

# MPEC - 022 Assessment In Counselling And Guidance

June 2021 Exam



EXAM **FOCUS**

# Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

# MAPC Focus for June 21 Exam

**As per Dr Vasant Kothari's Books**

**Release on 1<sup>st</sup> April 2021**

**On Demand it will be available from 5<sup>th</sup> March 2021**

**As per IGNOU's Books**

**Release on 1<sup>st</sup> June 2021**

**On Demand it will be available from 1<sup>st</sup> May 2021**

**WhatsApp  
on  
7303827268**

**Please note that these are  
MOST IMPORTANT TOPICS/UNITS**

**and**

**NOT THE ONLY IMPORTANT Topics/Units**

**Also, the Guesses are**

**not expected to be exact**

**We used our logic of analysis and you can**

**follow it at your discretion**

**Kindly don't ask for any clarification regarding this document**

**Please use it as per your understanding**

**Thank you!!**

For all the latest updates on IGNOU MAPC Course  
**Telegram Channel**



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Highest Marks	2 <sup>nd</sup> Highest Marks	3 <sup>rd</sup> Highest Marks	Lowest Mark
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Year and Month of Exam

4 Blocks of the subject.. Normally every subject is having 4 blocks or books

Year	Block 1	Block 2	Block 3	Block 4
June 15	10,3,3	10,6,6,3	10,10	6,6,6
	20%	32%	25%	23%
Dec 15	10,6,3,3	10,6	10,6,3	10,6,6
	28%	20%	24%	28%
June 16	6,6,3	10,10,10,6	6,3	10,6,3
	19%	46%	11%	24%
Dec 16	10	10,6,6,6,3	10,6	10,6,3,3
	13%	39%	20%	28%
June 17	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%
Dec 17	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
June 18	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
Dec 18	10,6,3	10,6,6,3	10,6,3	10,6
	24%	32%	24%	20%

Marks in the exam In new exam pattern...  
 4 ques of 10 marks 5 ques of 6 marks  
 & 3 ques of 3 marks ..are normally  
 asked

Weightage of each Block  
 in that respective exam

# Past Performance

Important Chapters/Units

Success %							
Name of the Subject	Dec 17	June 18	Dec 18	June 19	Dec 19	June 20	Dec 20
Counselling Psychology	88%	88%	100%	100%	100%	76%	80%
Assessment In Counselling And Guidance	100%	91%	88%	100%	100%	88%	94%
Interventions In Counselling	88%	100%	100%	88%	100%	88%	88%

# Past Performance

## Important Topics

Success %					
Name of the Subject	Dec 18	June 19	Dec 19	June 20	Dec 20
Counselling Psychology	100%	70%	100%	76%	96%
Assessment In Counselling And Guidance	92%	40%	82%	94%	100%
Interventions In Counselling	100%	88%	88%	100%	78%



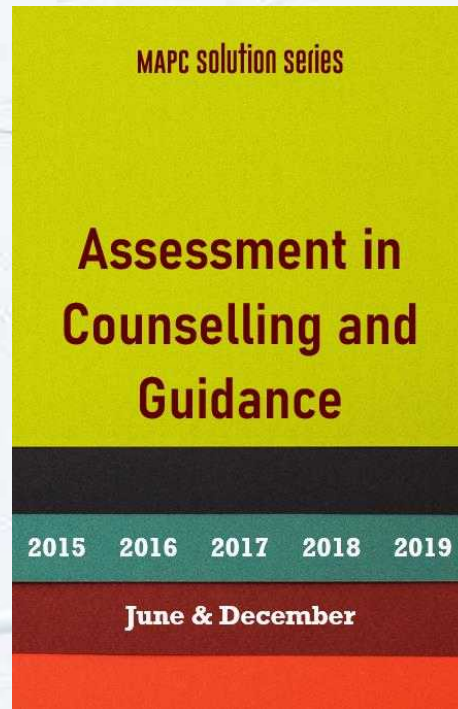
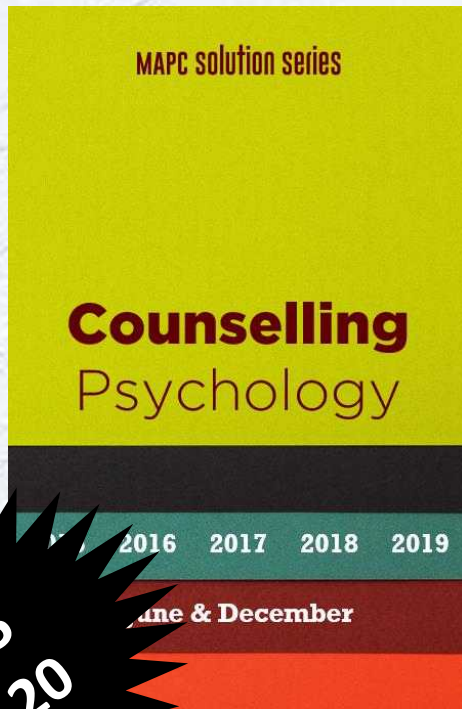
# Question Repeats % in Exam

Question Repeats %					
Name of the Subject	Dec 18	June 19	Dec 19	June 20	Dec 20
Counselling Psychology	76%	100%	76%	100%	88%
Assessment In Counselling And Guidance	80%	82%	94%	88%	100%
Interventions In Counselling	94%	88%	100%	100%	100%



Delivery starts on  
**1<sup>st</sup> May 2021**

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June 15  
to Dec 20

E-book

MAPC 5 Years Solved Question Papers

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# SAMPLE DATA

**Deeper Analysis shows priority of Units or Chapter of respective Blocks or books**

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	4	1	1,2	1	3
2	1,3	2	2	2	4
3	3	3	1	3	2,4
4	4	4	2,3	4	1
<b>49% of Questions</b>		<b>35% of Questions</b>		<b>16% of Questions</b>	
<b>39 Marks</b>		<b>28 Marks</b>		<b>13 Marks</b>	

Should not missed these Units at any cost to PASS the exam

Should not missed these Units at any cost to PASS the exam

Can study these Units for SCORING purpose only

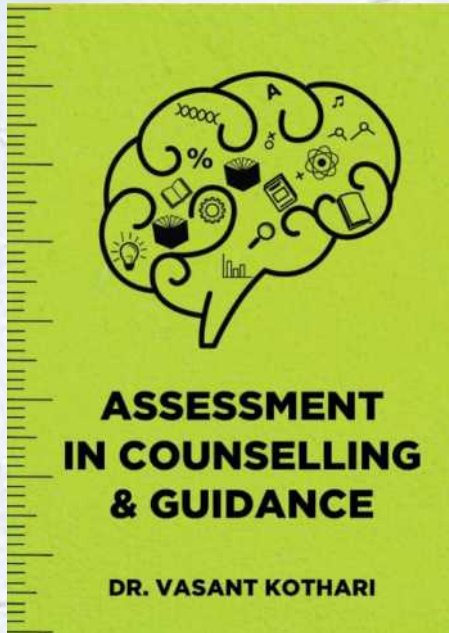
Year	Block 1	Block 2	Block 3	Block 4
June 15	10,6,3	10,6,3	10,6,6,3	10,6
	24%	24%	32%	20%
Dec 15	10,6,3,3	10,6,6,6	10	10,6,3
	28%	35%	13%	24%
June 16	10,6,6,3,3	10,6	10,6,3	10,6
	36%	20%	24%	20%
Dec 16	6,6,3	10,10,10,6,3	10,6,6,3	**
	19%	49%	31%	**
June 17	10,10,6	6,6,3,3	10,10	6,6,3
	33%	23%	25%	19%
Dec 17	10,6,5,5,3,3	10,10	6,6	6,6,3
	41%	25%	15%	19%
June 18	6,6,3,3	10,10,6,6	10,6	10,3
	23%	41%	20%	16%
Dec 18	10,6,6	10,3,3	10,6,6,6,3	10
	28%	20%	39%	13%
June 19	6,6,4,3	10,6,6,3	10,6	10,6,3
	24%	32%	20%	24%
Dec 19	10,4	10,6,6,3	6,6	10,6,6,3,3
	17%	32%	15%	36%
June 20	10,6,6,3	10	10,10,6,6,3	6,3
	32%	13%	44%	11%
Dec 20	10,6,3	10,6,3	6,6,6	10,10,3
	24%	24%	23%	29%

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	1	1	**	1	2,3,4
2	1,2	2	3,4	2	**
3	2	3	1	3	3,4
4	1	4	4	4	2,3
<b>46% of Questions</b>		<b>24% of Questions</b>		<b>30% of Questions</b>	
<b>36 Marks</b>		<b>20 Marks</b>		<b>23 Marks</b>	

It has been observed that **Block 1 & 2 are the most important** as more than 3/5 questions in the exam comes from these only, so you should not miss these Blocks at any cost

**20% questions are from Unit 1 of Block 1 and Unit 2 of Block 2**

# ERR for **June 2021 Exam**



**ERR** For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

**Assessment in Counselling and Guidance**

by **Dr Vasant Kothari**

ISBN: 978-81-935047-8-9

Pages: 248

Price: ~~Rs 400~~ → **Rs 320**

Available for purchase at [www.springseason.in](http://www.springseason.in) & **Amazon**

1 <sup>st</sup> Priority
Chapter No.
<b>1,5,6,10, 11,15</b>
<b>46% of Questions</b>
<b>36 Marks</b>

2 <sup>nd</sup> Priority
Chapter No.
<b>7, 8, 9,18</b>
<b>24% of Questions</b>
<b>20 Marks</b>

3 <sup>rd</sup> Priority
Chapter No.
<b>2,3,4,12, 13, 14, 16, 17</b>
<b>30% of Questions</b>
<b>23 Marks</b>

It has been observed that **Chapter No. 1,6 & 10 are the most important** as 1/3<sup>rd</sup> questions in the exam comes from these only, so you should not miss these chapters at any cost

**Above INFO is purely based on DATA ANALYSIS**



# MUST READ TOPICS for June 2021 Exam

ASSESS  
IN COUNS  
& GUIDA  
DR. VASANT

Chapter No.	Topic No.				
1	1.1/2	1.3/4	1.6/7	1.8	1.11
2	2.1	2.2	2.3	2.4	**
3	3.1.2	3.3	3.4	**	**
4	4.1	4.3	4.4	4.4.5	4.5
5	5.1	5.1.2	5.1.3	5.2	5.2.1/3
6	6.1.1.1	6.1.2	6.2.1	6.2.2	**
7	7.1	7.1.5	7.2	7.2.4	7.3
8	8.1	8.1.2	8.2	8.4	8.5
9	9.2	9.4	9.5	9.7	**
10	10.2	10.2.2	10.2.3	10.3	10.3.3
11	11.2	11.2.1	**	**	**
12	12.1	12.1.2	12.2	**	**
13	13.2	13.3	13.5	**	**
14	14.2	14.2.4	14.2.5	**	**
15	15.1	**	**	**	**
16	16.1.2.1	16.1.2.2	16.4.2	16.4.3	**
17	17.1.2	17.1.3	17.2	**	**
18	18.1.2/4/5/6/8	18.2.2	18.2.4	18.3	18.3.3

**Above data is purely based on ASSUMPTIONS**

Please do all sub points unless and until specified

## Block-1 Introduction

### Unit 1 - Introduction to Assessment: Definition, Description and Differentiating Between Testing and Assessment

- Meaning of Psychological Assessment
- Purpose of Assessment
- Principle of Assessment
- Process of Assessment
- Meaning of Psychological Testing
- Difference between Psychological Assessment and Psychological Testing
- Purpose of Psychological Testing
- Types of Psychological Tests

### Unit 2 -Assessment Complexities

- Meaning of Assessment Complexities
- Issues in Assessment
- Prerequisites for Assessment
- Errors in Assessment

### Unit 3 - The Ambience and Climate needed for Assessment and Counseling

- Initial Counselling Skills
- Mind Set of the Client
- Pre -Counselling Interview

### Unit 4 - Determination of Aspects to be Covered

- Psychological Assessment: Objective and Subjective Approach
- Components of Assessment
- Skills of Assessing
- Developing Counselling Goals
- Areas of Assessments

Please study all sub points unless and until specified



## Block-2 Approaches to Assessment in Counselling

### Unit 1 - Interview, Case History and Testing

- Interview
- Case History Interview
- Types of Interview
- Case History Interviews
- Basic Issues in Case History
- Mental Status Examination

### Unit 2 - Approaches to Counselling: Psychodynamic and Cognitive Approaches

- Basic Concepts of Freudian Psychodynamic Theory
- Neo-Freudian Psychodynamic Theories (All topics)
- Cognitive Counselling Approach
  - Aaron Beck
  - Albert Ellis

### Unit 3 - The Person Centered Approach to Assessment and Counselling

- Basic Concepts
- Positive Regards
- Fully functioning person
- Therapeutic Process of Counselling

### Unit 4 - The Narrative Approach to Assessment and Counseling

- Basic Concepts
- Fundamentals of Narrative Therapy
- Techniques and Objectives of Narrative Therapy
- Goals and Steps in Narrative Counselling
- Exploration and Deconstruction

Please study all sub points unless and until specified

## **Block-3 Assessment in Counselling and Guidance**

### **Unit 1 - The Counseling Setting and the Role of Counselors in Guidance and Counseling**

- Diff between Guidance and Counselling
- Characteristics of an effective counsellor
- Counseling Goals
- Role of Counselors in Guidance and Counseling

### **Unit 2 - Individual and Group Techniques in Counseling and Guidance**

- Affective Approach Gestalt
- Goals
- Techniques
- Behavioural Counselling
- Techniques
- Individual vs Group Counselling
- Group Counselling

### **Unit 3 - Counseling and Guidance for Career Planning and Decision Making**

- Counselling and Guidance
- Career Planning
- Interrelation between Counseling and Career Planning
- Decision Making

### **Unit 4 - Multicultural Counseling and Guidance: Role of Counselors in Preventing Illness and Promoting Positive Health**

- Multicultural Counseling and Guidance
- Client and Counsellor in Multicultural Counseling
- Role of Counsellors
- Understanding Illness: Its Causes and Prevention
- Principles for Reducing Risk and Promoting Health
- Practical Steps for Reducing Risk and Promoting Health

# Block-4 Organising and Planning Counselling and Guidance

## Unit 1 - Introduction to Developing Guidance and Counselling Programme

- School Guidance Programme

## Unit 2 - Rationale and Purpose of Guidance and Counselling Programme

- Need for Guidance at Micro Level
- Need for Guidance at Macro Level
- Purposes of Guidance and Counselling Programme in Educational Institutions

## Unit 3 - Organising and Evaluation of Guidance and Counselling Programme

- Components of guidance and counselling programme
- Guidance Calendar
- Organising Guidance and Counselling Programme at Elementary Stage

## Unit 4 - Methods of Evaluation

- Purpose of Evaluation
- Characteristics of Evaluation
- Goals of Evaluation
- Types of Evaluation
- Criteria for evaluation
- Basic steps of Evaluation
- Accountability Bridge Model
- Methods of Evaluation
- Experimental Method

Please study all sub points unless and until specified



Delivery starts on  
**1<sup>st</sup> May 2021**

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# Assignment Container For Clinical & Counselling

# IGNOU MAPC

## Assignment Container

PSYCHOPATHOLOGY  
MPCE-011

PSYCHODIAGNOSTICS  
MPCE-012

PSYCHOTHERAPEUTIC METHODS  
MPCE-013

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- Answers in **prescribed word limits**
- **Least content** from IGNOU Books
- Table, charts, brain maps to **enhance the look** of the assignment
- **Rs 99** per subject (**Rs 297** for All)
- e-book form (**PDF File**)

## Assignment Container

COUNSELLING PSYCHOLOGY  
MPCE-021

ASSESSMENT IN COUNSELLING  
AND GUIDANCE  
MPCE-022

INTERVENTIONS IN COUNSELLING  
MPCE-023

[www.springseason.in](http://www.springseason.in)

# Ready Synopsis & Project

- ▶ **Topic** will be **Ours**
- ▶ It will cost Rs **5000** (Fixed Rate and No part payment)
- ▶ You need to **take care of Guide** (Go for Cooperative Guide)
- ▶ Synopsis within **one week** and Project **after 6 months** (before submission)
- ▶ No topic REPEATS
- ▶ **Changes not allowed** in ready synopsis & project
- ▶ If synopsis **rejected.** Then **new synopsis at no additional cost**
- ▶ Synopsis and Project will be there in **Word file**
- ▶ Explanation of **DATA ANALYSIS** for **VIVA**
- ▶ Whatsapp on **7303827268**

For **STATISTICAL DATA ANALYSIS**  
of your MAPC IGNOU Research project work

send your...



- Synopsis
- Questionnaire
- Data file (Excel)

to

**mapchelp@gmail.com**

You will get

- Data analysis with graphs
- Interpretation of analysis
- Standard format for writing analysis
- Explanation of analysis for viva

 73 03 82 72 68

*Personal visit not required for data analysis  
All communication will be only through mobile & email*



# **MAPC Focus for Dec 21 Exam**

**As per Dr Vasant Kothari's Books**

**Will Release on 1<sup>st</sup> Aug 2021**



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