

MPC - 003 Personality: Theories and Assessment

Dec 2021 Exam



EXAM **FOCUS**

Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

Please note that these are the

MUST READ TOPICS

and

NOT THE ONLY READ Topics

Also, the Guesses **are not expected** to be exact we used our logic of analysis and you can follow it **at your discretion**

Just one request....kindly don't ask for any clarification regarding this document

Please use it as per your understanding

Thank you!!

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Important Topics

Name of the Subject	Success %					
	Dec 18	June 19	Dec 19	June 20	Dec 20	June 21
Cognitive	96%	100%	100%	100%	68%	94%
Lifespan	100%	74%	94%	94%	94%	88%
Personality	100%	74%	100%	76%	100%	100%
Social	68%	88%	94%	88%	88%	100%
Research	70%	84%	100%	96%	100%	94%
Statistics	88%	100%	100%	94%	82%	100%

Question Repeats % in Exam

Name of the Subject	Question Repeats %					
	Dec 18	June 19	Dec 19	June 20	Dec 20	June 21
Cognitive	96%	94%	100%	100%	100%	94%
Lifespan	100%	88%	94%	100%	100%	100%
Personality	100%	94%	100%	94%	100%	100%
Social	64%	84%	88%	94%	94%	94%
Research	94%	100%	100%	100%	100%	100%
Statistics	100%	100%	100%	92%	88%	100%



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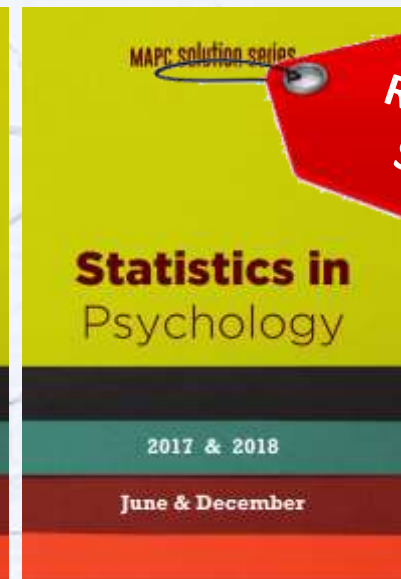
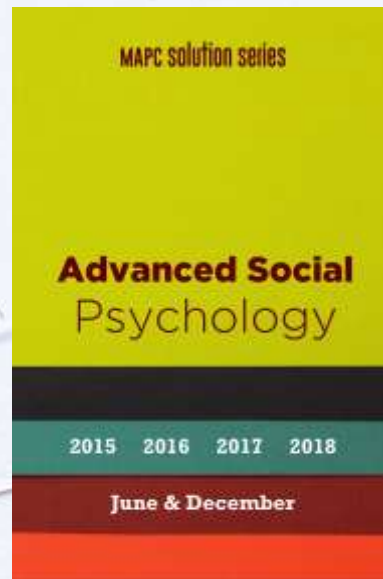
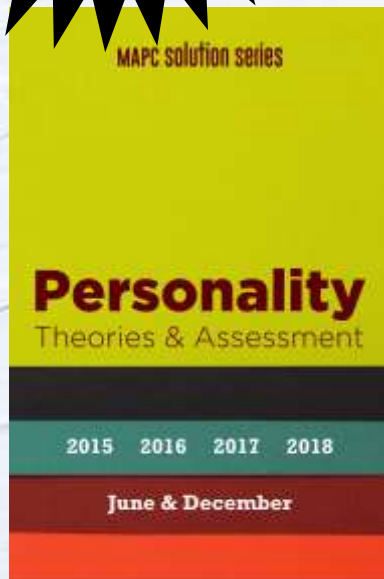
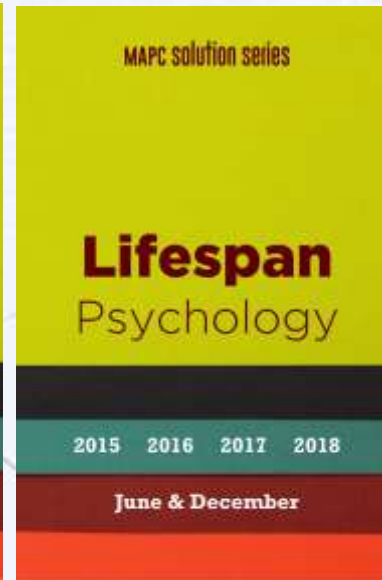
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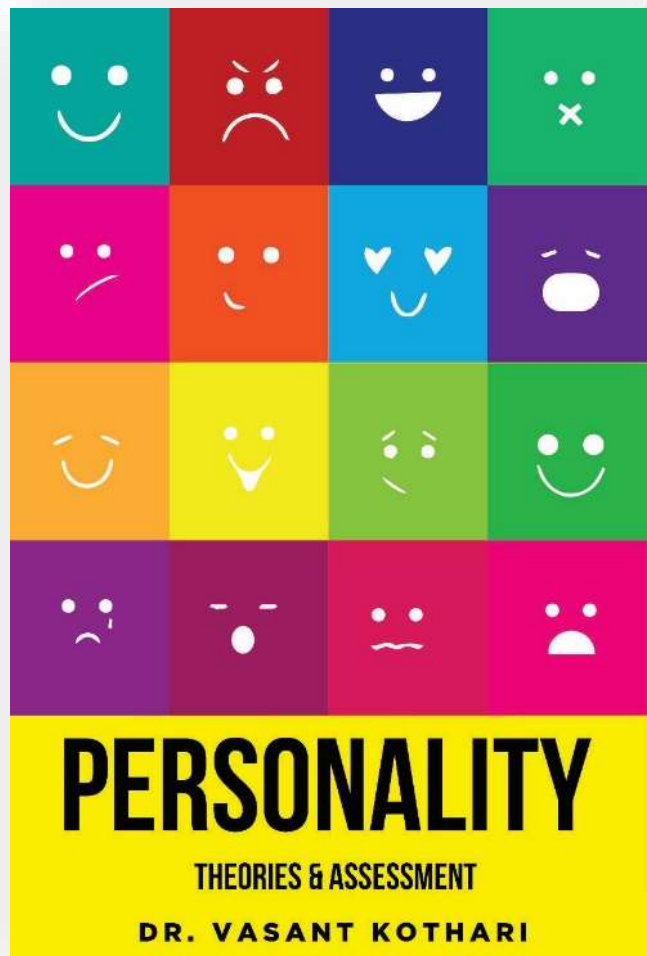
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READ what is NECESSARY

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ERR For the people who are following this book which is specially written for **MAPC IGNOU Students**



Personality: Theories & Assessment

by Dr Vasant Kothari

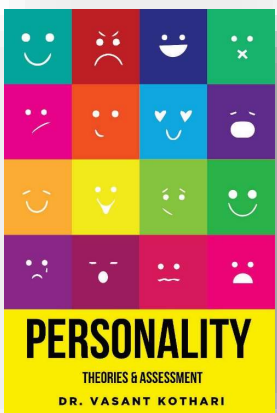
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MUST READ TOPICS

Dec 2021 Exam

Chapter No.	Topic No.				
1	1.1	1.2	1.2.1	1.2.2	**
2	2.2.1	2.2.3	**	**	**
3	3.1	3.2.3	3.2.4	**	**
4	4.1	4.1.5/6	4.2	4.4	4.7
5	5.1(.2.1)	5.2	5.3	5.3.5	5.3.6
6	6.2	6.2.2	6.2.3	6.2.4	**
7	7.1.1	7.1.2	7.2	7.2.2/3/4	**
8	8.1	8.2	8.3.2	8.4	**
9	9.1	9.2	9.3	9.5	9.6
10	10.1.1	10.2	**	**	**
11	11.1	11.3	11.6/7	11.9/11	11.10/11/12.1
12	12.2.1	12.2.2	12.3	**	**
13	13.3	13.4	**	**	**
14	14.1 (.1.3/4/5/6)	14.2.3/4	14.3 (.1 & .2)	14.4 (.1 & .2)	**
15	15.2	15.3	15.3	15.4	15.4.1
16	16.1	16.1.3	16.3	16.3.1	**

Please do all sub points unless and until specified



This document contains
topics in Q & A Format only
for the **IMPORTANT**

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Read ONLY
what is
IMPORTANT

TOPICS as per
MAPC Focus

MAPC EXAM GUIDE

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MPC-003

Personality

All Important Topics as per MAPC Focus

Prediction of Important Topics

Past Performance (MPC-003)

Dec 18 100%

June 19 74%

Dec 19 100%

June 20 76%

Dec 20 100%

June 21 100%

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Block-1 Personality Theories and Assessment

Unit 1 - Definition and Concept of Personality and Personality Development

- Definition and Concept of Personality
- Personality Development
- Biological Factors
- Psychological factors

Unit 2 -State Trait Approaches to Personality

- Allport's Trait Approach
- Eysenck's Type/Trait Hierarchy

Unit 3 - Assessment of Personality

- Needs and Aims of Assessment
- Interview
- Classification of Projective Techniques
- The Rorschach Inkblot Technique
- The Holtzman Inkblot Test
- Limitations of the Projective Tests

Unit 4 - Key Issues in Personality

- Genes and Personality
- Infant Shyness
- Anti-social Personality Disorder
- The Person-Situation Controversy
- Nomothetic Approach versus Idiographic Approach to Personality
- Issues Relating to Theoretical Models

Please do all sub points unless and until specified

Block-2 Theories of Personality-I

Unit 1 - Psychodynamic Theory

- Sigmund Freud's Psychoanalytic Theory
- Dynamic or structural model
- Defense Mechanisms
- Karen Horney: Social Foundation of Personality
- Sullivan's Theory of Personality
- Personifications
- Developmental Epochs

Unit 2 - Social Cognitive Theory of Personality

- Albert Bandura's Social Learning theory
- Self-system
- Principles of Observational Learning
- Vicarious Learning

Unit 3 - Learning Theory of Personality

- Process of Classical Conditioning
- B. F. Skinner: Learning Theory of Personality
- Operant Behaviour
- Schedule of Reinforcement
- Aversive Stimuli
- Secondary Reinforcement

Unit 4 - Humanistic and Self Theory

- Humanistic and Self Theories of Personality
- Abraham Maslow: Humanistic Approach of Personality
- Self-actualization
- Maslow's vs Roger's

Please do all sub points unless and until specified

Block-3 Theories of Personality-II

Unit 1 - A Dispositional Theory of Personality

- Definition of Personality
- Concept of Traits and personal Dispositions
- Types of Traits
- Functional Autonomy
- The Mature Personality

Unit 2 - A Trait Theory of Personality

- The Formula for Personality
- Categories of Traits

Unit 3 - A Trait-Type Theory of Personality

- Type theory of personality
- Sheldon's Somatotype Personality
- Ayurvedic Body Types
- Type A and Type B Personality
- Block's Personality Types
- Eysenck's Trait Type Theory
- Three Dimensions of Personality
- Neurophysiological basis of Traits and Types
- Extraversion and Cortical Arousal
- Differences between Introverts and Extroverts

Unit 4 - The Big Five Factors

- **SKIP THIS UNIT**

Please do all sub points unless and until specified

Block-4 Assessment of Personality

Unit 1 - Introduction to Assessment and Testing

- Meaning and Purpose of Personality Assessment
- Testing and Measurement Concepts

Unit 2 - Approaches to Personality Assessment

- Self-Report Personality Tests (Inventory)
- Strengths and Weaknesses of Self-report Tests
- Faking in Personality Inventories
- Measures to Avoid Faking
- Methods to Overcome Weaknesses in Self-report Tests
- Myers Briggs Type Indicator (MBTI)
- Minnesota Multiphasic Personality Inventory (MMPI)
- Projective Techniques
- Classification of Projective Techniques
- Strengths and Weaknesses of Projective Techniques
- Behavioural Assessments
- Observation Techniques
- Situational Tests

Unit 3 - Behavioural Assessment

- Definition of Behavioural Assessment
- Functional Behavioral assessment
- Types of Behavioral assessments
- Case Study Method
- Purpose of Case Study Method
- Interview Method
- Strengths and Weaknesses of Interview Method

Unit 4 - Other Measures of Personality

- Self-Report Questionnaires and Inventories
- Neo-Personality Inventory (NEO-PI)
- Apperception Test
- Thematic Apperception Test (TAT)

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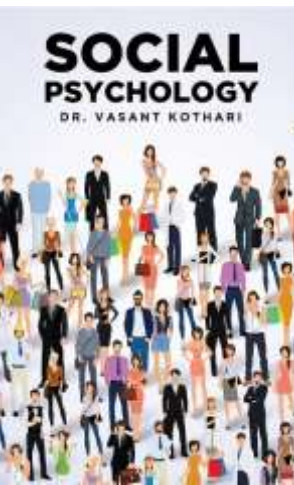
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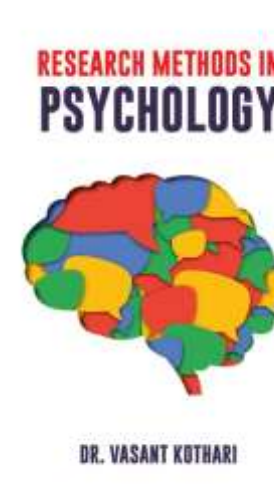
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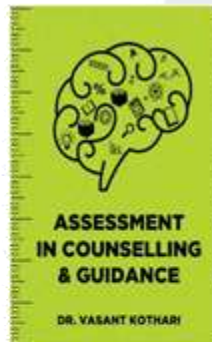
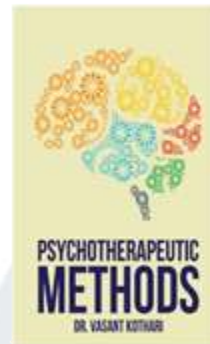
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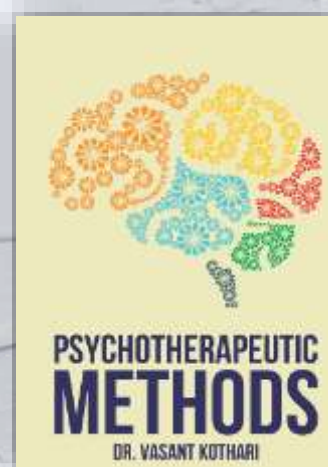
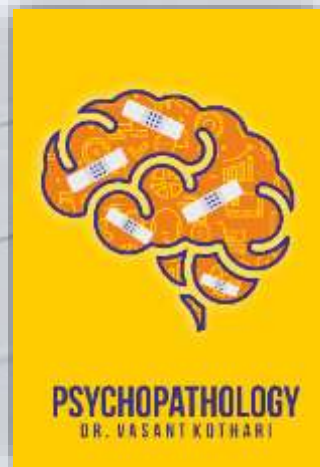
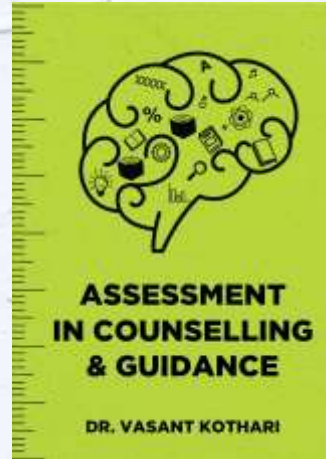
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MAPC Focus for June 22 Exam

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