MPEC – 011 Psychopathology

September 2020 Exam

EXAM **FOCUS**

Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

Year and Month of Exam

4 Blocks of the subject.. Normally every subject is having 4 blocks or books

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,3,3	10,6,6,3	10,10	6,6,6
	20%	32%	25%	23%
Dec 15	10,6,3,3	10,6	10,6,3	10,6,6
	28%	20%	24%	28%
June 16	6,6,3	10,10,10,6	6,3	10,6,3
	19%	46%	11%	24%
Dec 16	10	10,6,6,6,3	10,6	10,6,3,3
	13%	39%	20%	28%
June 17	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 17	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
June 18	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
Dec 18	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%

**Marks in the exam In new exam pattern...
4 ques of 10 marks 5 ques of 6 marks & 3 ques of 3 marks ..are normally asked**

Weightage of each Block in that respective exam

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Past Performance

Important Chapters/Units

Name of the Subject	Success %				
	Dec 17	June 18	Dec 18	June 19	Dec 19
Psychopathology	88%	82%	88%	82%	88%
Psychodiagnostics	100%	100%	100%	88%	88%
Psychotherapeutic Methods	88%	88%	100%	88%	88%

Past Performance

Important Topics

Name of the Subject	Success %		
	Dec 18	June 19	Dec 19
Psychopathology	**94%**	**94%**	**88%**
Psychodiagnostics	**70%**	**80%**	**88%**
Psychotherapeutic Methods	**100%**	**100%**	**76%**

Question Repeats % in Exam

Name of the Subject	Question Repeats %		
	Dec 18	June 19	Dec 19
Psychopathology	94%	88%	92%
Psychodiagnostics	88%	100%	94%
Psychotherapeutic Methods	100%	100%	94%
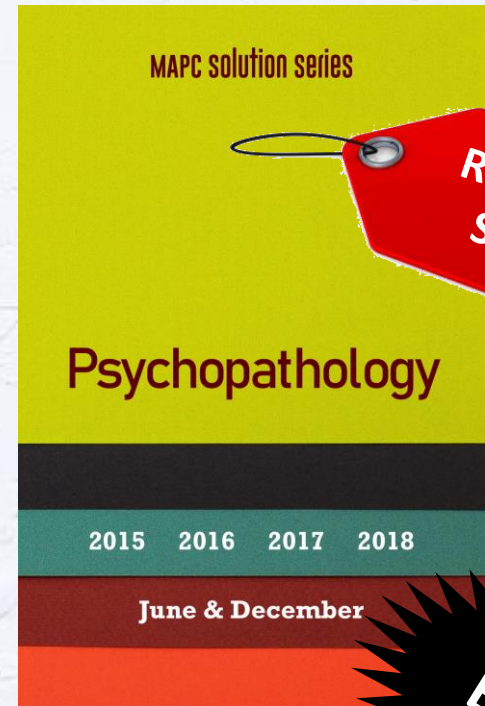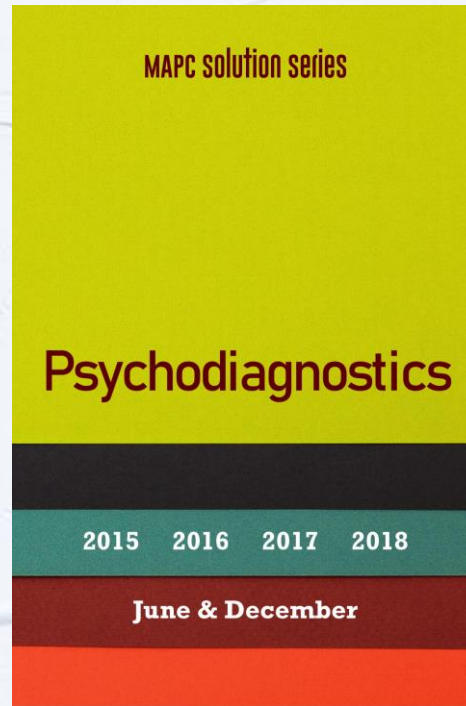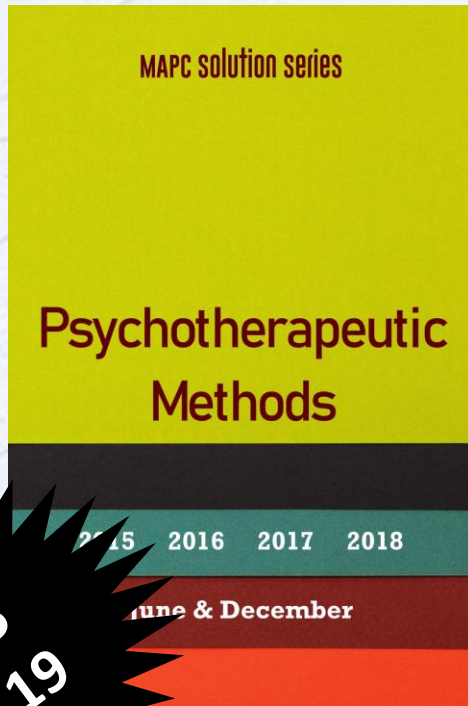
Deeper Analysis shows priority of Units or Chapter of respective Blocks or books
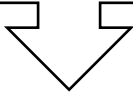
1st Priority	
Block	Unit/Chapter
1	4
2	1,3
3	3
4	4
49% of Questions	
39 Marks	

2nd Priority	
Block	Unit/Chapter
1	1,2
2	2
3	1
4	2,3
35% of Questions	
28 Marks	

3rd Priority	
Block	Unit/Chapter
1	3
2	4
3	2,4
4	1
16% of Questions	
13 Marks	

Should not missed these Units at any cost to PASS the exam

Should not missed these Units at any cost to PASS the exam

Can study these Units for SCORING purpose only

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Year	Block 1	Block 2	Block 3	Block 4	Block 5
June 15	10,6	10,6	10,6,3	6,3,3	10,6
	20%	20%	24%	15%	20%
Dec 15	10,6,6	10,6	3,3	10,6,6,3	10
	28%	20%	7%	32%	13%
June 16	6,6,3	10,10,3	3	10,10,6	6,6
	19%	29%	4%	33%	15%
Dec 16	10,6,6	10,6,3	10,3,3	10	6,6
	28%	24%	20%	13%	15%
June 17	10,6,3	10,6,6,3	0	10,6,3	10,6
	24%	32%	0%	24%	20%
Dec 17	10,6,3,3	10,6,3	6,6	10,6	10
	28%	24%	15%	20%	13%
June 18	10,6,3	10,10,6,3	6,3	6	10,6
	24%	37%	11%	8%	20%
Dec 18	10.6	6,3,3	10,10,6,3	6,6	10
	20%	15%	37%	15%	13%
June 19	10,6	10,6,6,3	6,3,3	10	10,6
	20%	32%	15%	13%	20%
Dec 19	10,10,6,6,3	6,3	10,3	10	6,6
	44%	11%	16%	13%	15%

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	3,4	1	**	1	1,2
2	1,4	2	3	2	2
3	**	3	1,2	3	3,4
4	2	4	1,3	4	4
5	4	5	**	5	1,2,3
50% of Questions		25% of Questions		25% of Questions	
39 Marks		20 Marks		20 Marks	

It has been observed that **Block 1, 2 & 4 are the most important** as more than 2/3 questions in the exam comes from these only, so you should not miss these Blocks at any cost

You can skip Block 3 and Block 5
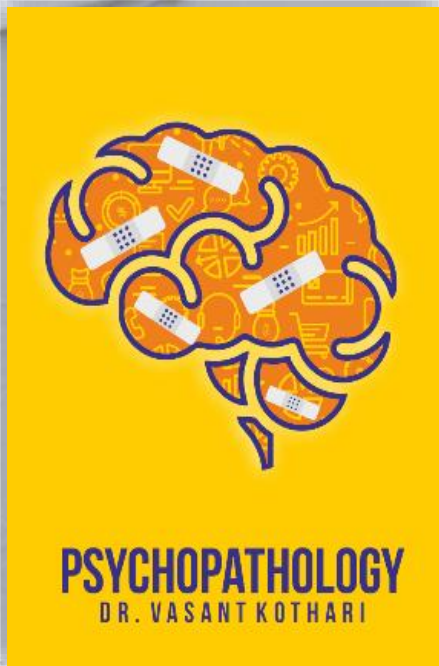
Exam Focus For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

Psychopathology

by **Dr Vasant Kothari**

ISBN: 978-81-943314-2-1

Pages: 288

Price: ~~Rs 400~~ → **Rs 320**

Available for purchase at **www.springseason.in & Amazon**

1st Priority Chapter No.	2nd Priority Chapter No.	3rd Priority Chapter No.
3,4,5,8, 14,20	7,9,10,13, 15	1,2,6,11, 12,16,17, 18,19
50% of Questions	25% of Questions	25% of Questions
39 Marks	20 Marks	20 Marks

It has been observed that **Chapter No. 3,4 & 8 are the most important** as approximately **30%** questions in the exam comes from these only, so you should not miss these chapters at any cost

Above INFO is purely based on DATA ANALYSIS

MUST READ TOPICS for June 2020 Exam

Chapter No.	Topic No.				
1	1.3.3	1.3.4	**	**	**
2	2.1.1	**	**	**	**
3	3.4	3.4.4	**	**	**
4	4.1.3	4.1.4	4.2	4.3.1/2	4.3.4/5
5	5.2	5.2.2	5.2.3	5.3.3	5.3.4
6	6.1	6.1.3	6.1.4	6.2.3	6.2.4
7	7.1	7.5	7.5.2	7.6	7.7
8	8.1	8.2	8.2.1.3	8.2.3	8.2.4
9	9.2.1	9.2.2	9.3.2	**	**
10	10.2	10.3.3	10.5	**	**
11	11.1	11.1.1	11.1.2	11.1.5	**
12	12.1	12.1.3.1	12.1.3.2	12.1.3.4	12.1.4
13	13.1.1	13.2	13.4	13.4.4	**
14	14.1.2	14.1.3	14.2	14.5	**
15	15.2	15.4	15.5.1	15.5.2	**
16	16.1.1	16.1.3	16.1.4	**	**
17	17.1	17.1.3	17.2	**	**
18	18.1.2	18.1.3	18.1.4	**	**
19	19.2	19.2.1	19.2.3	**	**
20	20.1	20.2	**	**	**

Above data is purely based on ASSUMPTIONS

Please do all sub points unless and until specified
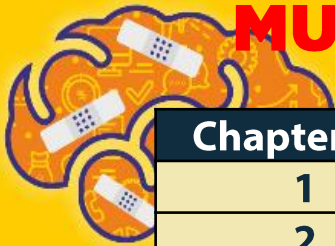
PSYCHO
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Block-1 Foundations of Psychopathology

Unit 1 – A Brief History of Psychopathology

- Humanistic Approach
- Behavioural Approach

Unit 2 – Classification of Psychopathology: DSM IV TR

- Approaches to the Classification of Psychopathology

Unit 3 – Developmental Pathogenesis

- Psychosocial Causes
- Parenting Styles

Unit 4 - Childhood Mental Disorders

- Asperger Syndrome
- Childhood Disintegrative Disorder (CDD)
- Attention Deficit Hyperactive Disorders (ADHD)
- Oppositional Defiant Disorder
- Conduct Disorder
- Tick Disorders
- Childhood Depression

Block-2 Generalized Anxiety Disorder and Other Mild Mental Disorders

Unit 1 - Anxiety Disorders, Panic and Phobias

- Panic Attack: Symptoms and Clinical Features
- Epidemiology of Panic Attacks
- Aetiology of Panic Disorder
- Aetiology of Phobic Disorder
- Treatment of Phobic Disorder

Unit 2 - Generalised Anxiety Disorder and Obsessive Compulsive Disorder

- Generalised Anxiety Disorder
  - Symptoms and clinical features
  - Aetiology
  - Treatment
- Obsessive Compulsive Disorder
  - Aetiology
  - Treatment

Unit 3 - Post Traumatic Stress Disorder (PTSD)

- Post- Traumatic Stress Disorder: Symptoms and Clinical Features
- Aetiology of Post Traumatic Stress Disorder
- Psychological Factors
- Prevention and Treatment of Post Traumatic Stress Disorder
- Treatment of Post Traumatic Stress Disorder

Unit 4 - Somatoform Disorder and Dissociative Disorder

- Somatoform Disorder Symptoms and Clinical Features
- Hypochondriasis
- Conversion Disorder
- Dissociative Disorders: Symptoms and Clinical Features
- Depersonalisation Disorder
- Aetiology of Obsessive Dissociative Disorders
- Treatment of Dissociative Disorders

Block-3 Mood Disorders

Unit 1 - Mild, Moderate and Major Depressive Disorder

- Symptoms of Mild Depression
- Dysthymic Disorder
- Causes of Major Depression

Unit 2 - Bipolar Disorder

- Bipolar Disorder
- Cyclothymia
- Treatment

Unit 3 - Other Mood Disorders: Mood Disorder due to General Medical Condition

- Mood Disorder Due to General Medical Condition
- Parkinson Disease
- Multiple Sclerosis
- Parathyroid Disorder

Unit 4 - Substance Induced Mood Disorder

- Substance Induced Mood Disorder
- Depressants
- Stimulants
- Hallucinogens
- Aversion Therapy

Block-4 Schizophrenia and Other Psychotic Disorders

Unit 1 - Schizophrenia: Etiology, Neurocognitive Functioning and Interpersonal Aspects

- Characteristics of Schizophrenia
- Etiology of Schizophrenia
- Treatment of Schizophrenia
- Metacognitive Training

Unit 2 - Paranoid and Delusional Disorder

- Symptoms of Paranoia
- Kinds of Paranoia
- Causes of Paranoia
- Treatment Approaches to Paranoia and Delusional Disorder

Unit 3 - Psychotic Disorder due to General Medical Condition

- Symptoms of Psychotic Disorders
- Causes of Psychotic Disorders
- Types of Delusions
- Hallucinations

Unit 4 - Substance Induced Psychotic Disorder

- Causes of Substance Induced Psychotic Disorders
- Essential Features of Substance Induced Psychotic Disorders
- Difference Between Substance Induced Psychotic Disorders and Other Psychotic

Block-5 Personality Disorders

Unit 1 - Borderline Personality Disorder

- Personality Disorders (Clusters)
- Cluster C
- Borderline Personality Disorder

Unit 2 - Narcissistic Personality Disorder

- Diagnostic Features of Narcissistic Personality Disorder
- Subtypes of Narcissistic Personality Disorder
- Causes of Narcissistic Personality Disorder
- Treatment of Narcissistic Personality Disorder

Unit 3 - Dependent and Histrionic Personality Disorder

- Dependent Personality Disorder
- Histrionic Personality Disorder & its treatment

Unit 4 - Schizoid and Paranoid Personality Disorder

- Schizoid Personality Disorder
- Paranoid Personality Disorder

Delivery starts on **15th Aug 2020**

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