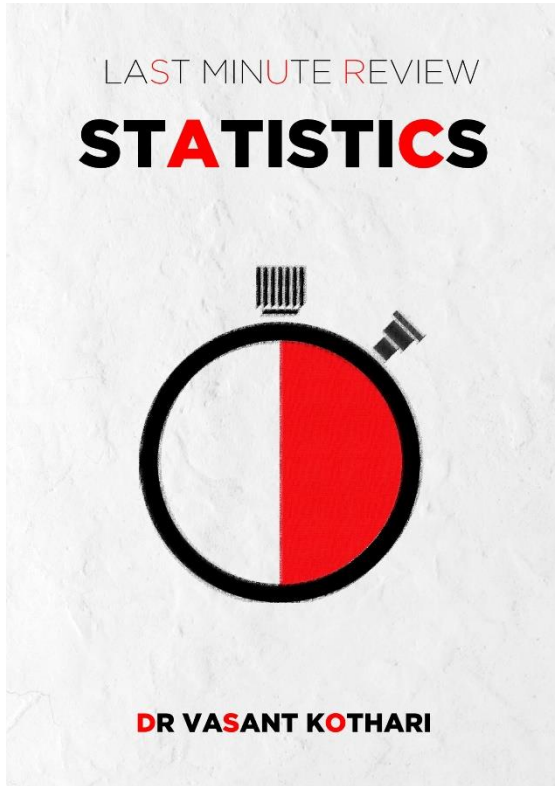
1 st Priority	
Block	Unit
1	2
2	2
3	1,3
4	2,4
72% of Questions	
57 Marks	

2 nd Priority	
Block	Unit
1	1
2	4
3	**
4	1
20% of Questions	
16 Marks	

3 rd Priority	
Block	Unit
1	3,4
2	1,3
3	2,4
4	3
8% of Questions	
6 Marks	

For Statistics.. topic wise important (theory and numerical) will be given in MAPC Focus. Please follow that as well

You can clear the STATISTICS paper by doing theory as well



Coming Soon..!!! (11th Nov 2018)

On

www.springseon.in

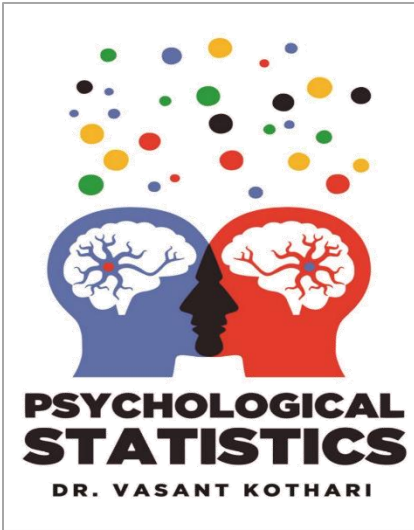
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Most viewed (19000+) and the Best Book to clear the Stats Paper

All IMPORTANT theory compressed in few pages coupled with numbers of illustrations and brain maps for easy understanding

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Psychological Statistics

by **Dr Vasant Kothari**

ISBN: 978-81-935047-0-3

Price: Rs-500 → Rs 400

Available for purchase at

www.springseason.in &

amazon.in

Must DO Chapters
Numerical
5, 8, 11, 14, 15, 16, 19

Must do Chapters
Theory
2, 3, 4, 6, 7, 9

Chapters
Can be skipped
1, 10, 12, 13, 17, 18

From last Box.. Do only...

Chapter 1 - 1.4.2, 1.5

Chapter 17 - 17.1

SS Publications

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