

MPC – 002 Lifespan Psychology

June 2021 Exam



EXAM **FOCUS**

Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

MAPC Focus for June 21 Exam

As per Dr Vasant Kothari's Books

Release on 1st April 2021

On Demand it will be available from 5th March 2021

As per IGNOU's Books

Release on 1st June 2021

On Demand it will be available from 1st May 2021

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Highest Marks	2 nd Highest Marks	3 rd Highest Marks	Lowest Mark
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Year and Month of Exam

4 Blocks of the subject.. Normally every subject is having 4 blocks or books

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,3,3	10,6,6,3	10,10	6,6,6
	20%	32%	25%	23%
Dec 15	10,6,3,3	10,6	10,6,3	10,6,6
	28%	20%	24%	28%
June 16	6,6,3	10,10,10,6	6,3	10,6,3
	19%	46%	11%	24%
Dec 16	10	10,6,6,6,3	10,6	10,6,3,3
	13%	39%	20%	28%
June 17	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 17	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
June 18	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
Dec 18	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%

Marks in the exam In new exam pattern...
 4 ques of 10 marks 5 ques of 6 marks
 & 3 ques of 3 marks ..are normally
 asked

Weightage of each Block
 in that respective exam

Solved Papers Short Notes



Printed
Book

Solved Papers – as approx. 90%
Questions repeats

Short Notes – Best way to revise
the important topics before exam

Now
Feb 21
solved
question
paper
included

SPSSN

SERIES

Subject	Question Paper	Rate	Discount	Final Price*
Cognitive	June 15 to Feb 21 Total 12 Papers Solved	Rs 250	30%	Rs 175
Lifespan		Rs 250	30%	Rs 175
Personality		Rs 250	30%	Rs 175
Social		Rs 250	30%	Rs 175
Research		Rs 250	30%	Rs 175
Statistics		Rs 350	20%	Rs 280

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* Additional Postal Charges

Past Performance

Important Chapters/Units

Success %							
Name of the Subject	Dec 17	June 18	Dec 18	June 19	Dec 19	June 20	Dec 20
Cognitive	88%	88%	100%	82%	100%	100%	94%
Lifespan	94%	94%	76%	88%	100%	88%	100%
Personality	94%	94%	100%	100%	88%	100%	88%
Social	88%	100%	66%	92%	100%	68%	68%
Research	76%	100%	88%	88%	94%	100%	94%
Statistics	100%	100%	82%	100%	100%	94%	100%

Past Performance

Important Topics

	Success %				
Name of the Subject	Dec 18	June 19	Dec 19	June 20	Dec 20
Cognitive	96%	100%	100%	100%	68%
Lifespan	100%	74%	94%	94%	94%
Personality	100%	74%	100%	76%	100%
Social	68%	88%	94%	88%	88%
Research	70%	84%	100%	96%	100%
Statistics	88%	100%	100%	94%	82%

Question Repeats % in Exam

	Question Repeats %				
Name of the Subject	Dec 18	June 19	Dec 19	June 20	Dec 20
Cognitive	96%	94%	100%	100%	100%
Lifespan	100%	88%	94%	100%	100%
Personality	100%	94%	100%	94%	100%
Social	64%	84%	88%	94%	94%
Research	94%	100%	100%	100%	100%
Statistics	100%	100%	100%	92%	88%



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50 Pgs /
Subject
Only

Available
from
1st May

MAXIMUM syllabus in **MINIMUM** words

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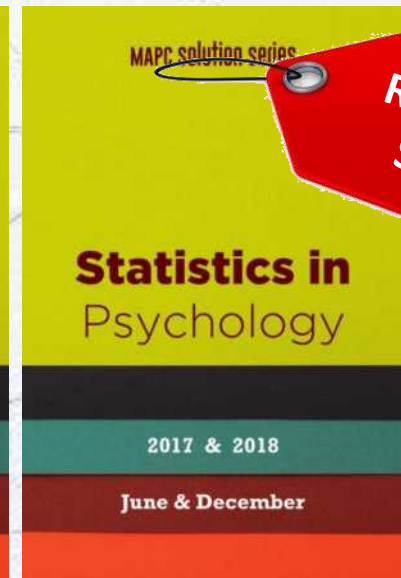
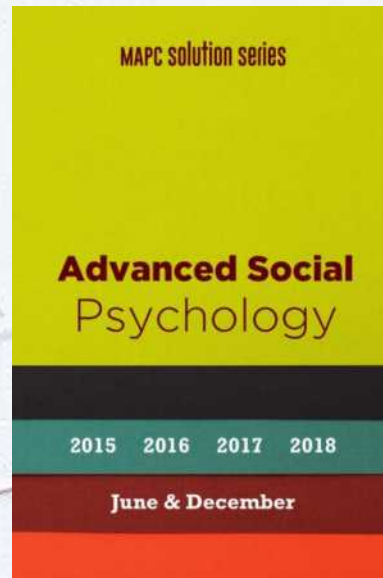
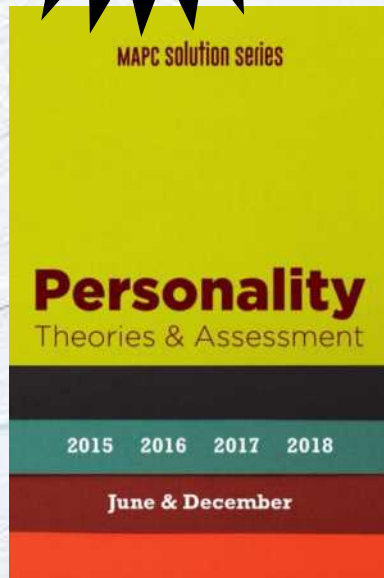
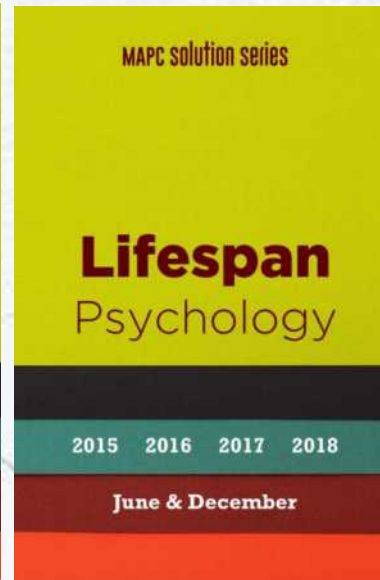
Last 6 years Solved Question Papers



Available
from
1st May

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Rs 125 per
Subject

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SAMPLE DATA

Deeper Analysis shows priority of Units or Chapter of respective Blocks or books

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	4	1	1,2	1	3
2	1,3	2	2	2	4
3	3	3	1	3	2,4
4	4	4	2,3	4	1
49% of Questions		35% of Questions		16% of Questions	
39 Marks		28 Marks		13 Marks	

Should not missed these Units at any cost to PASS the exam

Should not missed these Units at any cost to PASS the exam

Can study these Units for SCORING purpose only

Please note that these are the

MUST READ TOPICS

and

NOT THE ONLY READ Topics

Also, the Guesses **are not expected** to be exact we used our logic of analysis and you can follow it **at your discretion**

Just one request....kindly don't ask for any clarification regarding this document

Please use it as per your understanding

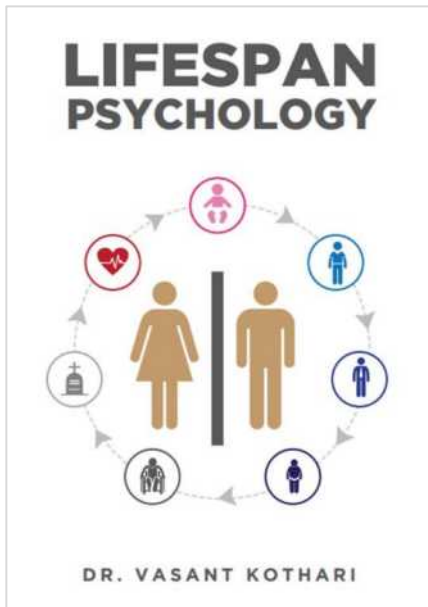
Thank you!!

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,3,3	10,6,6,3	10,10	6,6,6
	20%	32%	25%	23%
Dec 15	10,6,3,3	10,6	10,6,3	10,6,6
	28%	20%	24%	28%
June 16	6,6,3	10,10,10,6	6,3	10,6,3
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	13%	39%	20%	28%
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	36%	20%	24%	20%
June 18	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
Dec 18	10,10,10,3,3	6,6,3	6,6	10,6
	46%	19%	15%	20%
June 19	10,10,6,,3,3	10,6,3	6	10,6,6
	41%	24%	8%	28%
Dec 19	10,10,6,3	10,6,3,3	6	10,6,6
	36%	28%	8%	28%
June 20	10,6,6,3,3	10,6	10,6	10,6,3
	36%	20%	20%	24%
Dec 20	10,6,6,3	10,6,3	10,6,3	10,6
	32%	24%	24%	20%

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	1,3	1	2,4	1	**
2	2	2	**	2	1,3,4
3	**	3	2,3,4	3	1
4	3	4	2	4	1,4
48% of Questions		36% of Questions		16% of Questions	
38 Marks		28 Marks		13 Marks	

Block 1 – Unit 3
 Block 2 – Unit 2
 Block 4 – Unit 3

Almost 40% questions asked in the exams comes from these only..
SHOULD NOT BE SKIPPED



ERR For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

Lifespan Psychology

by **Dr Vasant Kothari**

ISBN: 978-81-935047-1-0

Pages: 240

Price: Rs 400 → Rs 300

Available for purchase at www.springseason.in & **Amazon**

1 st Priority
Chapter No.
1,3,6,15
48% of Questions
38 Marks

2 nd Priority
Chapter No.
2,4,10,11, 12,14
36% of Questions
28 Marks

3 rd Priority
Chapter No.
5,7,8,9, 13,16
16% of Questions
13 Marks

It has been observed that **Chapter No. 3, 6 & 15 are the most important** as 40% questions in the exam comes from these only, so you should not miss these chapters at any cost

Chapter No. 3
Chapter No. 6
Chapter No. 15



Almost 40% questions asked in the exams comes from these only.. **SHOULD NOT BE SKIPPED**

LIFESPAN PSYCHOLOGY



DR.

MUST READ TOPICS

June 2021 Exam

Chapter No.	Topic No.				
1	1.1	1.2	1.3.3	1.6	1.7
2	2.2	2.3	2.4	**	**
3	3.3	3.4	3.5	3.6	**
4	4.2	4.3	4.4	4.5	4.6
5	5.1	**	**	**	**
6	6.1.1/6	6.2/3/4	6.4.2/3	6.5.1/2	6.6/6.6.1
7	7.2	7.4	7.5.3	**	**
8	8.2	8.2.1/2/4	8.4	8.5	8.8
9	9.1	9.1.1	9.3	**	**
10	10.1	10.2	10.4	**	**
11	11.2.1	11.4	11.4.1	**	**
12	12.1	12.1.1	12.1.2	12.1.3	**
13	**	**	**	**	**
14	14.1	14.2	**	**	**
15	15.1 & 15.1.1	15.2.1	15.2.2/3	15.3/4	15.4.2
16	16.1	16.2	16.3	16.4	**

Please do all sub points unless and until specified

Block-1 Prenatal, Infancy and Early Childhood

Unit 1 – Concept of Development, Growth and Development, Life Span Perspective, Methods of Studying Development and Characteristics of Development

- Concept of Development
- Growth and Development
- Stages of Human Development
- Research Methods for Life Span Development
- Obstacles in Studying Life Span Development

Unit 2 –Prenatal Development

- Characteristics of prenatal period
- Period of prenatal development
- Environmental Influences

Unit 3 - Development During Infancy

- Adjustments during Infancy
- Hazards during Infancy Period
- Physical Development in Infancy
- Psychosocial Development in Infancy

Unit 4 - Early Childhood

- Characteristics of Early Childhood
- Hazards during Early Childhood
- Physical Development in Early Childhood
- Cognitive Development in Early Childhood
- Psychosocial Development in Early Childhood

Please do all sub points unless and until specified

Block-2 Development during Early School Years (6-11 Years)

Unit 1 - Physical Development

- Physical Growth in Early Year School Years
- Growth and development year wise 6-11 years

Unit 2 - Cognitive, Social, Emotional and Moral Development

- Piaget's theory of cognitive development concrete operation
- Concept Formation
- Information Processing Approach to Cognitive Development
- Language Development
- Peer Group
- Social Cognition
- Piaget's Ideas about Moral Development
- Kohlberg's Theory of Moral Development
- Emotional Development
- Common Emotional Patterns

Unit 3 - Schooling and Development

- Basic school skills – 3Rs and 1C
- Value Education
- Educational Excursions

Unit 4 - Identification of Problems in School Children and Remedial Measures

- Learning Disability (LD)
- Causes of LD
- Remedial Programme for LD
- Characteristics of Learning Disabled Children
- Orthopedically Handicapped
- Attention Deficit / Hyperactivity Disorder
- Gifted and Talented Children

Block-3 Development during Adolescence

Unit 1 - Physical Changes

- Meaning and Definition of Adolescence
- Early Adolescence
- Puberty

Unit 2 - Cognitive Changes

- Cognitive Development in Adolescence
- Piaget's Theoretical Approach on Cognitive Development
- School performance and cognitive development

Unit 3 - Identity Self Concept, Self Esteem, Peer Group Relationship

- Marcia's Identity Statuses
- Self Concept and Self Esteem in Adolescence
- Signs of Negative Self Concepts in Adolescents

Unit 4 - Challenges and Issues in Adolescent Development

- Challenges of Adolescence
 - Coping with the Loss of Normalcy
 - Acknowledging Sexuality
 - High Risk Behaviors

Block-4 Adulthood and Ageing

Unit 1 - Physical Changes (Early Adulthood, Middle Age, Old Age)

- SKIP TOTALLY

Unit 2 - Cognitive Changes (Early Adulthood, Middle Age, Old Age)

- Cognitive Changes in early adulthood
- Cognitive Changes mid adulthood

Unit 3 - Psychosocial Changes (Early Adulthood, Middle Age, Old Age)

- Development During Adult Years
- Stage Theories versus the Contextual Approach
- Levinson's Seasons of Life Theory
- Eric Erikson's Theory
- Levinson's seasons of the life theory
- Attachment Patterns and Romantic Relationships
- Family life cycle
- Psychosocial Changes During Middle Adulthood
- Four Developmental Tasks of Middle Adulthood

Unit 4 - Challenges and Issues in Ageing Process

- Ageing process
- Ageing Issues and Challenges in Early Adulthood
- Ageing Issues and Challenges in Middle Adulthood
- Ageing Issues and Challenges in Late Adulthood

Ready Synopsis & Project

- ▶ **Topic** will be **Ours**
- ▶ It will cost Rs **5000** (Fixed Rate and No part payment)
- ▶ You need to **take care of Guide** (Go for Cooperative Guide)
- ▶ Synopsis within **one week** and Project **after 6 months** (before submission)
- ▶ No topic REPEATS
- ▶ **Changes not allowed** in ready synopsis & project
- ▶ If synopsis **rejected.** Then **new synopsis at no additional cost**
- ▶ Synopsis and Project will be there in **Word file**
- ▶ Explanation of **DATA ANALYSIS** for **VIVA**
- ▶ Whatsapp on **7303827268**



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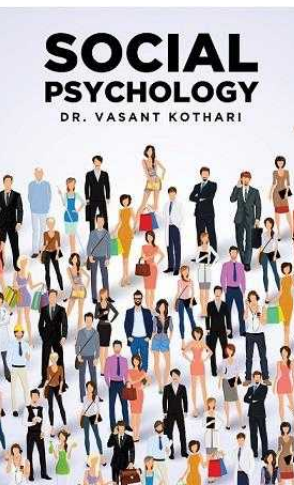
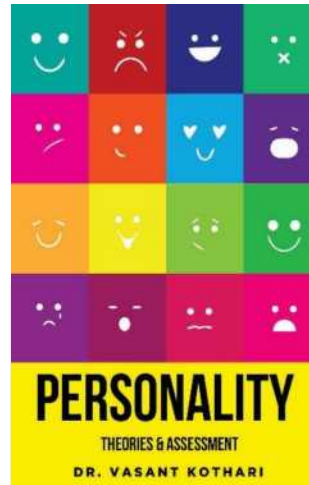
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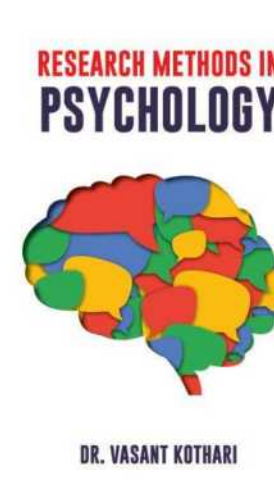
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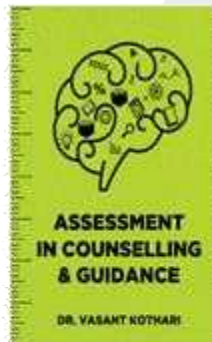
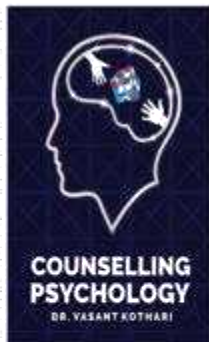
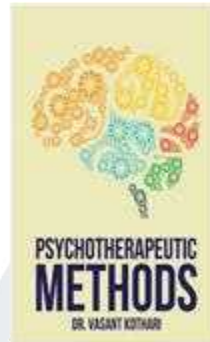
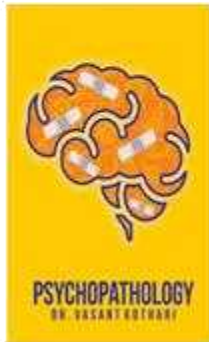
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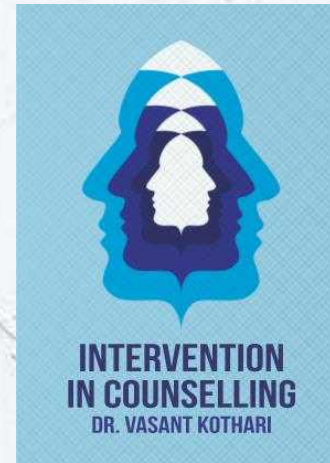
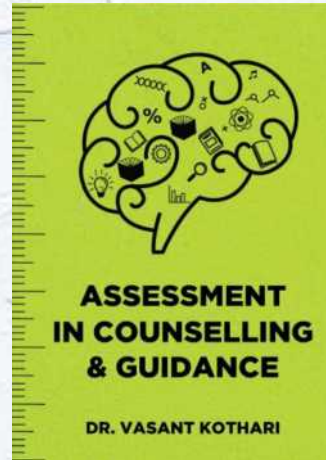
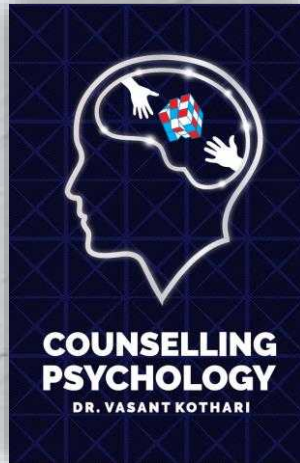
- Data analysis with graphs
- Interpretation of analysis
- Standard format for writing analysis
- Explanation of analysis for viva

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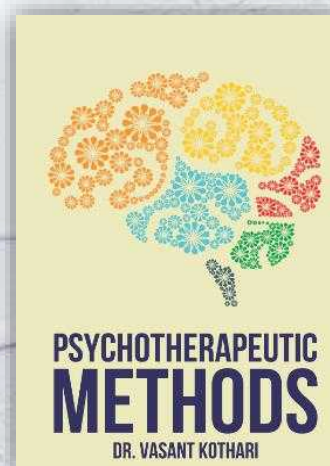
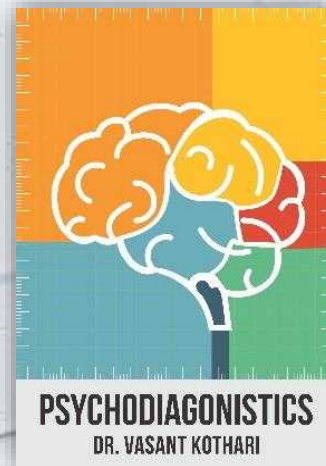
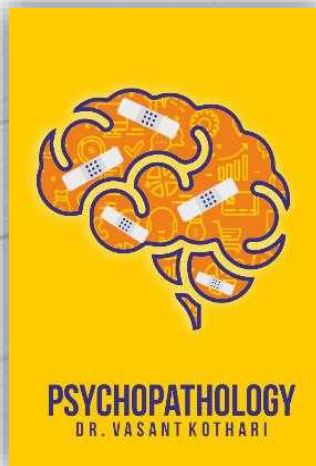


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STATISTICS IN PSYCHOLOGY
MPC-006



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MAPC Focus for Dec 21 Exam

As per Dr Vasant Kothari's Books

Will Release on 1st Aug 2021



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