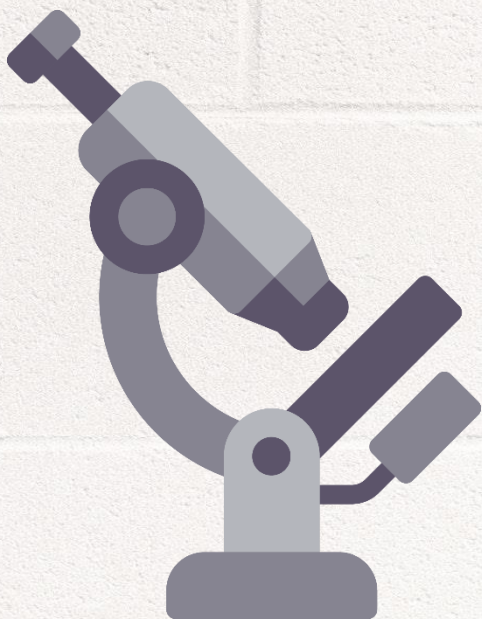


IGNOU MAPC Dec 18 Exam

DIAGNOSIS

MPCE-023

INTERVENTIONS IN COUNSELLING



www.MAPChelp.com

00230

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2018

MPCE-023 : INTERVENTIONS IN COUNSELLING

Get Solved Question Papers on www.springseason.in

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in
about **450 words** each : 2x10=20

1. Describe the symptoms, causes and techniques for helping children with ADHD. 4+2+4
2. Explain the meaning and techniques of behaviour modification. 3+7
3. Explain the ten most common cognitive distortions given by Beck with examples. 10
4. Describe anxiety disorder in children. Discuss the techniques for helping children with anxiety disorder. 4+6

SECTION - B

Answer any four of the following questions in
about 250 words each :

4x6=24

5. Explain Adlerian Psychology. **6**
6. Describe the interpersonal relationship skills required in an interpersonal counselling situation. **6**
7. Discuss the application of cognitive therapy in clinical setting. **6**
8. Describe the PLISSIT model given by Jack Anon for helping clients with sexual difficulties. **6**
9. What are the factors that need to be considered before the start of counselling ? **6**

SECTION - C

Write short notes on any two of the following in
about 100 words each :

2x3=6

10. The miracle question **3**
11. Paraphrasing and Release of emotions **3**
12. E - Counselling **3**

Q No	Focus Prediction	ERR Priority	Que Repeat	Marks
1	YES	1	YES+NO+NO	4+2+4
2	YES	1	YES	10
3	NO	1	YES	10
4	YES	1	YES	10
5	YES	2	NO	6
6	NO	2	YES	6
7	YES	3	YES	6
8	YES	1	YES	6
9	YES	1	YES	6
10	NO	2	NO	3
11	YES	1	NO	3
12	YES	3	YES	3

Success Rate of ERR for Dec 18 Exam			
With Options		Without Option	
Out of 79 Marks		Out of 50 Marks	
Marks	Percentage	Marks	Percentage
70	89%	50	100%

Success Rate of MAPC Focus for Dec 18 Exam			
With Options		Without Option	
Out of 79 Marks		Out of 50 Marks	
Marks	Percentage	Marks	Percentage
60	76%	50	100%

Question Repeat for Dec 18 Exam			
With Options		Without Option	
Out of 79 Marks		Out of 50 Marks	
Marks	Percentage	Marks	Percentage
61	77%	47	94%

Unit Block	1	2	3	4	Total
1	**	6	6	10,10	32
2	10,10	6	**	3	29
3	**	6	**	**	6
4	6,3	**	3	**	12
Total	29	18	9	13	79

Guessing For Dec 18 Exam was

1 st Priority		2 nd Priority		3 rd Priority	
Block	Unit	Block	Unit	Block	Unit
1	4	1	1,2,3	1	**
2	1,3	2	4	2	2
3	2,3,4	3	**	3	1
4	1	4	**	4	2,3,4
57% of Questions		28% of Questions		15% of Questions	
45 Marks		22 Marks		12 Marks	
Actual Marks in Dec 18 Exam					
55 Marks		15 Marks		9 Marks	
70 %		19 %		11 %	