MPC – 003 Personality: Theories and Assessment

September 2020 Exam

EXAM FOCUS

Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

	Highest Marks	2nd Highest Marks	3rd Highest Marks	Lowest Mark

Year and
Month of Exam

4 Blocks of the subject.. Normally every subject is having 4 blocks or books

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,3,3	10,6,6,3	10,10	6,6,6
	20%	32%	25%	23%
Dec 15	10,6,3,3	10,6	10,6,3	10,6,6
	28%	20%	24%	28%
June 16	6,6,3	10,10,10,6	6,3	10,6,3
	19%	46%	11%	24%
Dec 16	10	10,6,6,6,3	10,6	10,6,3,3
	13%	39%	20%	28%
June 17	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 17	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
June 18	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
Dec 18	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%

Marks in the exam In new exam pattern...
4 ques of 10 marks 5 ques of 6 marks
& 3 ques of 3 marks ..are normally asked

Weightage of each Block in that respective exam

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Past Performance
Important Chapters/Units

Name of the Subject	Success %				
	Dec 17	June 18	Dec 18	June 19	Dec 19
Cognitive	88%	88%	100%	82%	100%
Lifespan	94%	94%	76%	88%	100%
Personality	94%	94%	100%	100%	88%
Social	88%	100%	66%	92%	100%
Research	76%	100%	88%	88%	94%
Statistics	100%	100%	82%	100%	100%

Past Performance

Important Topics

Name of the Subject	Success %		
	Dec 18	June 19	Dec 19
Cognitive	96%	100%	100%
Lifespan	100%	74%	94%
Personality	100%	74%	100%
Social	68%	88%	94%
Research	70%	84%	100%
Statistics	88%	100%	100%

Question Repeats % in Exam

Name of the Subject	Question Repeats %		
	Dec 18	June 19	Dec 19
Cognitive	96%	94%	100%
Lifespan	100%	88%	94%
Personality	100%	94%	100%
Social	64%	84%	88%
Research	94%	100%	100%
Statistics	100%	100%	100%

IGNOU MAPC 1ˢᵗ Year Books

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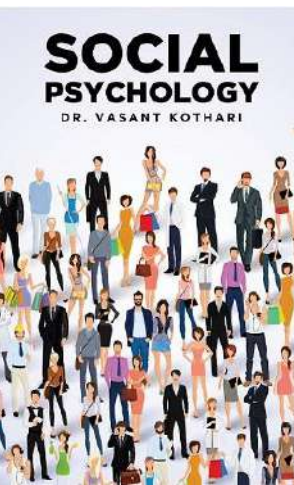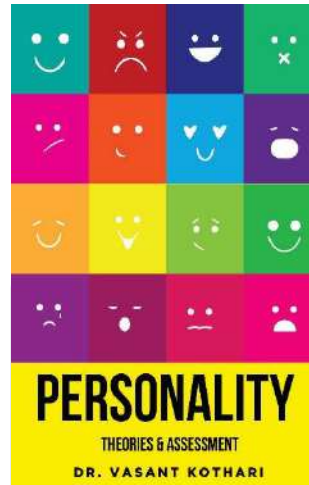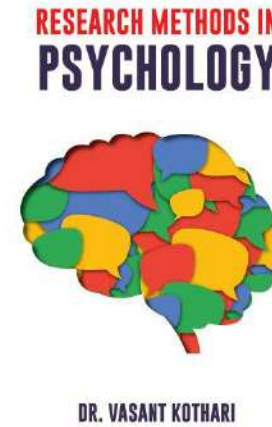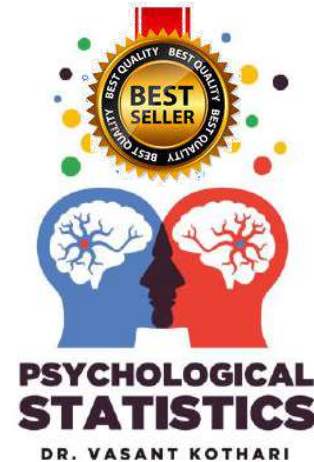
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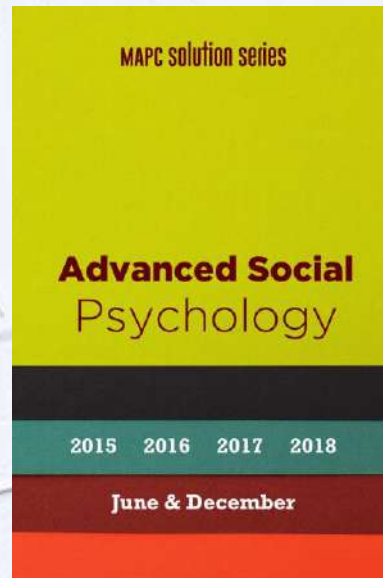| Price After 20%-25% Discount					
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Personality Theories & Assessment

2015 2016 2017 2018

June & December

MAPC solution series

Advanced Social Psychology

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June & December

MAPC solution series

Research Methods in Psychology

2015 2016 2017 2018

June & December

MAPC solution series

Statistics in Psychology

2017 & 2018

June & December
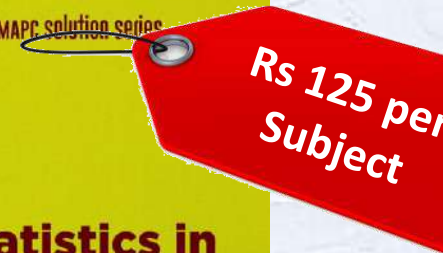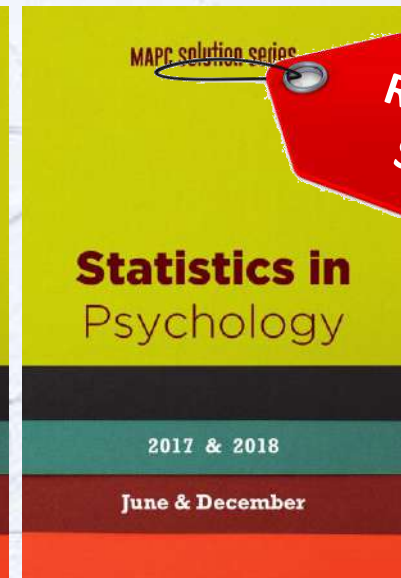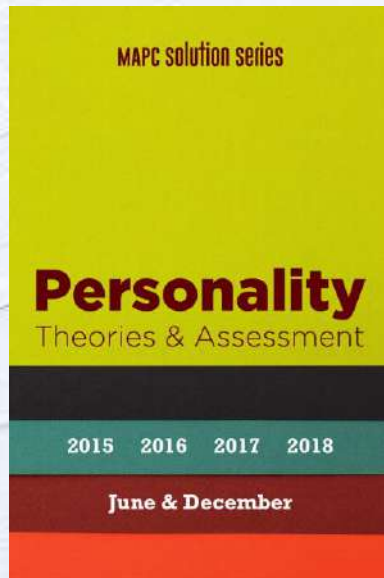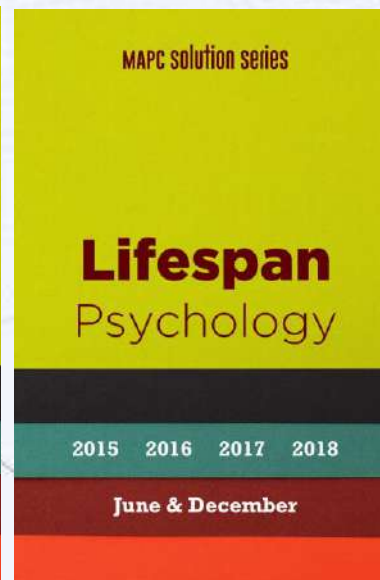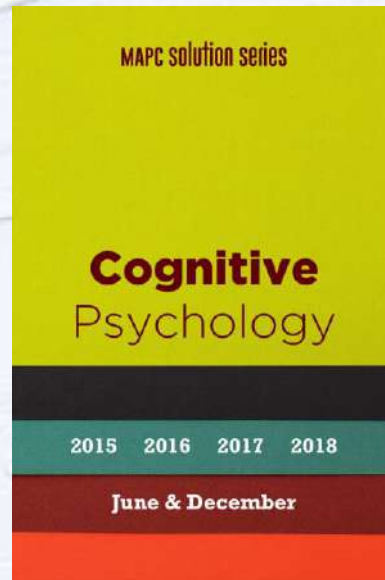
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Deeper Analysis shows priority of Units or Chapter of respective Blocks or books

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	4	1	1,2	1	3
2	1,3	2	2	2	4
3	3	3	1	3	2,4
4	4	4	2,3	4	1
49% of Questions		35% of Questions		16% of Questions	
39 Marks		28 Marks		13 Marks	

Should not missed these Units at any cost to PASS the exam

Should not missed these Units at any cost to PASS the exam

Can study these Units for SCORING purpose only

Please note that these are the

MUST READ TOPICS

and

NOT THE ONLY READ Topics

Also, the Guesses **are not expected** to be

exact we used our logic of analysis

and you can follow it **at your discretion**

Just one request....kindly don't ask for any clarification regarding this document
Please use it as per your understanding
**Thank you!!**

Year28	Block 1	Block 2	Block 3	Block 4
June 15	10,6,3	10,6,6,6,3	10,6	10,3
	24%	39%	20%	17%
Dec 15	10,6,6,3	10,6,6,3	10	10,6,3
	32%	32%	12%	24%
June 16	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 16	10,6,6	10,6,3	10	10,6,6,3,3
	28%	24%	13%	35%
June 17	10,6,6,3	10,6,3	10,3	10,6,6
	32%	24%	16%	28%
Dec 17	10,6,3	10,6,6,3	10	10,6,6,3
	24%	32%	11%	32%
June 18	10,6	10,6,6,3	10,6	10,6,3,3
	20%	32%	20%	28%
Dec 18	10,10,6,3	10,6,6	10,6,3	6,3
	37%	28%	24%	11%
June 19	10,10,10	10,6,6,3	3,3	6,6,6
	38%	32%	8%	23%
Dec 19	10,6	10,6,3	6,3	10,10,6,6,3
	20%	24%	12%	44%

1st Priority		2nd Priority		3rd Priority	
Block	**Unit/Chapter**	**Block**	**Unit/Chapter**	**Block**	**Unit/Chapter**
1	2	1	1,4	1	3
2	1,2	2	**	2	3,4
3	**	3	1,3	3	2,4
4	2,3	4	**	4	1,4
55% of Questions		**27% of Questions**		**18% of Questions**	
43 Marks		**22 Marks**		**14 Marks**	

It has been observed that **Block 1, 2 & 4 are the most important** as almost 85% questions in the exam comes from these only, so you should not miss these Blocks at any cost

You can skip Block 3 totally

You can also skip 4th Unit/Chapter from all 4 block
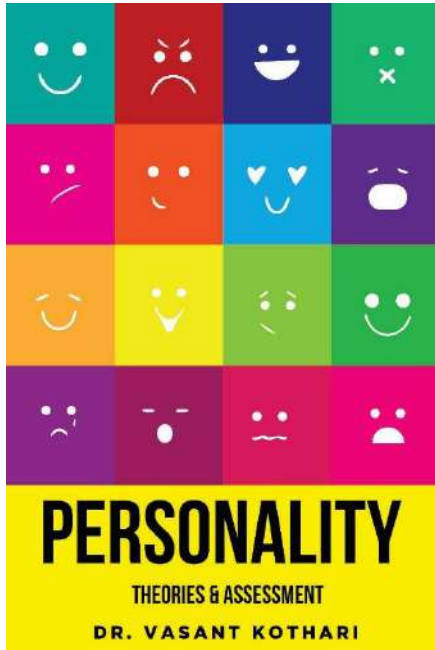
ERR For the **people** who are **following this book** which is specially written for MAPC IGNOU Students

Personality: Theories & Assessment

by **Dr Vasant Kothari**

ISBN: 978-81-935047-4-1   Pages: 224

Price: ~~Rs 375~~ → **Rs 300**

Available for purchase at **www.springseason.in & Amazon**

1ˢᵗ Priority	2ⁿᵈ Priority	3ʳᵈ Priority
Chapter No.	Chapter No.	Chapter No.
2,5,6,14, 15	**1,4,9,11**	**3,7,8,10, 12, 13,16**
55% of Questions	27% of Questions	18% of Questions
43 Marks	22 Marks	14 Marks

It has been observed that **Chapter No. 2, 5 14 & 15 are the most important** as 45% questions in the exam comes from these only, so you should not miss these chapters at any cost

MUST READ TOPICS

June 2020 Exam

Chapter No.	Topic No.				
1	1.1	1.2.3	1.2.3.1	1.2.3.2	**
2	2.2.1	2.2.2	2.2.3	**	**
3	3.1	3.2.2	3.2.2.1	3.2.3	3.2.4
4	4.1	4.1.5	4.4	4.7	**
5	5.1.2.1	5.1.3	5.2	5.3	5.3.5/6
6	COMPLETE CHAPTER				
7	7.1	7.1.1	7.1.2	7.2	7.2.1/2/3
8	8.2	8.2.1-8.2.4	8.3	8.4	**
9	9.1	9.2	9.3	9.4	9.5/6
10	10.1.1	10.2	**	**	**
11	11.1	11.3	11.6/7	11.9/11	11.10/11/12.1
12	12.2.1	12.2.2	12.3	**	**
13	13.3	13.4	13.4.3	13.4.4	**
14	14.1	14.1.3/4/5/6	14.2.3	14.3 (2)	14.4 (1/2)
15	15.1	15.1.2	15.2	15.4	15.4.1
16	16.1	16.3	16.3.1	**	**

Please do all sub points unless and until specified

Block-1 Personality Theories and Assessment

Unit 1 – Definition and Concept of Personality and Personality Development

- Definition and Concept of Personality
- Environmental Factors
- Social Acceptance
- Social Deprivation

Unit 2 –State Trait Approaches to Personality

- Allport's Trait Approach
- Cattell's Trait Approach

Unit 3 - Assessment of Personality

- Needs and Aims of Assessment
- Interview
- Classification of Projective Techniques
- The Rorschach Inkbolt Technique
- The Holtzman Inkbolt Test

Unit 4 - Key Issues in Personality

- Genes and Personality
- Infant Shyness
- Nomothetic Approach versus Idiographic Approach to Personality
- Issues Relating to Theoretical Models
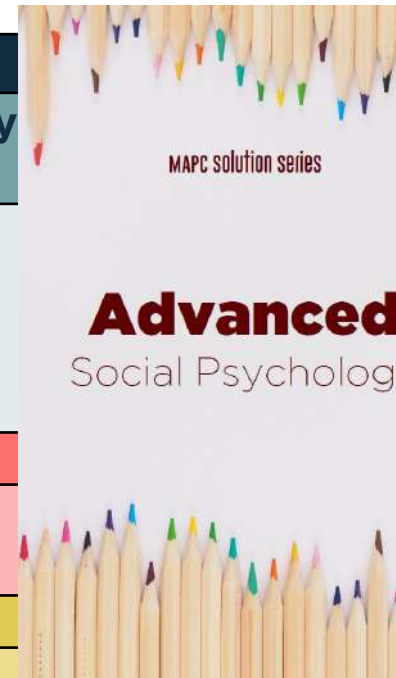
Please do all sub points

Block-2 Theories of Personality-I

Unit 1 - Psychodynamic Theory

- Defense Mechanisms
- Development of Personality
- Karen Horney: Social Foundation of Personality
- Neurotic Needs
- Sullivan's Theory of Personality
- Personifications
- Developmental Epochs

Unit 2 - Social Cognitive Theory of Personality

- COMPLETE CHAPTER/UNIT

Unit 3 - Learning Theory of Personality

- Pavlov: Learning Theory of Personality
- Process of Classical Conditioning
- Principles of Classical Conditioning
- B. F. Skinner: Learning Theory of Personality
- Operant Behaviour
- Schedule of Reinforcement
- Aversive Stimuli

Unit 4 - Humanistic and Self Theory

- Abraham Maslow: Humanistic Approach of Personality
- Hierarchy of Needs
- Deficiency Needs
- Growth Needs
- Characteristics of Self-actualisers
- Carl Rogers's Theory of Personality

Please do all sub points unless and until specified

Block-3 Theories of Personality-II

Unit 1 - A Dispositional Theory of Personality

- Definition of Personality
- Concept of Traits and personal Dispositions
- Types of Traits
- The Proprium : Development of Selfhood
- Functional Autonomy
- The Mature Personality

Unit 2 - A Trait Theory of Personality

- The Formula for Personality
- Categories of Traits

Unit 3 - A Trait-Type Theory of Personality

- Type theory of personality
- Sheldon's Somatotype Personality
- Type A and Type B Personality
- Block's Personality Types
- Eysenck's Trait Type Theory
- Three Dimensions of Personality
- Neurophysiological basis of Traits and Types
- Extraversion and Cortical Arousal
- Differences between Introverts and Extroverts

Unit 4 - The Big Five Factors

- Five Factor Model
- Theoretical Perspectives on the Big Five: Description and Explanation
- Measurement of the Big Five Inventory (BFI)

Please do all sub points unless and until specified

Block-4 Assessment of Personality

Unit 1 - Introduction to Assessment and Testing

- Meaning and Purpose of Personality Assessment
- Testing and Measurement Concepts
- Reliability
- Validity

Unit 2 - Approaches to Personality Assessment

- Self-Report Personality Tests (Inventory)
- Strengths and Weaknesses of Self-report Tests
- Faking in Personality Inventories
- Projective Techniques
- Strengths and Weaknesses of Projective Techniques
- Observation Techniques
- Situational Tests

Unit 3 - Behavioural Assessment

- Concept - Behavioral Assessments
- Common characteristics and assumption of Behavioral; assessment methods
- Interview Method
- Strengths and Weaknesses of Interview Method

Unit 4 - Other Measures of Personality

- Self-Report Questionnaires and Inventories
- Apperception Test
- Thematic Apperception Test (TAT)

Please do all sub points unless and until specified

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