

MAPC FOCUS

003

**Personality
Theories**

www.mapchelp.com

MUST READ for Dec 19 Exam

Please note that these are

MUST READ TOPICS

and

NOT THE ONLY READ Topics

Also, the Guesses are

not expected to be exact

I used my logic of analysis

and you can follow it

at your discretion

**Just one request....kindly don't ask for
any clarification regarding this document**

Please use it as per your understanding

Thank you!!

MUST READ for Dec 19 Exam

Success Rate of MAPC Focus for Dec 18 Exam

Without Option (Out of 50 Marks)

Marks	Percentage
50	100%

Success Rate of MAPC Focus for Jun 19 Exam

Without Option (Out of 50 Marks)

Marks	Percentage
38	74%

Professional Guidance for

Synopsis

**IGNOU
MAPC**

Project

Data Analysis

WhatsApp on 73 03 82 72 68

smartstatscoach@gmail.com

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MUST READ for Dec 19 Exam

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,6,3	10,6,6,6,3	10,6	10,3
	24%	39%	20%	17%
Dec 15	10,6,6,3	10,6,6,3	10	10,6,3
	32%	32%	12%	24%
June 16	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 16	10,6,6	10,6,3	10	10,6,6,3,3
	28%	24%	13%	35%
June 17	10,6,6,3	10,6,3	10,3	10,6,6
	32%	24%	16%	28%
Dec 17	10,6,3	10,6,6,3	10	10,6,6,3
	24%	32%	11%	32%
June 18	10,6	10,6,6,3	10,6	10,6,3,3
	20%	32%	20%	28%
Dec 18	10,10,6,3	10,6,6	10,6,3	6,3
	37%	28%	24%	11%
June 19	10,10,10	10,6,6,3	3,3	6,6,6
	38%	32%	8%	23%

1 st Priority	
Block	Unit
1	2
2	1,2
3	**
4	2,3
54% of Questions	
42 Marks	

2 nd Priority	
Block	Unit
1	1,4
2	**
3	1,3
4	**
28% of Questions	
22 Marks	

3 rd Priority	
Block	Unit
1	3
2	3,4
3	2,4
4	1,4
18% of Questions	
14 Marks	

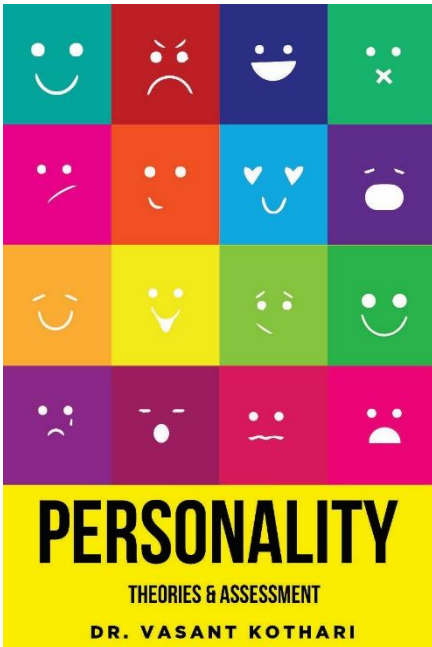
It has been observed that **Block 1, 2 & 4 are the most important** as almost 85% questions in the exam comes from these only, so you should not miss these Blocks at any cost

You can skip Block 3 totally

You can also skip 4th Unit/Chapter from all 4 block

You can also skip 4th Unit/Chapter from all 4 block

MUST READ for Dec 19 Exam



ERR For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

Personality: Theories & Assessment

by **Dr Vasant Kothari**

ISBN: 978-81-935047-4-1

Pages: 224

Price: Rs 375 → Rs 300

Available for purchase at

www.springseason.in & Amazon

1 st Priority
Chapter No.
2,5,6,14,15
54% of Questions
42 Marks

2 nd Priority
Chapter No.
1,4,9,11
28% of Questions
22 Marks

3 rd Priority
Chapter No.
3,7,8,10,12 13,16
18% of Questions
14 Marks

It has been observed that **Chapter No. 2, 5 & 14 are the most important** as 34% questions in the exam comes from these only, so you should not miss these chapters at any cost

MUST READ for Dec 19 Exam

Block-1 Personality Theories and Assessment	
Unit 1 – Definition and Concept of Personality and Personality Development	
	<ul style="list-style-type: none"> • Definition and Concept of Personality • Biological Factors • Psychological Factors • Intellectual Determinants • Emotional Determinants • Environmental Factors • Social Acceptance • Social Deprivation
Unit 2 -State Trait Approaches to Personality	
	<ul style="list-style-type: none"> • Cattell’s Trait Approach • Guilford’s Trait Theory
Unit 3 - Assessment of Personality	
	<ul style="list-style-type: none"> • Classification of Projective Techniques • Personality Inventory
Unit 4 - Key Issues in Personality	
	<ul style="list-style-type: none"> • Genes and Personality • Person Situation Controversy • Nomothetic Approach versus Idiographic Approach to Personality • Issues Relating to Theoretical Models

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Block-2 Theories of Personality-I	
Unit 1 - Psychodynamic Theory	
<ul style="list-style-type: none"> • Sigmund Freud's Psychoanalytic Theory • Defense Mechanisms • Development of Personality • Karen Horney: Social Foundation of Personality • Personifications • Developmental Epochs 	
Unit 2 - Social Cognitive Theory of Personality	
<ul style="list-style-type: none"> • COMPLETE CHAPTER/UNIT 	
Unit 3 - Learning Theory of Personality	
<ul style="list-style-type: none"> • Pavlov: Learning Theory of Personality • process of Classical Conditioning • B. F. Skinner: Learning Theory of Personality • Operant Behaviour • Aversive Stimuli • Secondary Reinforcement 	
Unit 4 - Humanistic and Self Theory	
<ul style="list-style-type: none"> • Abraham Maslow: Humanistic Approach of Personality • Hierarchy of Needs • Deficiency Needs • Growth Needs • Characteristics of Self-actualisers • Carl Rogers's Theory of Personality • Self-actualisation 	

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Block-3 Theories of Personality-II

Unit 1 - A Dispositional Theory of Personality

- Definition of Personality
- Concept of Traits and personal Dispositions
- The Proprium : Development of Selfhood
- Functional Autonomy
- The Mature Personality

Unit 2 - A Trait Theory of Personality

- The Formula for Personality
- Categories of Traits

Unit 3 - A Trait-Type Theory of Personality

- Type theory of personality
- Sheldon's Somatotype Personality
- Ayurvedic Body Types
- Type A and Type B Personality
- Eysenck's Trait Type Theory
- Neurophysiological basis of Traits and Types
- Extraversion and Cortical Arousal

Unit 4 - The Big Five Factors

- Five Factor Model
- Theoretical Perspectives on the Big Five: Description and Explanation
- Measurement of the Big Five Inventory (BFI)

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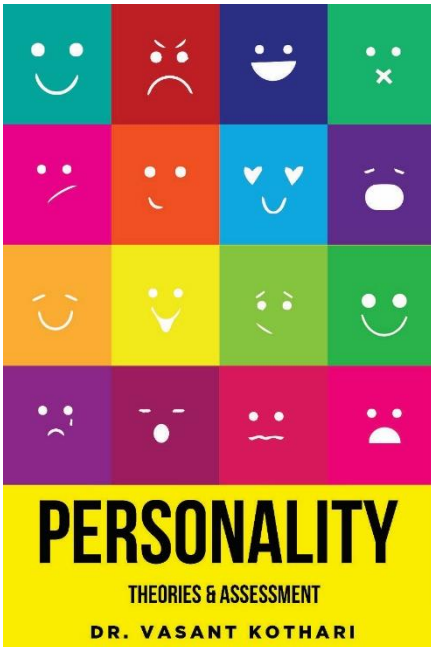
from 1st May & 1st Nov onwards...

 **981 961 971 5**

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Block-4 Assessment of Personality	
Unit 1 - Introduction to Assessment and Testing	
<ul style="list-style-type: none"> • Meaning and Purpose of Personality Assessment • Testing and Measurement Concepts • Reliability • Validity 	
Unit 2 - Approaches to Personality Assessment	
<ul style="list-style-type: none"> • Self-Report Personality Tests (Inventory) • Strengths and Weaknesses of Self-report Tests • Faking in Personality Inventories • Projective Techniques • Strengths and Weaknesses of Projective Techniques • Observation Techniques • Situational Tests 	
Unit 3 - Behavioural Assessment	
<ul style="list-style-type: none"> • Concept - Behavioral Assessments • Types of Behavioural Assessment • Case Study Method • Purpose of Case Study Method • Types of Case Study Method • Strengths and Weaknesses of Case Study Method • Interview Method • Strengths and Weaknesses of Interview Method 	
Unit 4 - Other Measures of Personality	
<ul style="list-style-type: none"> • Self-Report Questionnaires and Inventories • Apperception Test • Thematic Apperception Test (TAT) 	

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Chapter No.	Topic No.				
1	1.1	1.2.1	1.2.2 (1/2)	1.2.3 (1/2)	**
2	2.2.2	2.2.4	**	**	**
3	3.2.2.1	3.4	**	**	**
4	4.1	4.2	4.4	4.7	**
5	5.1	5.1.2.1	5.1.3	5.2	5.3.5/6
6	COMPLETE CHAPTER				
7	7.1	7.1.1	7.2	7.2.1	7.2.3/4
8	8.2	8.2.1-8.2.4	8.3	8.3.2	8.4
9	9.1	9.2	9.4	9.5	9.6
10	10.1.1	10.2	**	**	**
11	11.1	11.3/4	11.6	11.9	11.11.1
12	12.2.1	12.2.2	12.3	**	**
13	13.3	13.4	13.4.3	13.4.4	**
14	14.1	14.1.3/4	14.3	14.3.2	14.4.1/2
15	15.1	15.2.3	15.3	15.3.1/2	15.4 & (1)
16	16.1	16.3	16.3.1	**	**

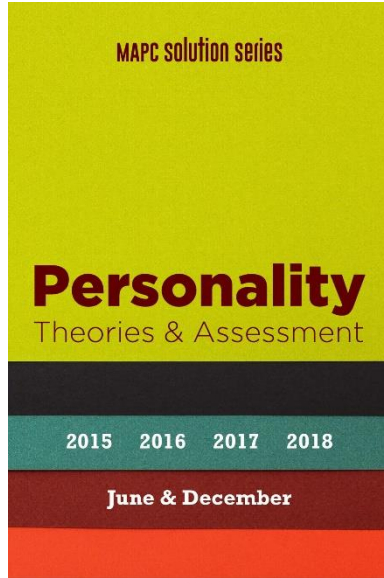
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MPC003 – All 9 Solved Question Papers

Dec 17 Exam

60 Marks

Questions were
from previous
year question
papers



Jun 18 Exam

49 Marks

Questions were
from previous
year question
papers

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Dec 18 Exam

100%

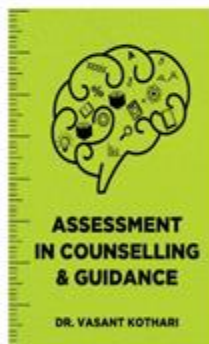
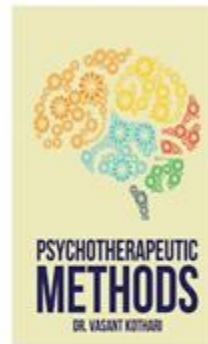
Questions were from previous year question
papers

June 19 Exam

94%

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