

MPEC - 011 Psychopathology

June 2021 Exam



EXAM **FOCUS**

Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

MAPC Focus for June 21 Exam

As per Dr Vasant Kothari's Books

Release on 1st April 2021

On Demand it will be available from 5th March 2021

As per IGNOU's Books

Release on 1st June 2021

On Demand it will be available from 1st May 2021

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Highest Marks	2 nd Highest Marks	3 rd Highest Marks	Lowest Mark
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Year and Month of Exam

4 Blocks of the subject.. Normally every subject is having 4 blocks or books

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,3,3	10,6,6,3	10,10	6,6,6
	20%	32%	25%	23%
Dec 15	10,6,3,3	10,6	10,6,3	10,6,6
	28%	20%	24%	28%
June 16	6,6,3	10,10,10,6	6,3	10,6,3
	19%	46%	11%	24%
Dec 16	10	10,6,6,6,3	10,6	10,6,3,3
	13%	39%	20%	28%
June 17	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 17	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
June 18	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
Dec 18	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%

Marks in the exam In new exam pattern...
 4 ques of 10 marks 5 ques of 6 marks
 & 3 ques of 3 marks ..are normally
 asked

Weightage of each Block
 in that respective exam

Past Performance

Important Chapters/Units

Success %							
Name of the Subject	Dec 17	June 18	Dec 18	June 19	Dec 19	June 20	Dec 20
Psychopathology	88%	82%	88%	82%	88%	88%	100%
Psychodiagnostics	100%	100%	100%	88%	88%	94%	94%
Psychotherapeutic Methods	88%	88%	100%	88%	88%	100%	94%

Past Performance

Important Topics

Name of the Subject	Success %				
	Dec 18	June 19	Dec 19	June 20	Dec 20
Psychopathology	94%	94%	88%	76%	100%
Psychodiagnostics	70%	80%	88%	90%	86%
Psychotherapeutic Methods	100%	100%	76%	96%	84%

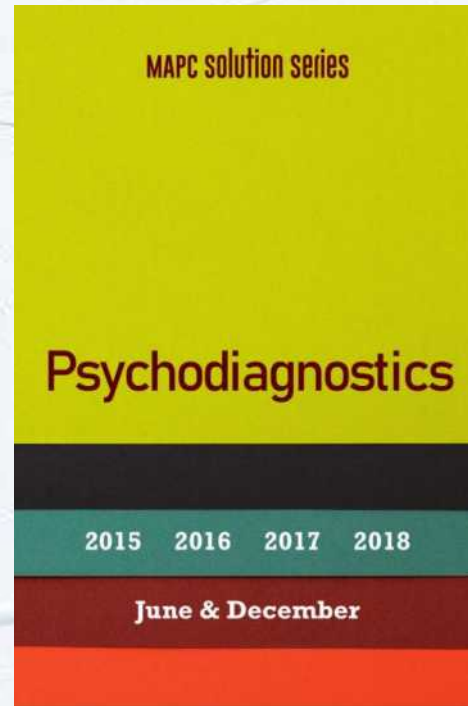
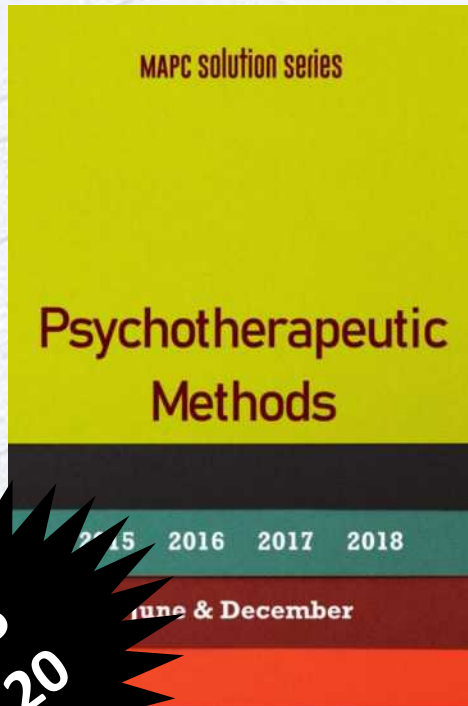
Question Repeats % in Exam

Question Repeats %					
Name of the Subject	Dec 18	June 19	Dec 19	Jun 20	Dec 20
Psychopathology	94%	88%	92%	100%	100%
Psychodiagnostics	88%	100%	94%	96%	86%
Psychotherapeutic Methods	100%	100%	94%	100%	100%



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1st May 2021

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**Rs 125 per
Subject**

**June 15
to Dec 20**

E-book

MAPC Solved Question Papers

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SAMPLE DATA

Deeper Analysis shows priority of Units or Chapter of respective Blocks or books

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	4	1	1,2	1	3
2	1,3	2	2	2	4
3	3	3	1	3	2,4
4	4	4	2,3	4	1
49% of Questions		35% of Questions		16% of Questions	
39 Marks		28 Marks		13 Marks	

Should not missed these Units at any cost to PASS the exam

Should not missed these Units at any cost to PASS the exam

Can study these Units for SCORING purpose only

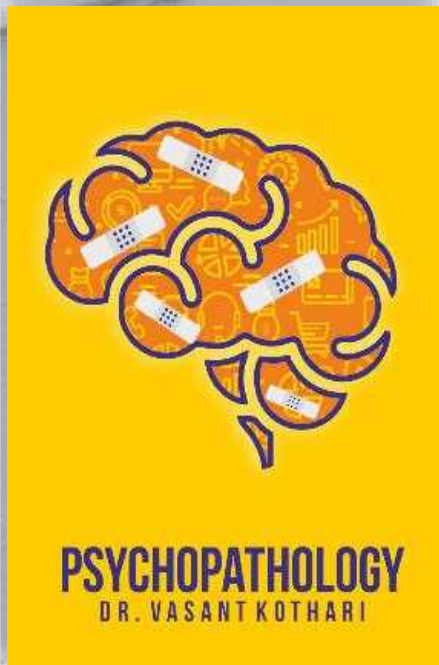
Year	Block 1	Block 2	Block 3	Block 4	Block 5
June 15	10,6	10,6	10,6,3	6,3,3	10,6
	20%	20%	24%	15%	20%
Dec 15	10,6,6	10,6	3,3	10,6,6,3	10
	28%	20%	7%	32%	13%
June 16	6,6,3	10,10,3	3	10,10,6	6,6
	19%	29%	4%	33%	15%
Dec 16	10,6,6	10,6,3	10,3,3	10	6,6
	28%	24%	20%	13%	15%
June 17	10,6,3	10,6,6,3	0	10,6,3	10,6
	24%	32%	0%	24%	20%
Dec 17	10,6,3,3	10,6,3	6,6	10,6	10
	28%	24%	15%	20%	13%
June 18	10,6,3	10,10,6,3	6,3	6	10,6
	24%	37%	11%	8%	20%
Dec 18	10,6	6,3,3	10,10,6,3	6,6	10
	20%	15%	37%	15%	13%
June 19	10,6	10,6,6,3	6,3,3	10	10,6
	20%	32%	15%	13%	20%
Dec 19	10,10,6,6,3	6,3	10,3	10	6,6
	44%	11%	16%	13%	15%
June 20	6,6	10,10,6,3	3	6,6,3	10,10
	15%	37%	4%	19%	25%
Dec 20	6,6,6	10,6,3	10,10,3	6,3	10
	23%	24%	29%	11%	13%

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	3,4	1	**	1	1,2
2	1,4	2	3	2	2
3	2	3	1	3	3,4
4	2	4	1,3	4	4
5	4	5	**	5	1,2,3
55% of Questions		21% of Questions		24% of Questions	
44 Marks		16 Marks		19 Marks	

It has been observed that **Block 1 & 2 are the most important** as more than 50% questions in the exam comes from these only, so you should not miss these

Blocks at any cost

You can skip Block 3



Exam Focus For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

Psychopathology

by **Dr Vasant Kothari**

ISBN: 978-81-943314-2-1

Pages: 288

Price: Rs 400 → Rs 320

Available for purchase at www.springseason.in & **Amazon**

1st Priority
Chapter No.
3,4,5,8, 10,14, 20
55% of Questions
44 Marks

2nd Priority
Chapter No.
7,9,13,15
21% of Questions
16 Marks

3rd Priority
Chapter No.
1,2,6,11, 12,16,17, 18,19
24% of Questions
19 Marks

It has been observed that **Chapter No. 3,4 & 8 are the most important** as approximately **30%** questions in the exam comes from these only, so you should not miss these chapters at any cost

Above INFO is purely based on DATA ANALYSIS

MUST READ TOPICS for June 2021 Exam

Chapter No.	Topic No.				
1	1.3.2	1.3.3	1.3.4	**	**
2	2.1.1	**	**	**	**
3	3.3	3.4	3.5	**	**
4	4.1.1/3	4.3.4	4.3.5	4.4	**
5	5.2	5.2.2/3	5.3.2/3	5.3.3.1/2	5.3.4
6	6.1/2	6.1.3	6.1.4	6.2.3	6.2.4
7	7.1	7.5	7.5.2	7.6	7.7
8	8.1	8.1.1.1-5	8.2	8.2.1.1/2	8.2.3/4
9	9.2.1	9.2.2	9.3.2	**	**
10	10.2	10.3.3	10.4	10.5	**
11	11.1	11.1.1	11.1.2	11.1.5	**
12	12.1	12.1.3.1	12.1.3.2	12.1.3.4	12.1.4
13	13.1.1	13.2	13.4	13.4.4	**
14	14.1.2	14.1.3	14.2	14.5	**
15	15.2	15.5.1	15.5.2	**	**
16	16.1.1	16.1.3	16.1.4	16.4	**
17	17.1	17.1.3	17.2	**	**
18	18.1.2	18.1.3	18.1.4	18.1.5	**
19	19.1	19.2	**	**	**
20	20.1	**	**	**	**

Above data is purely based on ASSUMPTIONS

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Please do all sub points unless and until specified

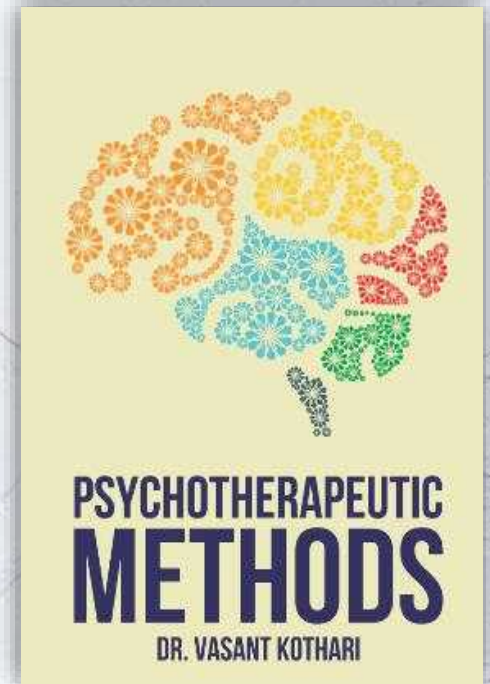
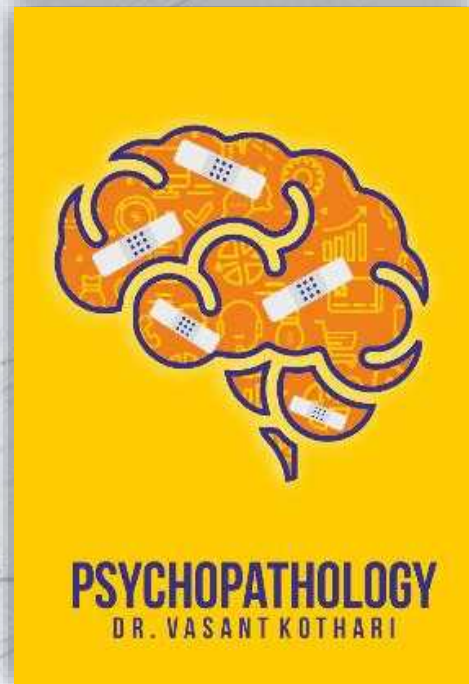


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Block-1 Foundations of Psychopathology

Unit 1 - A Brief History of Psychopathology

- Psychoanalytic Approach
- Humanistic Approach
- Behavioural Approach

Unit 2 - Classification of Psychopathology: DSM IV TR

- Approaches to the Classification of Psychopathology

Unit 3 - Developmental Pathogenesis

- Biological Causes
- Psychosocial Causes
- Parenting Styles
- Socio Cultural Causes

Unit 4 - Childhood Mental Disorders

- Autistic Disorder
- Asperger Syndrome
- Childhood Disintegrative Disorder (CDD)
- Tick Disorders
- Childhood Depression
- Mental Retardation

Please do all sub points unless and until specified

Block-2 Generalized Anxiety Disorder and Other Mild Mental Disorders

Unit 1 - Anxiety Disorders, Panic and Phobias

- Panic Attack: Symptoms and Clinical Features
- Epidemiology of Panic Attacks
- Aetiology of Panic Disorder
- Aetiology of Phobic Disorder
- Treatment of Phobic Disorder

Unit 2 - Generalised Anxiety Disorder and Obsessive Compulsive Disorder

- Generalised Anxiety Disorder
 - Symptoms and clinical features.. Aetiology... Treatment
- Obsessive Compulsive Disorder: Symptoms and Clinical Features
- A Case Study of Obsessive Compulsive Disorder
- Obsessive Compulsive Disorder
 - Aetiology .. Treatment

Unit 3 - Post Traumatic Stress Disorder (PTSD)

- Post- Traumatic Stress Disorder: Symptoms and Clinical Features
- Aetiology of Post Traumatic Stress Disorder
- Psychological Factors
- Prevention and Treatment of Post Traumatic Stress Disorder
- Treatment of Post Traumatic Stress Disorder

Unit 4 - Somatoform Disorder and Dissociative Disorder

- Somatoform Disorders: Symptoms and Clinical Features
- Pain Disorder... Hypochondriasis...
- Conversion Disorder.. Body Dysmorphic Disorder
- Dissociative Disorders: Symptoms and Clinical Features
- Dissociative Amnesia and Fugue
- Aetiology of Obsessive Dissociative Disorders
- Treatment of Dissociative Disorders

Block-3 Mood Disorders

Unit 1 - Mild, Moderate and Major Depressive Disorder

- Symptoms of Mild Depression
- Dysthymic Disorder
- Causes of Major Depression

Unit 2 - Bipolar Disorder

- Bipolar Disorder
- Cyclothymia
- Causes of Bipolar Disorder
- Treatment

Unit 3 - Other Mood Disorders: Mood Disorder due to General Medical Condition

- Mood Disorder Due to General Medical Condition
- Parkinson Disease
- Multiple Sclerosis
- Parathyroid Disorder

Unit 4 - Substance Induced Mood Disorder

- Substance Induced Mood Disorder
- Depressants
- Stimulants
- Hallucinogens
- Aversion Therapy

Please do all sub points unless and until specified

Block-4 Schizophrenia and Other Psychotic Disorders

Unit 1 - Schizophrenia: Etiology, Neurocognitive Functioning and Interpersonal Aspects

- Characteristics of Schizophrenia
- Etiology of Schizophrenia
- Treatment of Schizophrenia
- Metacognitive Training

Unit 2 - Paranoid and Delusional Disorder

- Symptoms of Paranoia
- Kinds of Paranoia
- Causes of Paranoia
- Treatment Approaches to Paranoia and Delusional Disorder

Unit 3 - Psychotic Disorder due to General Medical Condition

- Symptoms of Psychotic Disorders
- Types of Delusions
- Hallucinations
- Causes if Psychotic Disorders due to medical conditions

Unit 4 - Substance Induced Psychotic Disorder

- Causes of Substance Induced Psychotic Disorders
- Essential Features of Substance Induced Psychotic Disorders
- Treatments
- Difference Between Substance Induced Psychotic Disorders and Other Psychotic

Please do all sub points unless and until specified

Block-5 Personality Disorders
Unit 1 - Borderline Personality Disorder
<ul style="list-style-type: none"> • Personality Disorders (Clusters) • Cluster C • Borderline Personality Disorder
Unit 2 - Narcissistic Personality Disorder
<ul style="list-style-type: none"> • Diagnostic Features of Narcissistic Personality Disorder • Subtypes of Narcissistic Personality Disorder • Causes of Narcissistic Personality Disorder • Treatment of Narcissistic Personality Disorder
Unit 3 - Dependent and Histrionic Personality Disorder
<ul style="list-style-type: none"> • Dependent Personality Disorder • Histrionic Personality Disorder • Diagnostic Features of Histrionic Personality Disorder • Disorder Causes of Histrionic Personality Disorder • Treatment of Histrionic Personality Disorder
Unit 4 - Schizoid and Paranoid Personality Disorder
<ul style="list-style-type: none"> • Schizoid Personality Disorder

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