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MPC-002

Lifespan

# MAPC FOCUS

## **MUST READ for Dec 2018 Exam**

**Please note that this is**

**MUST READ TOPICS**

**and**

**NOT THE ONLY READ Topics**

**Also, the Guesses are**

**not expected to be exact**

**I used my logic of analysis**

**and you can follow it**

**at your discretion**

**Just one request....kindly don't ask for  
any clarification regarding this document**

**Please use it as per your understanding**

**Thank you!!**

# MUST READ for Dec 2018 Exam

## Life Span Psychology MPC - 002

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,3,3	10,6,6,3	10,10	6,6,6
	20%	32%	25%	23%
Dec 15	10,6,3,3	10,6	10,6,3	10,6,6
	28%	20%	24%	28%
June 16	6,6,3	10,10,10,6	6,3	10,6,3
	19%	46%	11%	24%
Dec 16	10	10,6,6,6,3	10,6	10,6,3,3
	13%	39%	20%	28%
June 17	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 17	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
June 18	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%

1 <sup>st</sup> Priority	
Block	Unit
1	3
2	2
3	3
4	3
<b>51% of Questions</b>	
<b>41 Marks</b>	

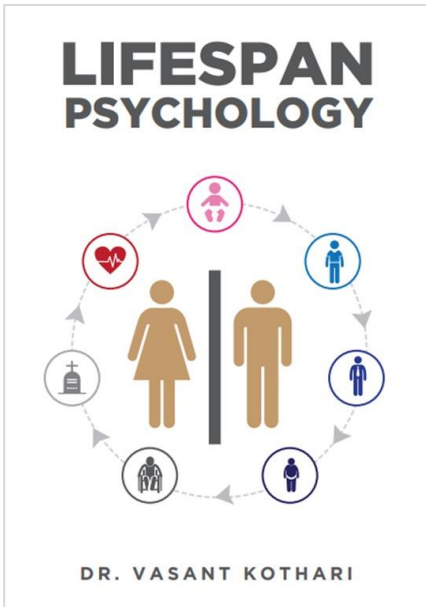
2 <sup>nd</sup> Priority	
Block	Unit
1	1,2,4
2	3
3	4
4	2
<b>38% of Questions</b>	
<b>30 Marks</b>	

3 <sup>rd</sup> Priority	
Block	Unit
1	**
2	1,4
3	1,2
4	1,4
<b>11% of Questions</b>	
<b>8 Marks</b>	

Block 1 – Unit 3  
 Block 2 – Unit 2  
 Block 4 – Unit 3

Almost 43% questions asked in the exams comes from these only..  
**SHOULD NOT BE SKIPPED**

# MUST READ for Dec 2018 Exam



**ERR** For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

**Lifespan Psychology**

by **Dr Vasant Kothari**

ISBN: 978-81-935047-1-0

Pages: 240

**Price: Rs 350 → Rs 280**

Available for purchase at

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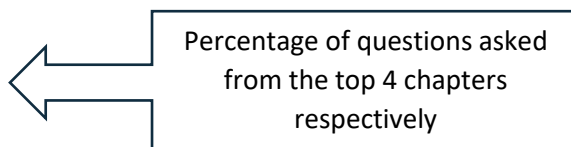
1 <sup>st</sup> Priority
Chapter No.
<b>3,6,11,15</b>
<b>51% of Questions</b>
<b>41 Marks</b>

2 <sup>nd</sup> Priority
Chapter No.
<b>1,2,4,7,12, 14</b>
<b>38% of Questions</b>
<b>30 Marks</b>

3 <sup>rd</sup> Priority
Chapter No.
<b>5,8,9,10, 13,16</b>
<b>11% of Questions</b>
<b>8 Marks</b>

It has been observed that **Chapter No. 3, 6, 11 & 15 are the most important** as 51% questions in the exam comes from these only, so you should not miss these chapters at any cost

- Chapter No. 6 → 17.51%
- Chapter No. 15 → 17.09%
- Chapter No. 3 → 10.76%
- Chapter No. 11 → 08.86%



## **MUST READ for Dec 2018 Exam**

<b>Block-1 Prenatal, Infancy and Early Childhood</b>	
<b>Unit 1 – Concept of Development, Growth and Development, Life Span Perspective, Methods of Studying Development and Characteristics of Development</b>	
<ul style="list-style-type: none"> <li>• Understanding Life Span Development</li> <li>• Issues in Lifespan</li> <li>• Characteristics of Life Span Development</li> <li>• Longitudinal &amp; Cross-section research method</li> <li>• Obstacles in Studying Life Span Development</li> </ul>	
<b>Unit 2 -Prenatal Development</b>	
<ul style="list-style-type: none"> <li>• Chromosomes</li> <li>• Period of Prenatal Development</li> <li>• Characteristics of Prenatal Period</li> </ul>	
<b>Unit 3 - Development During Infancy</b>	
<ul style="list-style-type: none"> <li>• Characteristics of Infancy Period</li> <li>• Hazards during Infancy Period</li> <li>• Physical Development in Infancy</li> <li>• Psychosocial Development in Infancy</li> <li>• Cognitive development during Infancy</li> </ul>	
<b>Unit 4 - Early Childhood</b>	
<ul style="list-style-type: none"> <li>• Characteristics of Early Childhood</li> <li>• Hazards during Early Childhood</li> <li>• Psychosocial Development in Early Childhood</li> <li>• Cognitive Development in Early Childhood</li> </ul>	

# **MUST READ for Dec 2018 Exam**

<b>Block-2 Development during Early School Years (6-11 Years)</b>
<b>Unit 1 - Physical Development</b>
<ul style="list-style-type: none"><li>• Motor Development</li></ul>
<b>Unit 2 - Cognitive, Social, Emotional and Moral Development</b>
<ul style="list-style-type: none"><li>• Conservation Task</li><li>• Concept Formation</li><li>• Social Development</li><li>• Piaget's Ideas about Moral Development</li><li>• Kohlberg's Theory of Moral Development</li><li>• Emotional Development</li></ul>
<b>Unit 3 - Schooling and Development</b>
<ul style="list-style-type: none"><li>• Basic School Skills</li><li>• Value Education</li></ul>
<b>Unit 4 - Identification of Problems in School Children and Remedial Measures</b>
<ul style="list-style-type: none"><li>• Learning Disabilities (LD)</li><li>• Mental Retardation (MR)</li><li>• Attention Deficit / Hyperactivity Disorder</li><li>• Cerebral Palsy</li><li>• Gifted and talented children</li></ul>

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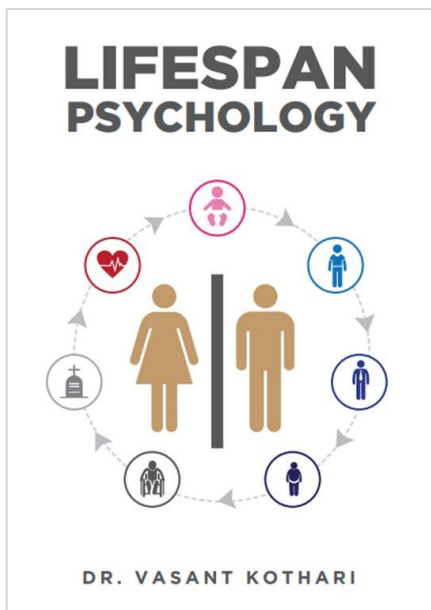
<b>Block-3 Development during Adolescence</b>	
<b>Unit 1 - Physical Changes</b>	
	<ul style="list-style-type: none"><li>• Meaning and Definition of Adolescence</li><li>• Puberty</li></ul>
<b>Unit 2 - Cognitive Changes</b>	
	<ul style="list-style-type: none"><li>• Cognitive Development in Adolescence</li><li>• Information Processing Perspective</li></ul>
<b>Unit 3 - Identity Self Concept, Self Esteem, Peer Group Relationship</b>	
	<ul style="list-style-type: none"><li>• Identity in Adolescence</li><li>• Marcia's Identity Statuses</li><li>• Social Development</li><li>• Self Concept and Self Esteem in Adolescence</li></ul>
<b>Unit 4 - Challenges and Issues in Adolescent Development</b>	
	<ul style="list-style-type: none"><li>○ Coping with loss of normalcy</li></ul>

## **MUST READ for Dec 2018 Exam**

<b>Block-4 Adulthood and Ageing</b>
<b>Unit 1 - Physical Changes (Early Adulthood, Middle Age, Old Age)</b>
<ul style="list-style-type: none"> <li>• Physical Changes in Old Adulthood</li> <li>• Physical Changes in Middle Age/ Middle Adulthood</li> </ul>
<b>Unit 2 - Cognitive Changes (Early Adulthood, Middle Age, Old Age)</b>
<ul style="list-style-type: none"> <li>• Cognitive Changes mid adulthood</li> <li>• Cognitive Changes in old age</li> </ul>
<b>Unit 3 - Psychosocial Changes (Early Adulthood, Middle Age, Old Age)</b>
<ul style="list-style-type: none"> <li>• Stage Theories versus the Contextual Approach</li> <li>• Attachment Patterns and Romantic Relationships</li> <li>• Family life cycle</li> <li>• Psychosocial Changes During Middle Adulthood</li> <li>• Psychosocial Changes During Old Age</li> </ul>
<b>Unit 4 - Challenges and Issues in Ageing Process</b>
<ul style="list-style-type: none"> <li>• **</li> </ul>



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Chapter No.	Topic No.				
1	1.3.1/2	1.4	1.6	1.7	**
2	2.2	2.3	**	**	**
3	3.2	3.4	3.5	3.6	3.7
4	4.2	4.3	4.5	4.6	**
5	5.2	**	**	**	**
6	6.1.3/6	6.4	6.5.1/2	6.6	**
7	7.2	7.4	**	**	**
8	8.2 (1/2/3/4)	8.3	8.4	8.5	8.8
9	9.1	9.3	**	**	**
10	10.1	10.3	**	**	**
11	11.1	11.2.1	11.3	11.4(1/2/3/4)	**
12	12.1.1	**	**	**	**
13	13.2	13.3	**	**	**
14	14.2	14.3	**	**	**
15	15.1.1	15.2.3	15.3	15.4	15.5
16	**	**	**	**	**

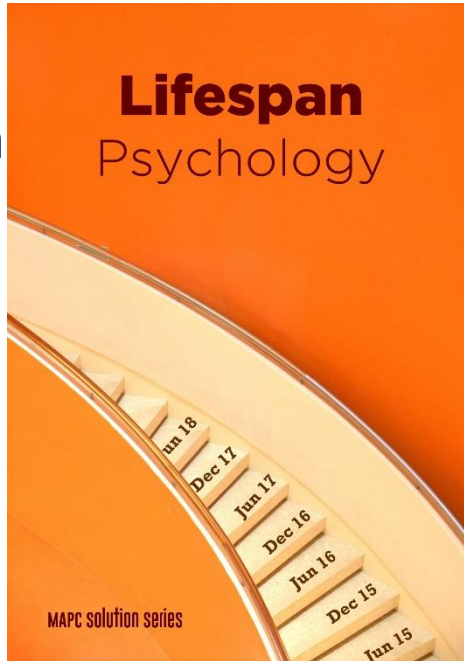
## **MUST READ for Dec 2018 Exam**

**MPC002 – All 7 Solved Question Papers**

**Dec 17 Exam**

**51 Marks**

Questions were  
from previous  
year question  
papers



**Jun 18 Exam**

**48 Marks**

Questions were  
from previous  
year question  
papers

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