

MPC - 002 Lifespan Psychology

Dec 2021 Exam



EXAM **FOCUS**

Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

Please note that these are the

MUST READ TOPICS

and

NOT THE ONLY READ Topics

Also, the Guesses **are not expected** to be exact we used our logic of analysis and you can follow it **at your discretion**

Just one request....kindly don't ask for any clarification regarding this document

Please use it as per your understanding

Thank you!!

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paper
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SERIES

Subject	Question Paper	Rate	Discount	Final Price*
Cognitive	June 15 to Aug 21 Total 13 Papers Solved	Rs 250	30%	Rs 175
Lifespan		Rs 250	30%	Rs 175
Personality		Rs 250	30%	Rs 175
Social		Rs 250	30%	Rs 175
Research		Rs 250	30%	Rs 175
Statistics		Rs 350	20%	Rs 280

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** Additional Postal Charges*

Past Performance

Important Topics

Name of the Subject	Success %					
	Dec 18	June 19	Dec 19	June 20	Dec 20	June 21
Cognitive	96%	100%	100%	100%	68%	94%
Lifespan	100%	74%	94%	94%	94%	88%
Personality	100%	74%	100%	76%	100%	100%
Social	68%	88%	94%	88%	88%	100%
Research	70%	84%	100%	96%	100%	94%
Statistics	88%	100%	100%	94%	82%	100%

Question Repeats % in Exam

Name of the Subject	Question Repeats %					
	Dec 18	June 19	Dec 19	June 20	Dec 20	June 21
Cognitive	96%	94%	100%	100%	100%	94%
Lifespan	100%	88%	94%	100%	100%	100%
Personality	100%	94%	100%	94%	100%	100%
Social	64%	84%	88%	94%	94%	94%
Research	94%	100%	100%	100%	100%	100%
Statistics	100%	100%	100%	92%	88%	100%



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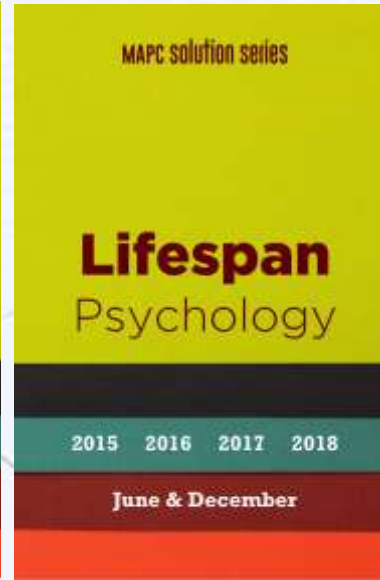
MAXIMUM syllabus in **MINIMUM** words

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Last 6 years Solved Question Papers

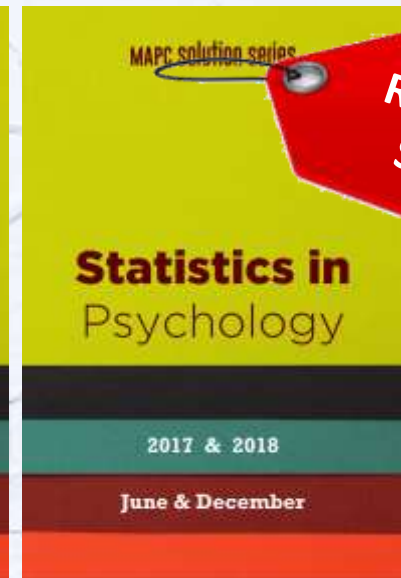
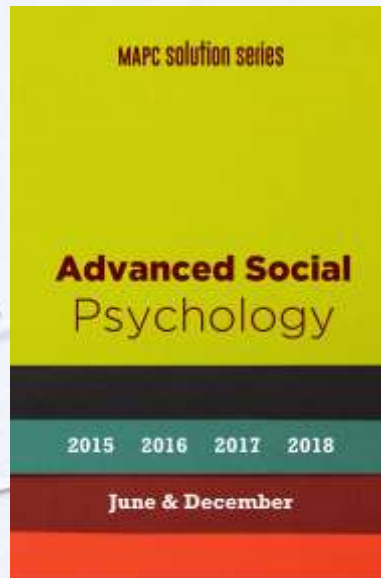
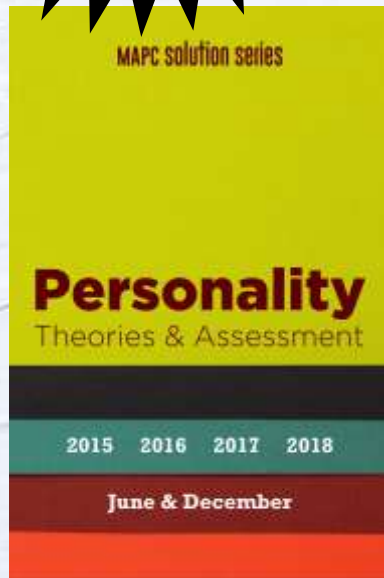


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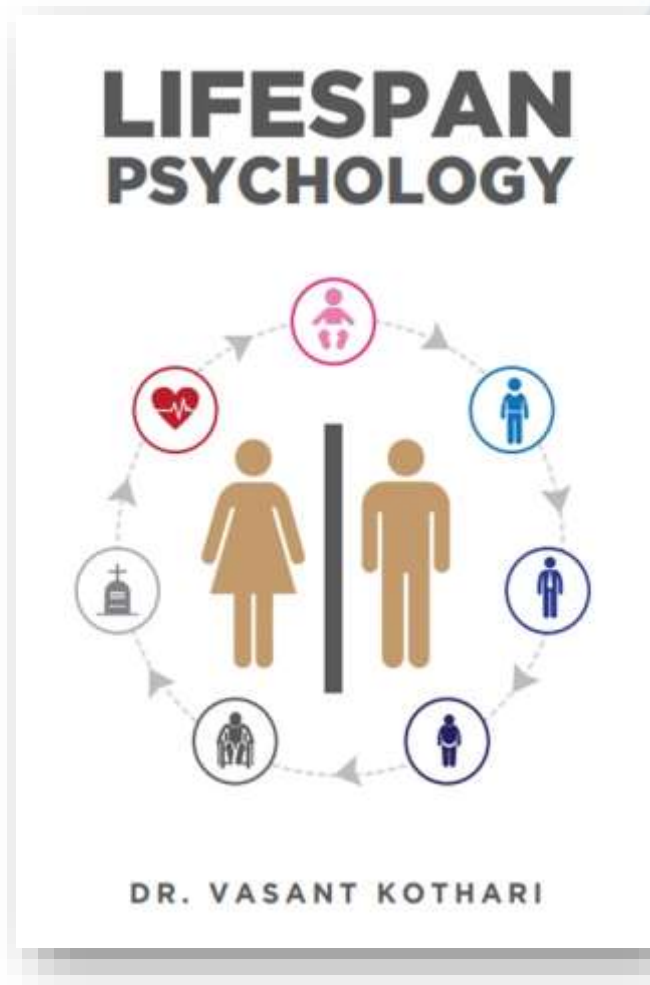
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READ what is NECESSARY

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ERR For the people who are following this book which is specially written for **MAPC IGNOU Students**



Lifespan Psychology

by Dr Vasant Kothari

ISBN: 978-81-935047-1-0

Pages: 240

Price: ~~Rs 400~~ → Rs 300

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MUST READ TOPICS

Dec 2021 Exam

Chapter No.	Topic No.				
1	1.1	1.2	1.3.1/2/3	1.4 & 1.6	1.7
2	**	**	**	**	**
3	3.2	3.3	3.4	3.5	3.6
4	4.2	4.4	4.5	4.6	**
5	5.1	5.2.2	**	**	**
6	6.1.1	6.2/3/4	6.4.2/3	6.5.1/2	6.6
7	7.2	7.4	7.5.3	**	**
8	8.4	8.5	8.8	**	**
9	9.1	9.1.1	9.3	**	**
10	10.1	10.3	10.4	**	**
11	11.1	11.2	11.2.1	11.4.4	**
12	12.1	12.1.1	12.1.2	12.1.3	**
13	**	**	**	**	**
14	14.1	**	**	**	**
15	15.1 & 15.1.1	15.2.1	15.2.2/3	15.4/5	15.4.2
16	16.1	16.2	16.3	16.4	**

Please do all sub points unless and until specified



This document contains
topics in Q & A Format only
for the **IMPORTANT**

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Read ONLY
what is
IMPORTANT

TOPICS as per
MAPC Focus

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For Dec 2021 Exam

MPC-002

Lifespan Psychology

All Important Topics as per MAPC Focus

Prediction of Important Topics

Past Performance (MPC-002)

Dec 18 **100%**

June 19 74%

Dec 19 94%

June 20 94%

Dec 20 94%

June 21 88%

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Block-1 Prenatal, Infancy and Early Childhood

Unit 1 – Concept of Development, Growth and Development, Life Span Perspective, Methods of Studying Development and Characteristics of Development

- Concept of Development
- Growth and Development
- Understanding Life Span Development
- Issues in Life Span Development.
- Stages of Human Development
- Characteristics of Life Span Development
- Research Methods for Life Span Development
- Obstacles in Studying Life Span Development

Unit 2 –Prenatal Development

- Environmental Influences

Unit 3 - Development During Infancy

- Characteristics of Infancy Period
- Adjustments during Infancy
- Hazards during Infancy Period
- Physical Development in Infancy
- Psychosocial Development in Infancy

Unit 4 - Early Childhood

- Characteristics of Early Childhood
- Physical Development in Early Childhood
- Cognitive Development in Early Childhood
- Psychosocial Development in Early Childhood

Please do all sub points unless and until specified

Block-2 Development during Early School Years (6-11 Years)

Unit 1 - Physical Development

- Physical Growth in Early Year School Years
- Growth and development year wise 6-11 years
- Disorders in Physical Development During 6-11 Years of Age

Unit 2 - Cognitive, Social, Emotional and Moral Development

- Piaget's theory of cognitive development concrete operation
- Information Processing Approach to Cognitive Development
- Language Development
- Social Development
- Peer Group
- Social Cognition
- Piaget's Ideas about Moral Development
- Kohlberg's Theory of Moral Development
- Emotional Development

Unit 3 - Schooling and Development

- Basic school skills – 3Rs and 1C
- Value Education
- Educational Excursions

Unit 4 - Identification of Problems in School Children and Remedial Measures

- Causes of LD
- Orthopedically Handicapped
- Attention Deficit / Hyperactivity Disorder
- Gifted and Talented Children

Please do all sub points unless and until specified

Block-3 Development during Adolescence

Unit 1 - Physical Changes

- Meaning and Definition of Adolescence
- Early Adolescence
- Puberty

Unit 2 - Cognitive Changes

- Cognitive Development in Adolescence
- Information Processing Perspective
- School performance and cognitive development

Unit 3 - Identity Self Concept, Self Esteem, Peer Group Relationship

- Identity in Adolescence
- Identity Crisis
- Marcia's Identity Statuses
- Egocentrism in Adolescence

Unit 4 - Challenges and Issues in Adolescent Development

- Challenges of Adolescence
 - Coping with the Loss of Normalcy
 - Acknowledging Sexuality
 - High Risk Behaviors

Please do all sub points unless and until specified

Block-4 Adulthood and Ageing

Unit 1 - Physical Changes (Early Adulthood, Middle Age, Old Age)

- SKIP TOTALLY

Unit 2 - Cognitive Changes (Early Adulthood, Middle Age, Old Age)

- Cognitive Changes in early adulthood

Unit 3 - Psychosocial Changes (Early Adulthood, Middle Age, Old Age)

- Development During Adult Years
- Stage Theories versus the Contextual Approach
- Levinson's Seasons of Life Theory
- Eric Erikson's Theory
- Levinson's seasons of the life theory
- Attachment Patterns and Romantic Relationships
- Psychosocial Changes During Middle Adulthood
- Four Developmental Tasks of Middle Adulthood
- Psychosocial Changes During Old Age

Unit 4 - Challenges and Issues in Ageing Process

- Ageing process
- Ageing Issues and Challenges in Early Adulthood
- Ageing Issues and Challenges in Middle Adulthood
- Ageing Issues and Challenges in Late Adulthood

Please do all sub points unless and until specified

Ready Synopsis & Project

- ▶ Topic will be Ours
- ▶ It will cost Rs 5000 (Fixed Rate and No part payment)
- ▶ You need to take care of Guide (Go for Cooperative Guide)
- ▶ Synopsis within one week and Project after 6 months (before submission)
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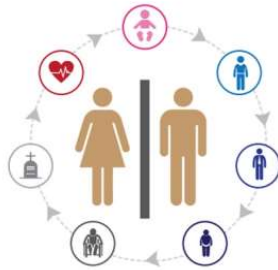
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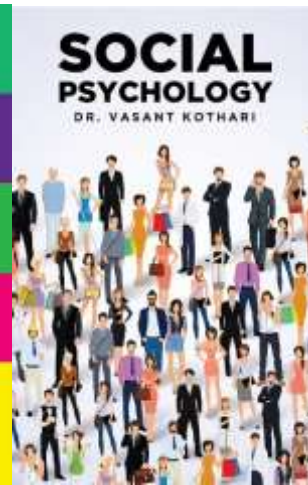
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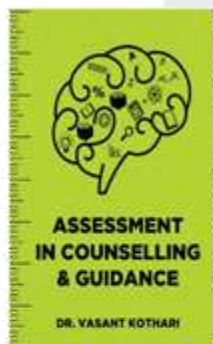
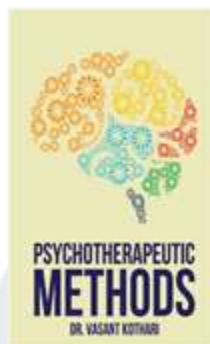


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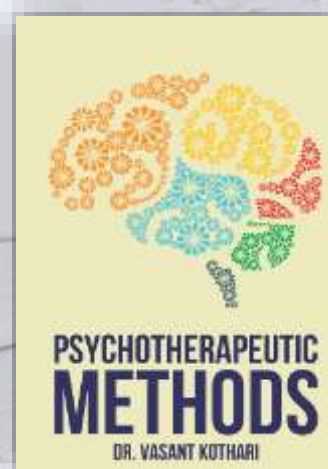
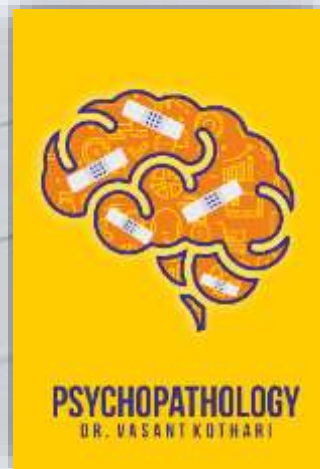
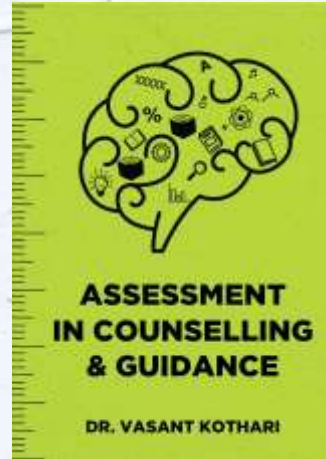
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MAPC Focus for June 22 Exam

As per Dr Vasant Kothari's Books

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