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MPCE-022

ASSESSMENT IN  
COUNSELLING

# MAPC FOCUS

## **MUST READ for Dec 2018 Exam**

**Please note that these are**

**MUST READ TOPICS**

**and**

**NOT THE ONLY READ Topics**

**Also, the Guesses are**

**not expected to be exact**

**I used my logic of analysis**

**and you can**

**follow it at your discretion**

**Just one request....kindly don't ask for  
any clarification regarding this document**

**Please use it as per your understanding**

**Thank you!!**

## MUST READ for Dec 2018 Exam

### ASSESSMENT IN COUNSELLING & GUIDANCE

### MPCE - 022

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,6,3	10,6,3	10,6,6,3	10,6
	24%	24%	32%	20%
Dec 15	10,6,3,3	10,6,6,6	10	10,6,3
	28%	35%	13%	24%
June 16	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
Dec 16	6,6,3	10,10,10,6,3	10,6,6,3	**
	19%	49%	31%	**
June 17	10,10,6	6,6,3,3	10,10	6,6,3
	33%	23%	25%	19%
Dec 17	10,6,5,5,3,3	10,10	6,6	6,6,3
	41%	25%	15%	19%
June 18	6,6,3,3	10,10,6,6	10,6	10,3
	23%	41%	20%	16%

1 <sup>st</sup> Priority	
Block	Unit
1	1
2	1,2
3	**
4	4
41% of Questions	
32 Marks	

2 <sup>nd</sup> Priority	
Block	Unit
1	3,4
2	3
3	2,4
4	1
36% of Questions	
29 Marks	

3 <sup>rd</sup> Priority	
Block	Unit
1	2
2	4
3	1,3
4	2,3
23% of Questions	
18 Marks	

25% questions are from Unit 1 of Block 1 and Unit 2 of Block 2

It has been observed that **Block 1 & 2 are the most important** as more than 3/5 questions in the exam comes from these only, so you should not miss these Blocks at any cost.

## **MUST READ for Dec 2018 Exam**

<b>Block-1 Introduction</b>	
<b>Unit 1 – Introduction to Assessment: Definition, Description and Differentiating Between Testing and Assessment</b>	
<b>** ALL TOPICS **</b>	
<b>Unit 2 -Assessment Complexities</b>	
<ul style="list-style-type: none"><li>• Meaning of Assessment Complexities</li><li>• Errors in Assessment</li></ul>	
<b>Unit 3 - The Ambience and Climate needed for Assessment and Counseling</b>	
<ul style="list-style-type: none"><li>• Counselling Setting</li><li>• Mind Set of the Client</li><li>• Pre -Counselling Interview</li></ul>	
<b>Unit 4 - Determination of Aspects to be Covered</b>	
<ul style="list-style-type: none"><li>• Assessment of Mental Abilities</li><li>• Assessment of Achievement</li><li>• Assessment of Creativity</li></ul>	

## **MUST READ for Dec 2018 Exam**

<b>Block-2 Approaches to Assessment in Counselling</b>	
<b>Unit 1 - Interview, Case History and Testing</b>	
<ul style="list-style-type: none"><li>• Case History Interviews</li><li>• Case History Taking (Format)</li></ul>	
<b>Unit 2 - Approaches to Counselling: Psychodynamic and Cognitive Approaches</b>	
<ul style="list-style-type: none"><li>• Neo-Freudian Psychodynamic Theories</li><li>• Cognitive Counselling Approach<ul style="list-style-type: none"><li>○ Aaron Beck</li><li>○ Albert Ellis</li></ul></li></ul>	
<b>Unit 3 - The Person Centered Approach to Assessment and Counselling</b>	
<ul style="list-style-type: none"><li>• Basic Concepts</li><li>• Fully Functioning Person</li><li>• Therapeutic Process of Counselling</li></ul>	
<b>Unit 4 - The Narrative Approach to Assessment and Counseling</b>	
<ul style="list-style-type: none"><li>• Exploration and Deconstruction</li><li>• Goals and Steps in Narrative Counselling</li></ul>	

## **MUST READ for Dec 2018 Exam**

<b>Block-3 Assessment in Counselling and Guidance</b>	
<b>Unit 1 - The Counseling Setting and the Role of Counselors in Guidance and Counseling</b>	
<ul style="list-style-type: none"><li>• Characteristics of an Effective Counsellor</li><li>• Role of Counselors in Guidance and Counseling</li></ul>	
<b>Unit 2 - Individual and Group Techniques in Counseling and Guidance</b>	
<ul style="list-style-type: none"><li>• Rational Emotive Therapy</li><li>• Individual Counselling Process</li><li>• Group Counselling Process</li><li>• Individual vs Group Counselling</li></ul>	
<b>Unit 3 - Counseling and Guidance for Career Planning and Decision Making</b>	
<ul style="list-style-type: none"><li>• Career Planning</li></ul>	
<b>Unit 4 - Multicultural Counseling and Guidance: Role of Counselors in Preventing Illness and Promoting Positive Health</b>	
<ul style="list-style-type: none"><li>• Multicultural Counseling and Guidance</li><li>• Understanding Illness: Its Causes and Prevention</li><li>• </li></ul>	

## **MUST READ for Dec 2018 Exam**

<b>Block-4 Organising and Planning Counselling and Guidance</b>	
<b>Unit 1 - Introduction to Developing Guidance and Counselling Programme</b>	
<ul style="list-style-type: none"><li>• Need for Guidance and Counselling Programme</li><li>• Need Assessment for Guidance and Counselling Programme</li><li>•</li></ul>	
<b>Unit 2 - Rationale and Purpose of Guidance and Counselling Programme</b>	
<ul style="list-style-type: none"><li>• Need for Guidance at Micro Level</li><li>• Need for Guidance at Macro Level</li><li>• Purposes of Guidance and Counselling Programme in Educational Institutions</li></ul>	
<b>Unit 3 - Organising and Evaluation of Guidance and Counselling Programme</b>	
<ul style="list-style-type: none"><li>• Components of Guidance and Counselling Programme</li><li>• Organising Guidance and Counselling Programme at Elementary Stage</li></ul>	
<b>Unit 4 - Methods of Evaluation</b>	
<ul style="list-style-type: none"><li>• Goals of Evaluation</li><li>• Accountability Bridge Model</li><li>• Approaches to Evaluation of Guidance and Counseling Programme</li></ul>	