

MPEC - 022 Assessment In Counselling And Guidance

Dec 2021 Exam



EXAM **FOCUS**

Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

Please note that these are
MOST IMPORTANT TOPICS/UNITS

and

NOT THE ONLY IMPORTANT Topics/Units

Also, the Guesses are

not expected to be exact

We used our logic of analysis and you can

follow it at your discretion

Kindly don't ask for any clarification regarding this document

Please use it as per your understanding

Thank you!!

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Past Performance

Important Topics

Success %						
Name of the Subject	Dec 18	June 19	Dec 19	June 20	Dec 20	June 21
Counselling Psychology	100%	70%	100%	76%	96%	94%
Assessment In Counselling And Guidance	92%	40%	82%	94%	100%	94%
Interventions In Counselling	100%	88%	88%	100%	78%	100%

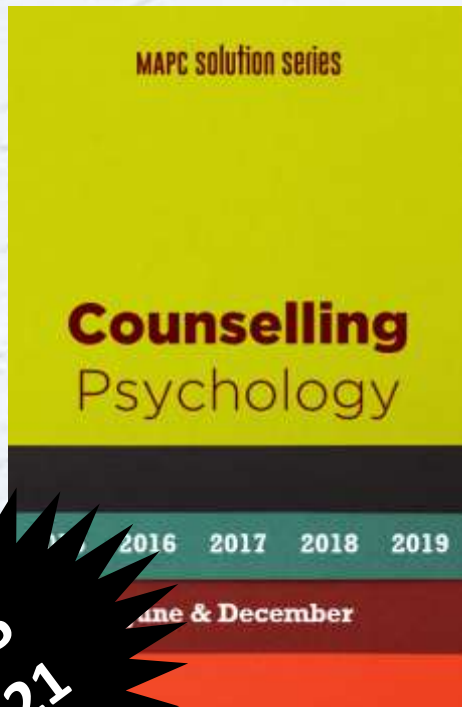
Question Repeats % in Exam

Question Repeats %						
Name of the Subject	Dec 18	June 19	Dec 19	June 20	Dec 20	June 21
Counselling Psychology	76%	100%	76%	100%	88%	94%
Assessment In Counselling And Guidance	80%	82%	94%	88%	100%	100%
Interventions In Counselling	94%	88%	100%	100%	100%	100%



Delivery starts on
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MAPC EXAM GUIDE

For Dec 2021 Exam

MPCE-021

Calling Psychology

All Important Topics as per MAPC Focus

MAPC EXAM GUIDE

For Dec 2021 Exam

MPCE-022

Assessment In Counselling

All Important Topics as per MAPC Focus

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For Dec 2021 Exam

MPCE-023

Interventions In C

All Important Topics as per MAPC Focus

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study load
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Available
during
Exam

READ what is NECESSARY

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ERR For the people who are following this book which is specially written for MAPC IGNOU Students

Assessment in Counselling and Guidance

by Dr Vasant Kothari

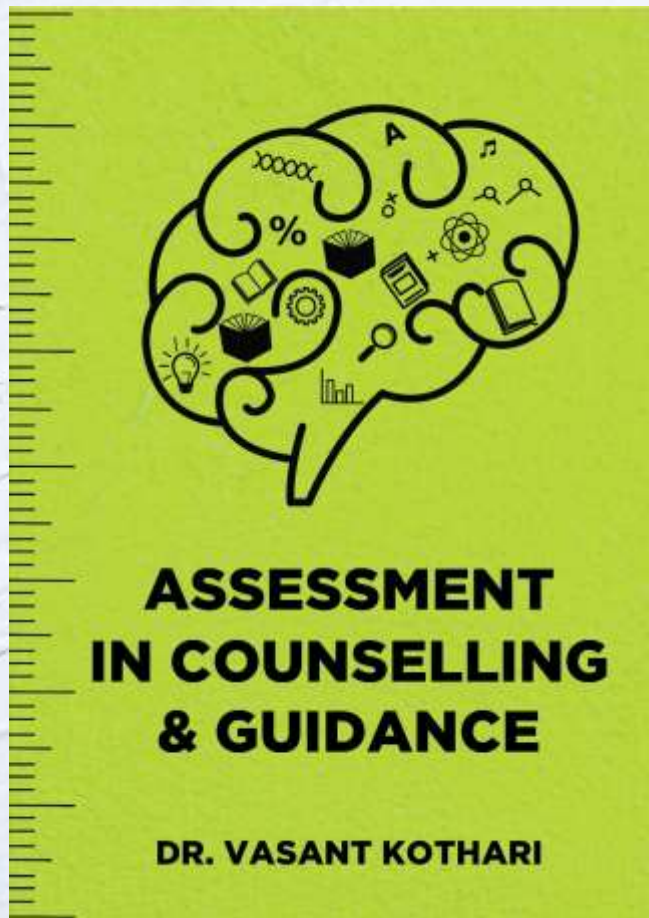
ISBN: 978-81-935047-8-9

Pages: 248

Price: ~~Rs 400~~ → Rs 320

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MUST READ TOPICS for Dec 2021 Exam

ASSESS
IN COUNS
& GUIDA
DR. VASANT

Chapter No.	Topic No.				
1	1.1/2	1.3/4	1.5/6	1.7/8	1.11
2	2.1	2.4	**	**	**
3	3.1.2	3.2	3.3	3.4	**
4	4.1	4.3	4.4	4.4.5	4.5
5	5.1	5.1.2	5.2	5.2.1	5.2.3
6	6.1.1.1	6.1.2	6.2.1	6.2.2	**
7	7.1	7.1.4/	7.1.4	7.2	7.3
8	8.1	8.1.2	8.2	8.4	8.5
9	9.2	9.4	9.5	9.7	**
10	10.2	10.2.2/3	10.3	10.3.3	10.4
11	11.2	11.2.1	11.4	**	**
12	12.1	12.1.2	12.2	**	**
13	13.3	13.5	**	**	**
14	14.2	14.2.4	14.2.5	**	**
15	15.1	15.1.3	15.1.4	15.1.5	**
16	16.1.2.1	16.1.2.2	**	**	**
17	17.1.2	17.1.3	17.2	17.2.2	**
18	18.1.2/4/5/6/8	18.2.2	18.2.4	18.3	18.3.3

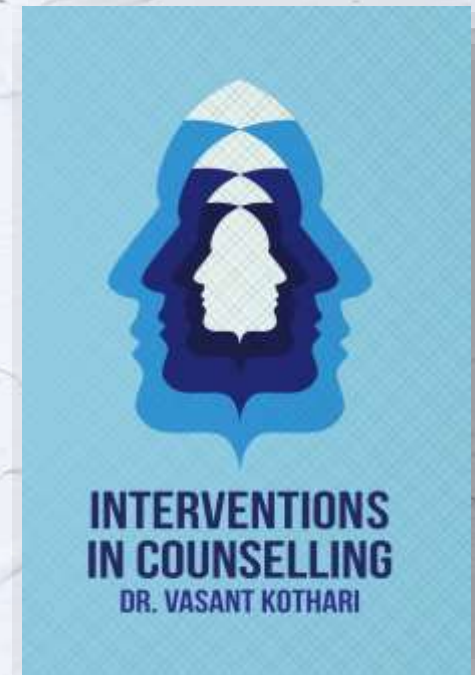
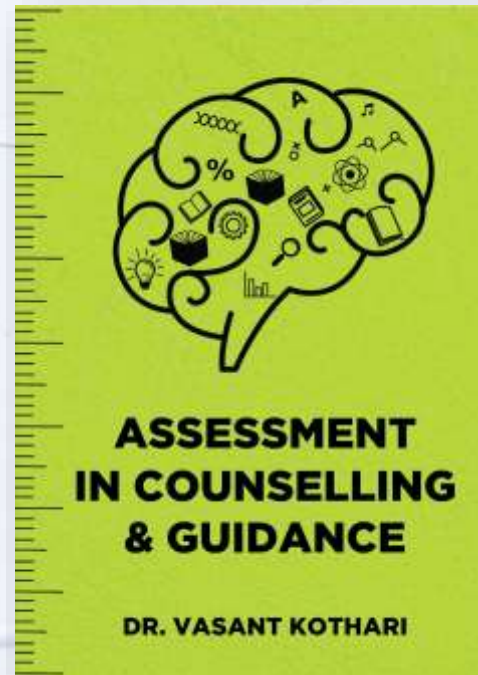
Above data is purely based on **ASSUMPTIONS**

Please do all sub points unless and until specified



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Simple Language & Precise Content

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960+30



This document contains
topics in Q & A Format only
for the **IMPORTANT**

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Read ONLY
what is
IMPORTANT

TOPICS as per
MAPC Focus

MAPC EXAM GUIDE

For Dec 2021 Exam

MPCE-022

Assessment In Counselling

All Important Topics as per MAPC Focus

Prediction of Important Topics

Past Performance (MPCE-022)

Dec 18	80%
June 19	82%
Dec 19	94%
June 20	88%
Dec 20	100%
June 21	100%

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Block-1 Introduction

Unit 1 - Introduction to Assessment: Definition, Description and Differentiating Between Testing and Assessment

- Meaning of Psychological Assessment
- Purpose of Assessment
- Principle of Assessment
- Process of Assessment
- Methods of Assessment
- Meaning of Psychological Testing
- Difference between Psychological Assessment and Psychological Testing
- Purpose of Psychological Testing
- Types of Psychological Tests

Unit 2 -Assessment Complexities

- Meaning of Assessment Complexities
- Errors in Assessment

Unit 3 - The Ambience and Climate needed for Assessment and Counseling

- Initial Counselling Skills
- Counselling Setting
- Mind Set of the Client
- Pre -Counselling Interview

Unit 4 - Determination of Aspects to be Covered

- Psychological Assessment: Objective and Subjective Approach
- Components of Assessment
- Skills of Assessing
- Developing Counselling Goals
- Areas of Assessments

Please study all sub points unless and until specified

Block-2 Approaches to Assessment in Counselling

Unit 1 - Interview, Case History and Testing

- Interview
- Case History Interview
- Case History Interviews
- Basic Issues in Case History
- Case History Taking (Format)
- Mental Status Examination

Unit 2 - Approaches to Counselling: Psychodynamic and Cognitive Approaches

- Basic Concepts of Freudian Psychodynamic Theory
- Neo-Freudian Psychodynamic Theories (All topics)
- Cognitive Counselling Approach
 - Aaron Beck
 - Albert Ellis
 - Alfred Adler

Unit 3 - The Person Centered Approach to Assessment and Counselling

- Basic Concepts
- Self Concept and Ideal Self
- Positive Regards
- Therapeutic Process of Counselling

Unit 4 - The Narrative Approach to Assessment and Counseling

- Basic Concepts
- Fundamentals of Narrative Therapy
- Techniques and Objectives of Narrative Therapy
- Goals and Steps in Narrative Counselling
- Exploration and Deconstruction

Please study all sub points unless and until specified

Block-3 Assessment in Counselling and Guidance

Unit 1 - The Counseling Setting and the Role of Counselors in Guidance and Counseling

- Diff between Guidance and Counselling
- Counseling Goals
- Role of Counselors in Guidance and Counseling

Unit 2 - Individual and Group Techniques in Counseling and Guidance

- Affective Approach Gestalt
- Goals
- Techniques
- Behavioural Counselling
- Techniques
- Rational Emotive Therapy
- Individual vs Group Counselling
- Group Counselling
- Similarities & Differences: Individual and Group Counselling

Unit 3 - Counseling and Guidance for Career Planning and Decision Making

- Interrelation between Counseling and Career Planning
- Decision Making

Unit 4 - Multicultural Counseling and Guidance: Role of Counselors in Preventing Illness and Promoting Positive Health

- Client and Counsellor in Multicultural Counseling
- Understanding Illness: Its Causes and Prevention
- Principles for Reducing Risk and Promoting Health
- Practical Steps for Reducing Risk and Promoting Health

Please study all sub points unless and until specified

Block-4 Organising and Planning Counselling and Guidance

Unit 1 - Introduction to Developing Guidance and Counselling Programme

- School Guidance Programme
- Need for Guidance and Counselling Programme
- Role of Guidance and Counseling Functionaries
- Various Guidance Services in School Guidance and Counseling Programme

Unit 2 - Rationale and Purpose of Guidance and Counselling Programme

- Need for Guidance at Micro Level
- Need for Guidance at Macro Level

Unit 3 - Organising and Evaluation of Guidance and Counselling Programme

- Components of guidance and counselling programme
- Guidance Calendar
- Organising Guidance and Counselling Programme at Elementary Stage
- Objectives and Activities for Elementary Stage

Unit 4 - Methods of Evaluation

- Purpose of Evaluation
- Characteristics of Evaluation
- Goals of Evaluation
- Types of Evaluation
- Criteria for evaluation
- Basic steps of Evaluation
- Accountability Bridge Model
- Methods of Evaluation
- Experimental Method



Delivery starts on
6th Dec 2021

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Assignment Container

PSYCHOPATHOLOGY
MPCE-011

PSYCHODIAGNOSTICS
MPCE-012

PSYCHOTHERAPEUTIC METHODS
MPCE-013

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- Answers in prescribed word limits
- Least content from IGNOU Books
- Table, charts, brain maps to enhance the look of the assignment
- Rs 99 per subject (Rs 297 for All)
- e-book form (PDF File)

Assignment Container

COUNSELLING PSYCHOLOGY
MPCE-021

ASSESSMENT IN COUNSELLING
AND GUIDANCE
MPCE-022

INTERVENTIONS IN COUNSELLING
MPCE-023

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Ready Synopsis & Project

- ▶ Topic will be Ours
- ▶ It will cost Rs 5000 (Fixed Rate and No part payment)
- ▶ You need to take care of Guide (Go for Cooperative Guide)
- ▶ Synopsis within one week and Project after 6 months (before submission)
- ▶ No topic REPEATS
- ▶ Changes not allowed in ready synopsis & project
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- ▶ Synopsis and Project will be there in Word file
- ▶ Explanation of DATA ANALYSIS for VIVA
- ▶ Whatsapp on 7303827268

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of your MAPC IGNOU Research project work

send your...



- Synopsis
- Questionnaire
- Data file (Excel)

to

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You will get

- Data analysis with graphs
- Interpretation of analysis
- Standard format for writing analysis
- Explanation of analysis for viva

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*Personal visit not required for data analysis
All communication will be only through mobile & email*

MAPC Focus for June 22 Exam

As per Dr Vasant Kothari's Books

Will Release on 15th Feb 2022



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on
7303827268**