MPC – 003 Personality: Theories and Assessment

December 2020 Exam

EXAM **FOCUS**

Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

For all the latest updates on IGNOU MAPC Course

Telegram Channel

MAPC HELP

www.springseason.in / www.mapchelp.com

Highest Marks	2nd Highest Marks	3rd Highest Marks	Lowest Mark

Year and Month of Exam

4 Blocks of the subject.. Normally every subject is having 4 blocks or books

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,3,3	10,6,6,3	10,10	6,6,6
	20%	32%	25%	23%
Dec 15	10,6,3,3	10,6	10,6,3	10,6,6
	28%	20%	24%	28%
June 16	6,6,3	10,10,10,6	6,3	10,6,3
	19%	46%	11%	24%
Dec 16	10	10,6,6,6,3	10,6	10,6,3,3
	13%	39%	20%	28%
June 17	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 17	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
June 18	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
Dec 18	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%

Marks in the exam In new exam pattern...
4 ques of 10 marks 5 ques of 6 marks & 3 ques of 3 marks ..are normally asked

Weightage of each Block in that respective exam

Past Performance

Important Chapters/Units

Name of the Subject	Success %					
	Dec 17	June 18	Dec 18	June 19	Dec 19	June 20
Cognitive	88%	88%	100%	82%	100%	100%
Lifespan	94%	94%	76%	88%	100%	88%
Personality	94%	94%	100%	100%	88%	100%
Social	88%	100%	66%	92%	100%	68%
Research	76%	100%	88%	88%	94%	100%
Statistics	100%	100%	82%	100%	100%	94%

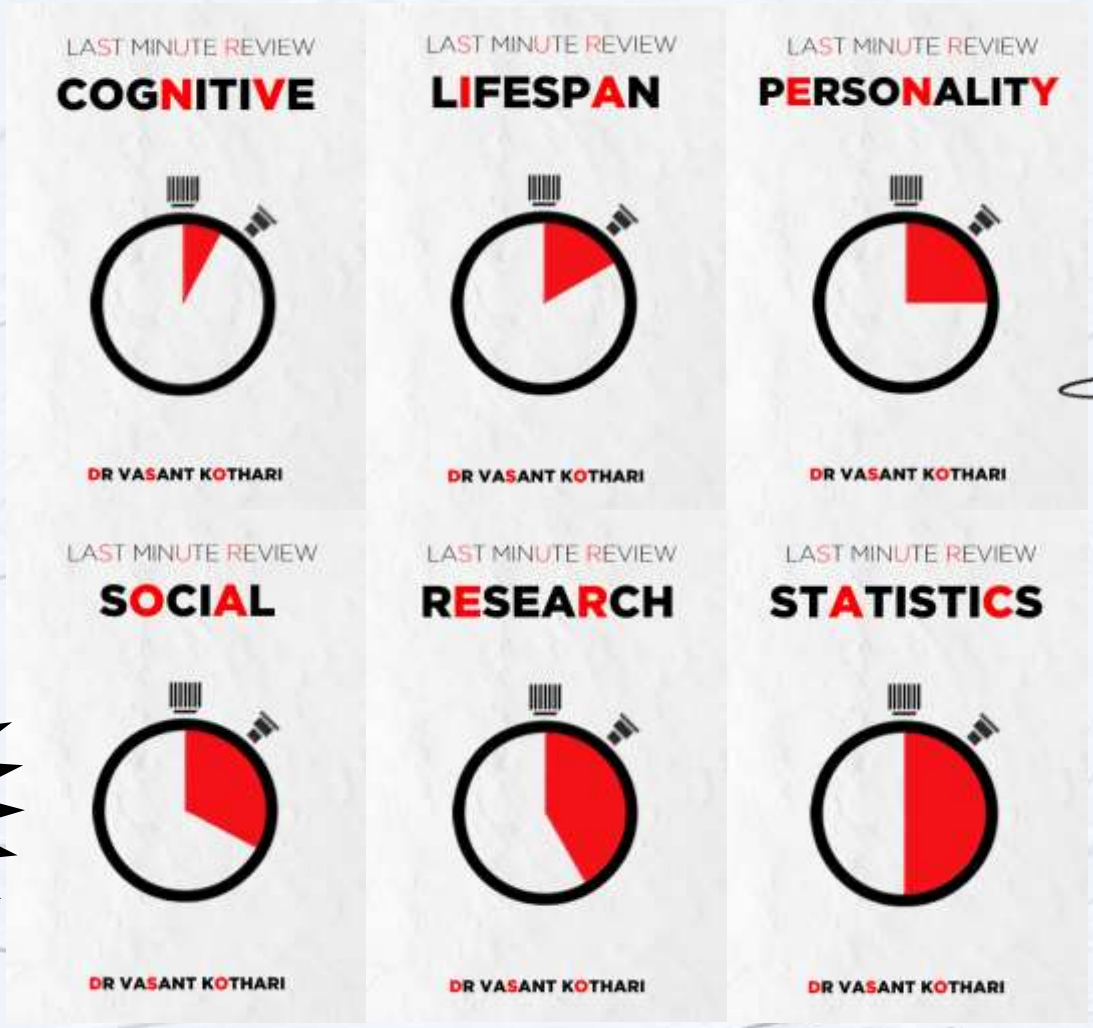
Past Performance

Important Topics

	Success %			
Name of the Subject	Dec 18	June 19	Dec 19	June 20
Cognitive	96%	100%	100%	100%
Lifespan	100%	74%	94%	94%
Personality	100%	74%	100%	76%
Social	68%	88%	94%	88%
Research	70%	84%	100%	96%
Statistics	88%	100%	100%	94%

Question Repeats % in Exam

	Question Repeats %			
Name of the Subject	Dec 18	June 19	Dec 19	June 20
Cognitive	96%	94%	100%	100%
Lifespan	100%	88%	94%	100%
Personality	100%	94%	100%	94%
Social	64%	84%	88%	94%
Research	94%	100%	100%	100%
Statistics	100%	100%	100%	92%



IGNOU MAPC

Rs 99 per Subject

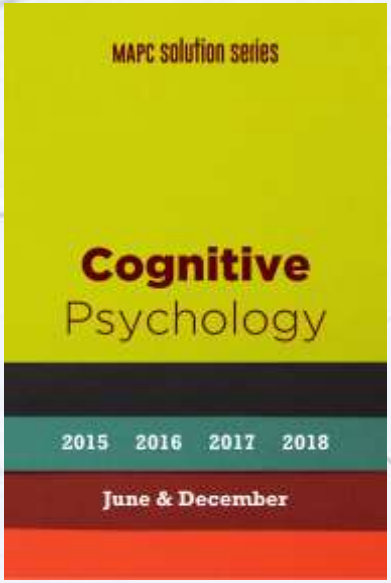
Approx 50 Pgs / Subject Only

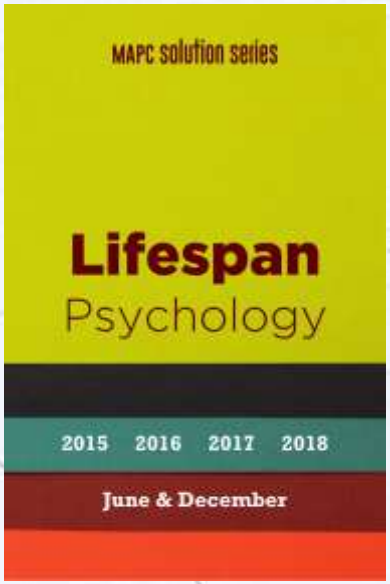
MAXIMUM syllabus in MINIMUM words

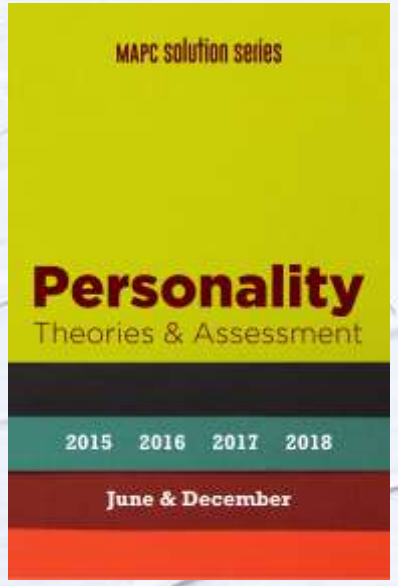
www.springseason.in

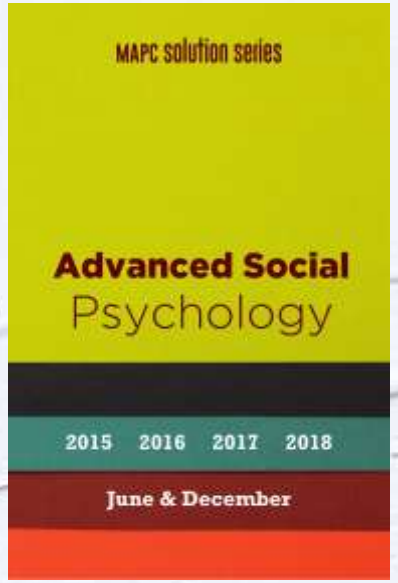
Last 5 years Solved Question Papers

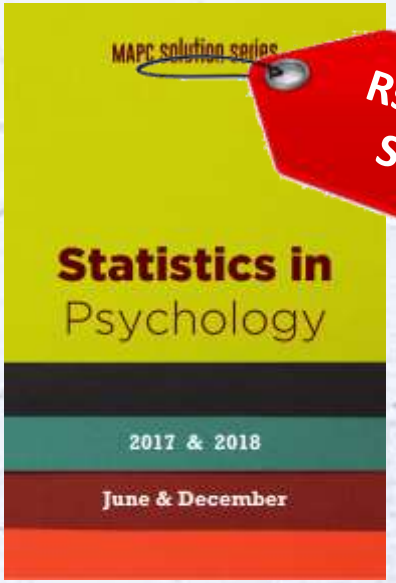
IGNOU MAPC

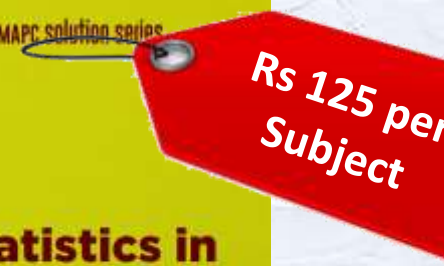












www.springseason.in

Deeper Analysis shows priority of Units or Chapter of respective Blocks or books

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	4	1	1,2	1	3
2	1,3	2	2	2	4
3	3	3	1	3	2,4
4	4	4	2,3	4	1
49% of Questions		**35% of Questions**		**16% of Questions**	
39 Marks		**28 Marks**		**13 Marks**	

Should not missed these Units at any cost to PASS the exam

Should not missed these Units at any cost to PASS the exam

Can study these Units for SCORING purpose only

Please note that these are the

MUST READ TOPICS

and

NOT THE ONLY READ Topics

Also, the Guesses are not expected to be exact we used our logic of analysis and you can follow it at your discretion

Just one request....kindly don't ask for any clarification regarding this document
Please use it as per your understanding
Thank you!!

Year28	Block 1	Block 2	Block 3	Block 4
June 15	10,6,3	10,6,6,6,3	10,6	10,3
	24%	39%	20%	17%
Dec 15	10,6,6,3	10,6,6,3	10	10,6,3
	32%	32%	12%	24%
June 16	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 16	10,6,6	10,6,3	10	10,6,6,3,3
	28%	24%	13%	35%
June 17	10,6,6,3	10,6,3	10,3	10,6,6
	32%	24%	16%	28%
Dec 17	10,6,3	10,6,6,3	10	10,6,6,3
	24%	32%	11%	32%
June 18	10,6	10,6,6,3	10,6	10,6,3,3
	20%	32%	20%	28%
Dec 18	10,10,6,3	10,6,6	10,6,3	6,3
	37%	28%	24%	11%
June 19	10,10,10	10,6,6,3	3,3	6,6,6
	38%	32%	8%	23%
Dec 19	10,6	10,6,3	6,3	10,10,6,6,3
	20%	24%	12%	44%
June 20	10,6,3,3	10,6,6	**	10,10,6,6,3
	28%	28%	**	44%

1st Priority	
Block	Unit/Chapter
1	2
2	1,2
3	**
4	2,3
54% of Questions	
43 Marks	

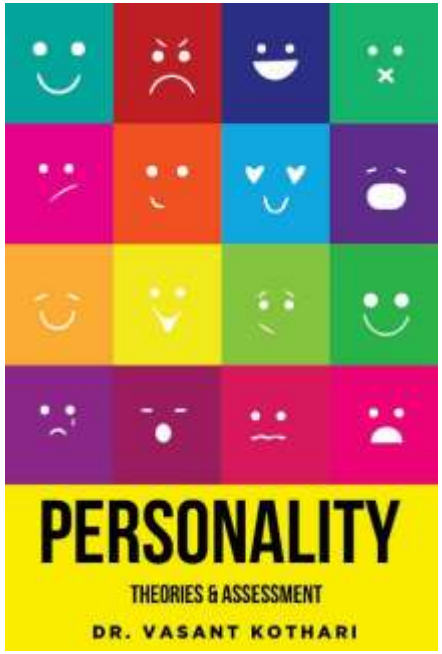
2nd Priority	
Block	Unit/Chapter
1	1,4
2	**
3	1,3
4	**
27% of Questions	
21 Marks	

3rd Priority	
Block	Unit/Chapter
1	3
2	3,4
3	2,4
4	1,4
19% of Questions	
15 Marks	

It has been observed that **Block 1, 2 & 4 are the most important** as almost 85% questions in the exam comes from these only, so you should not miss these Blocks at any cost

You can skip Block 3 totally

You can also skip 4th Unit/Chapter from all 4 block



ERR For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

Personality: Theories & Assessment

by **Dr Vasant Kothari**

ISBN: 978-81-935047-4-1 Pages: 224

Price: ~~Rs 375~~ → **Rs 300**

Available for purchase at **www.springseason.in & Amazon**

1st Priority	2nd Priority	3rd Priority
Chapter No.	Chapter No.	Chapter No.
2,5,6,14, 15	1,4,9,11	3,7,8,10, 12, 13,16
55% of Questions	27% of Questions	18% of Questions
43 Marks	22 Marks	14 Marks

It has been observed that **Chapter No. 2, 5 14 & 15 are the most important** as 40% questions in the exam comes from these only, so you should not miss these chapters at any cost

MUST READ TOPICS

December 2020 Exam

Chapter No.	Topic No.				
1	1.1	1.2.1	1.2.2	1.2.3	**
2	2.2.1	2.2.2	2.2.3	**	**
3	3.1	3.2.2	3.2.2.1	3.2.3	3.2.4
4	4.1	4.1.5	4.4	4.7	**
5	5.1(.2.1)	5.1.3	5.2.2	5.3	5.3.5/6
6	6.2	6.2.1	6.2.3	6.2.4	**
7	7.1	7.1.1	7.1.2	7.2	7.2.1/2/3/4
8	8.2	8.3	8.4	**	**
9	9.1	9.2	9.3	9.4	9.5/6
10	10.1.1	10.2	**	**	**
11	11.1	11.3	11.6/7	11.9/11	11.10/11/12.1
12	12.2.1	12.2.2	12.3	**	**
13	13.3	13.4	13.4.3	13.4.4	**
14	14.1	14.1.3/4/5/6	14.2.3	14.3 (2)	14.4 (1/2)
15	15.1	15.1.2	15.2	15.4	15.4.1
16	16.1	16.3	16.3.1	**	**

Please do all sub points unless and until specified

Block-1 Personality Theories and Assessment

Unit 1 – Definition and Concept of Personality and Personality Development

- Definition and Concept of Personality
- Biological Factors
- Psychological factors
- Environmental Factors
- Social Acceptance
- Social Deprivation

Unit 2 –State Trait Approaches to Personality

- Allport's Trait Approach
- Cattell's Trait Approach
- Eysenck's Type/Trait Hierarchy

Unit 3 - Assessment of Personality

- Needs and Aims of Assessment
- Interview
- Classification of Projective Techniques
- The Rorschach Inkbolt Technique
- The Holtzman Inkbolt Test
- Limitations of the Projective Tests

Unit 4 - Key Issues in Personality

- Genes and Personality
- Infant Shyness
- Nomothetic Approach versus Idiographic Approach to Personality
- Issues Relating to Theoretical Models

Please do all sub points unless and until specified

Block-2 Theories of Personality-I

Unit 1 - Psychodynamic Theory

- Sigmund Freud's Psychoanalytic Theory
- Dynamic or structural model
- Defense Mechanisms
- Development of Personality
- Neurotic Needs
- Sullivan's Theory of Personality
- Personifications
- Developmental Epochs

Unit 2 - Social Cognitive Theory of Personality

- Albert Bandura's Social Learning theory
- Reciprocal Determinism
- Principles of Observational Learning
- Vicarious Learning

Unit 3 - Learning Theory of Personality

- Pavlov: Learning Theory of Personality
- Process of Classical Conditioning
- Principles of Classical Conditioning
- B. F. Skinner: Learning Theory of Personality
- Operant Behaviour
- Schedule of Reinforcement
- Aversive Stimuli
- Secondary Reinforcement

Unit 4 - Humanistic and Self Theory

- Carl Rogers's Theory of Personality
- Self-actualization
- Maslow's vs Roger's

Please do all sub points unless and until specified

Block-3 Theories of Personality-II

Unit 1 - A Dispositional Theory of Personality

- Definition of Personality
- Concept of Traits and personal Dispositions
- Types of Traits
- The Proprium : Development of Selfhood
- Functional Autonomy
- The Mature Personality

Unit 2 - A Trait Theory of Personality

- The Formula for Personality
- Categories of Traits

Unit 3 - A Trait-Type Theory of Personality

- Type theory of personality
- Sheldon's Somatotype Personality
- Ayurvedic Body Types
- Type A and Type B Personality
- Block's Personality Types
- Eysenck's Trait Type Theory
- Three Dimensions of Personality
- Neurophysiological basis of Traits and Types
- Extraversion and Cortical Arousal
- Differences between Introverts and Extroverts

Unit 4 - The Big Five Factors

- Five Factor Model
- Theoretical Perspectives on the Big Five: Description and Explanation
- Measurement of the Big Five Inventory (BFI)

Please do all sub points unless and until specified

Block-4 Assessment of Personality

Unit 1 - Introduction to Assessment and Testing

- Reliability
- Validity

Unit 2 - Approaches to Personality Assessment

- Self-Report Personality Tests (Inventory)
- Strengths and Weaknesses of Self-report Tests
- Faking in Personality Inventories
- Strengths and Weaknesses of Projective Techniques
- Behavioural Assessments
- Observation Techniques
- Situational Tests

Unit 3 - Behavioural Assessment

- Concept - Behavioral Assessments
- Common characteristics and assumption of Behavioral; assessment methods
- Functional Behavioral assessment
- Types of Behavioral assessments
- Interview Method
- Strengths and Weaknesses of Interview Method

Unit 4 - Other Measures of Personality

- Self-Report Questionnaires and Inventories
- Neo-Personality Inventory (NEO-PI)
- Thematic Apperception Test (TAT)

Please do all sub points unless and until specified

Ready Synopsis & Project

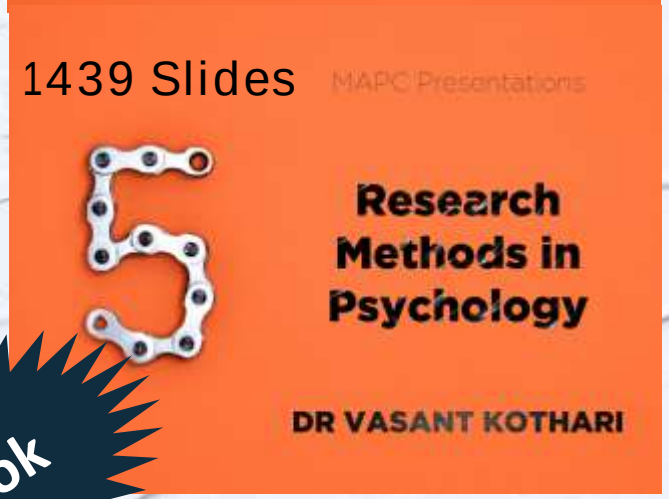
- Topic will be Ours
- It will cost Rs 5000 (Fixed Rate and No part payment)
- You need to take care of Guide (Go for Cooperative Guide)
- Synopsis within one week and Project after 6 months (before submission)
- No topic REPEATS
- Changes not allowed in ready synopsis & project
- If synopsis rejected.. Then new synopsis at no additional cost
- Synopsis and Project will be there in Word file
- Explanation of DATA ANALYSIS for VIVA
- **Whatsapp on** 7303827268

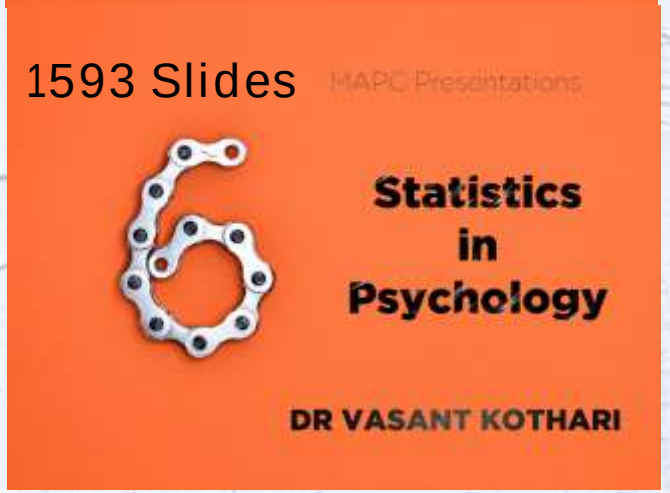
PPTs by Dr Vasant Kothari

AVAILABLE NOW

IGNOU MAPC

Rs 299 per Subject





E-book

www.springseason.in

You can purchase by paying on...

7303827268

G Pay

Paytm

Name: Spring Season Publications

Bank: HDFC

Branch: Chikhli

Account No.: 50200032856939

IFSC Code: HDFC0002277

Account Type: Current

Or Place your order on

www.springseason.in

Once payment is made then please WhatsApp your

NAME, CITY & email ID

Solved Papers Short Notes

SPSN™

SERIES

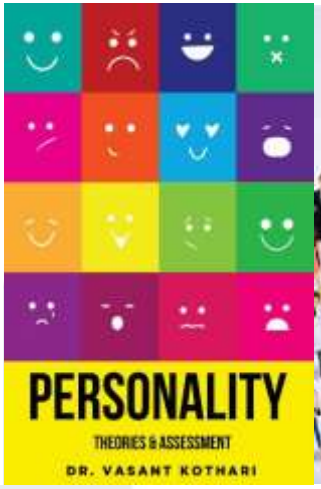
Solved Papers – as approx. 90% Questions repeats

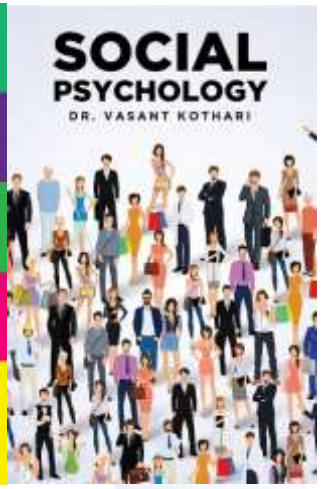
Short Notes– Best way to revise the important topics before exam

IGNOU MAPC 1st Year Books

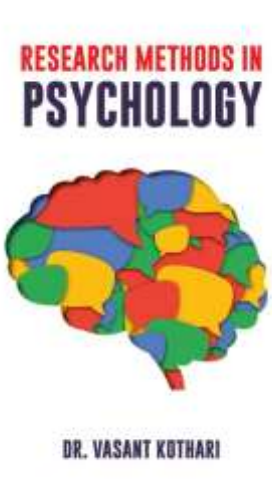
2nd Edition

2nd Edition





2nd Edition



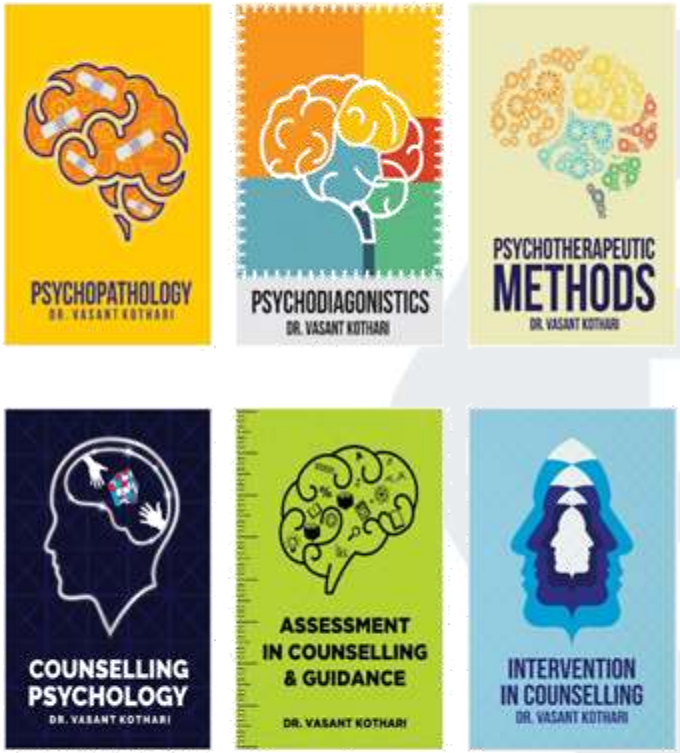
2nd Edition

MRP					
Rs 400	Rs 400	Rs 375	Rs 400	Rs 400	Rs 450
Price After 20%-25% Discount					
Rs 300	Rs 320	Rs 300	Rs 300	Rs 320	Rs 360

BOOK NOW
YOU DON'T WANT TO MISS THIS ONE!

www.springseason.in

Now you can get Dr. Vasant Kothari's
2nd year **MAPC IGNOU** Books
absuolutely at **NO PRICE**



In 2nd years opt for e-books and get 15% discount
of Rs. 1170 on Rs.7800 IGNOU Course Fees
Get all 3 books of your specialization at Rs.1080 (Incl. Courier)

Purchase at
www.springseason.in

For **STATISTICAL DATA ANALYSIS**
of your MAPC IGNOU Research project work

send your...

SPSS Analysis

- Synopsis
- Questionnaire
- Data file (Excel)

to

mapchelp@gmail.com

You will get

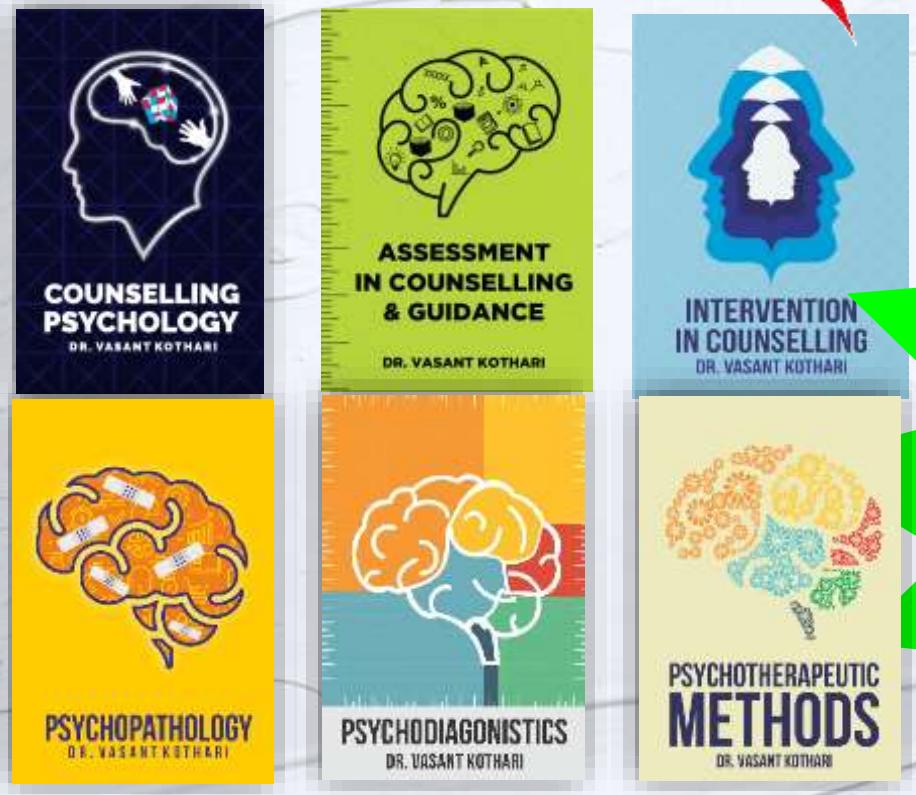
- Data analysis with graphs
- Interpretation of analysis
- Standard format for writing analysis
- Explanation of analysis for viva

73 03 82 72 68

Personal visit not required for data analysis
All communication will be only through mobile & email

IGNOU MAPC

COMBO OFFER!



Offer valid from 11th to 31st Dec

ALL INCLUSIVE

Rs 1200 + Rs 120* – Rs 1320

Rs 960

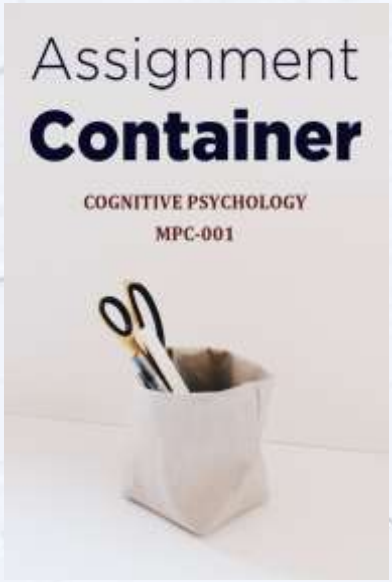
** - Courier Charges*

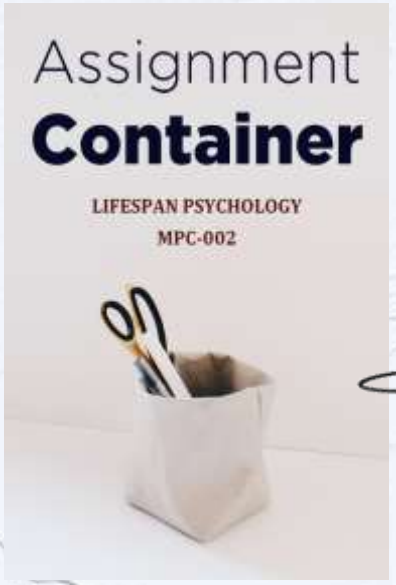
www.springseason.in

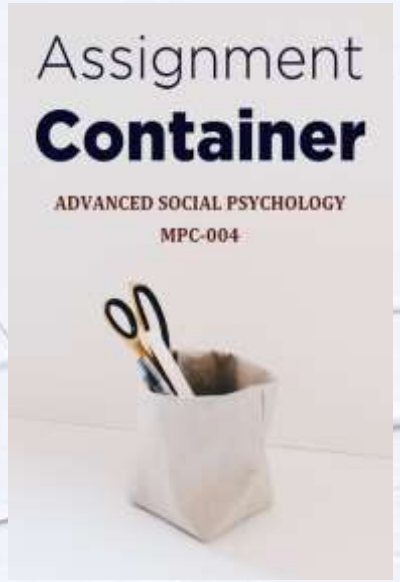
IGNOU MAPC

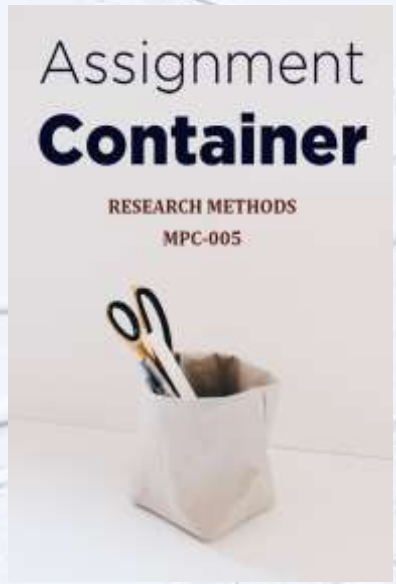
E-book

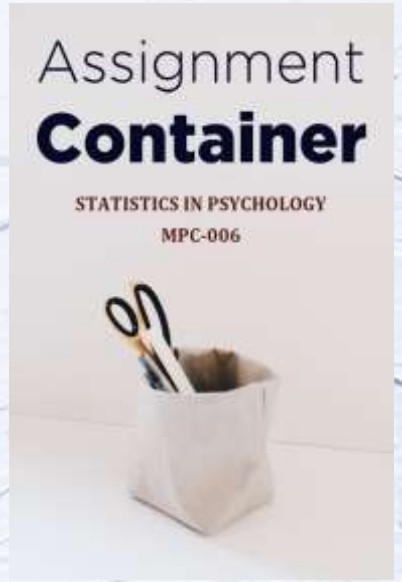
Rs 99 per Subject











www.springseason.in