

MPEC - 011 Psychopathology

June 2022 Exam



EXAM **FOCUS**

# Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

For all the latest updates on IGNOU MAPC Course  
Telegram Channel



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# Past Performance

## Important Chapters/Units

Success %									
Name of the Subject	Dec 17	June 18	Dec 18	June 19	Dec 19	June 20	Dec 20	June 21	Dec 21
Psychopathology	88%	82%	88%	82%	88%	88%	100%	100%	NA
Psychodiagnostics	100%	100%	100%	88%	88%	94%	94%	94%	NA
Psychotherapeutic Methods	88%	88%	100%	88%	88%	100%	94%	100%	NA

# Past Performance

## Important Topics

Success %							
Name of the Subject	Dec 18	June 19	Dec 19	June 20	Dec 20	June 21	Dec 21
Psychopathology	94%	94%	88%	76%	100%	100%	100%
Psychodiagnostics	70%	80%	88%	90%	86%	100%	96%
Psychotherapeutic Methods	100%	100%	76%	96%	84%	94%	88%

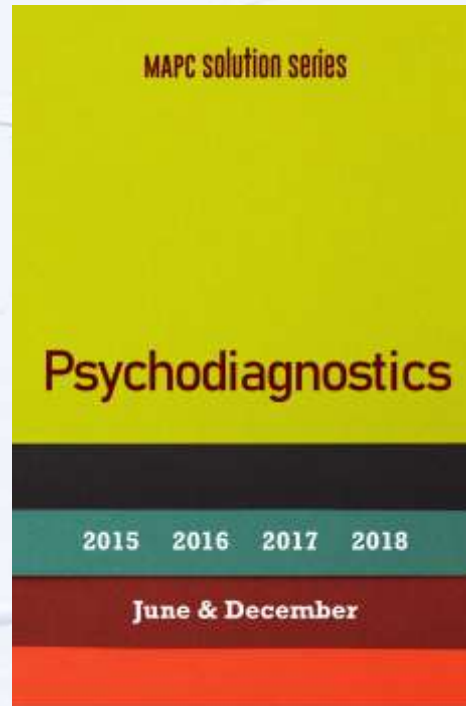
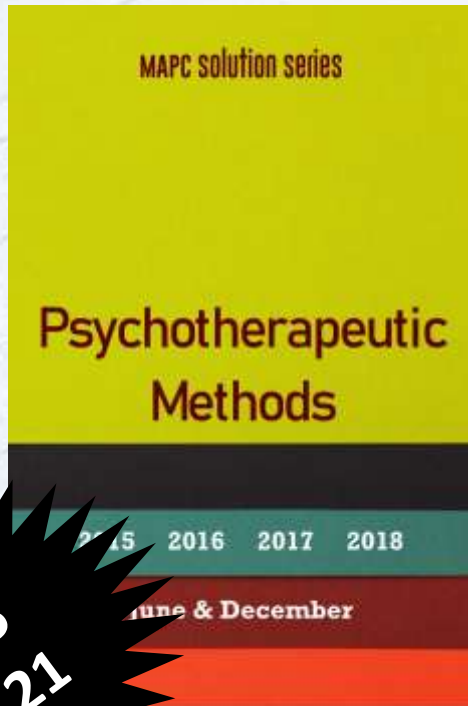
# Question Repeats % in Exam

Question Repeats %							
Name of the Subject	Dec 18	June 19	Dec 19	Jun 20	Dec 20	June 21	Dec 21
Psychopathology	94%	88%	92%	100%	100%	94%	100%
Psychodiagnostics	88%	100%	94%	96%	86%	100%	94%
Psychotherapeutic Methods	100%	100%	94%	100%	100%	94%	100%



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Rs 125 per Subject

June 15 to Dec 21

E-book

MAPC Solved Question Papers

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# SAMPLE DATA

**Deeper Analysis shows priority of Units or Chapter of respective Blocks or books**

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	4	1	1,2	1	3
2	1,3	2	2	2	4
3	3	3	1	3	2,4
4	4	4	2,3	4	1
<b>49% of Questions</b>		<b>35% of Questions</b>		<b>16% of Questions</b>	
<b>39 Marks</b>		<b>28 Marks</b>		<b>13 Marks</b>	

Should not missed these Units at any cost to PASS the exam

Should not missed these Units at any cost to PASS the exam

Can study these Units for SCORING purpose only





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For June 2022 Exam

**MPCE-012**

**Psychodiagnostics**

All Important Topics as per MAPC Focus

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**Psychother**

All Important Topics

Rs 150 per  
Subject

Reduce  
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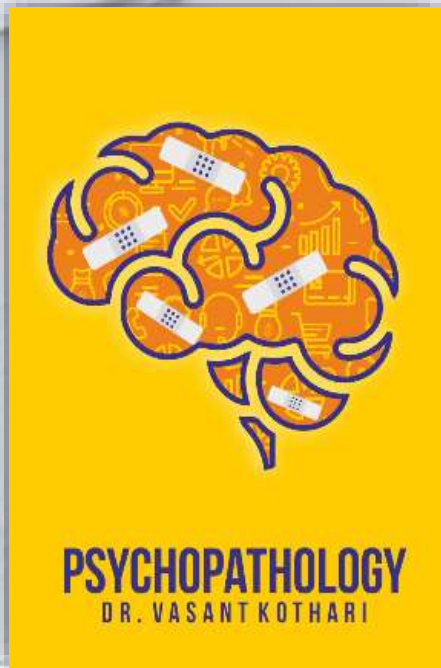
**READ what is NECESSARY**

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1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	3,4	1	**	1	1,2
2	1,4	2	3	2	2
3	2	3	1	3	3,4
4	2,3	4	1	4	4
5	4	5	**	5	1,2,3
61% of Questions		15% of Questions		24% of Questions	
48 Marks		12 Marks		19 Marks	

It has been observed that **Block 1 & 2 are the most important** as more than 50% questions in the exam comes from these only, so you should not miss these Blocks at any cost

# MUST READ Chapters for June 2022 Exam



**Exam Focus** For the **people** who are **following this book** which is specially written for **MAPC IGNOU Students**

## Psychopathology

by **Dr Vasant Kothari**

ISBN: 978-81-943314-2-1

Pages: 288

Price: ~~Rs 400~~ → **Rs 320**

Available for purchase at [www.springseason.in](http://www.springseason.in) & **Amazon**

1st Priority
Chapter No.
<b>3,4,5,8, 10,14,15, 20</b>
<b>61% of Questions</b>
<b>48 Marks</b>

2nd Priority
Chapter No.
<b>7,9,13</b>
<b>15% of Questions</b>
<b>22 Marks</b>

3rd Priority
Chapter No.
<b>1,2,6,11, 12,16,17, 18,19</b>
<b>24% of Questions</b>
<b>19 Marks</b>

It has been observed that **Chapter No. 3,4 & 8 are the most important** as approximately **30%** questions in the exam comes from these only, so you should not miss these chapters at any cost

Above INFO is purely based on **DATA ANALYSIS**

# MUST READ TOPICS for June 2022 Exam

Chapter No.	Topic No.				
1	1.3.2	1.3.3	1.3.4	**	**
2	2.1.1	**	**	**	**
3	3.3	3.5	**	**	**
4	4.1	4.1.1/4	4.2	4.3.1/2/4/5	**
5	5.2	5.2.2/3	5.3.3	5.3.3.1/2	**
6	6.1	6.1.3	6.2.3	6.2.4	**
7	7.1	7.5	7.5.2	7.7	**
8	8.1	8.1.1.1/2/3/4/5	8.2	8.2.1.1/2	8.2.3/4
9	9.2.1	9.2.2	9.3	9.3.2	**
10	10.2	10.3	10.4	10.5	**
11	11.1	11.1.1	11.1.2	11.1.5	**
12	12.1	12.1.3.1	12.1.3.2	12.1.3.4	12.1.4
13	13.4	13.4.4	**	**	**
14	14.1.2/3	14.2	14.3	14.5	**
15	15.2	15.3	15.4	15.5.1	15.5.2
16	16.1.1	16.1.3	**	**	**
17	17.1	17.1.3	17.2	**	**
18	18.1.2	18.1.3	18.1.4	18.1.5	**
19	19.1	19.2	**	**	**
20	20.2	**	**	**	**

Above data is purely based on **ASSUMPTIONS**

Please do all sub points unless and until specified

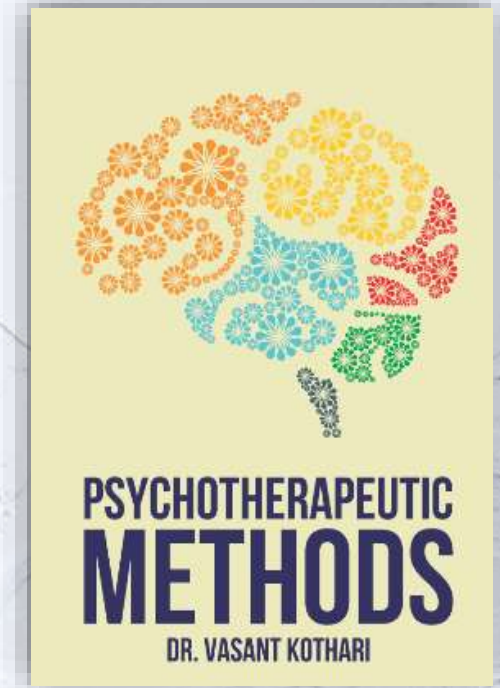
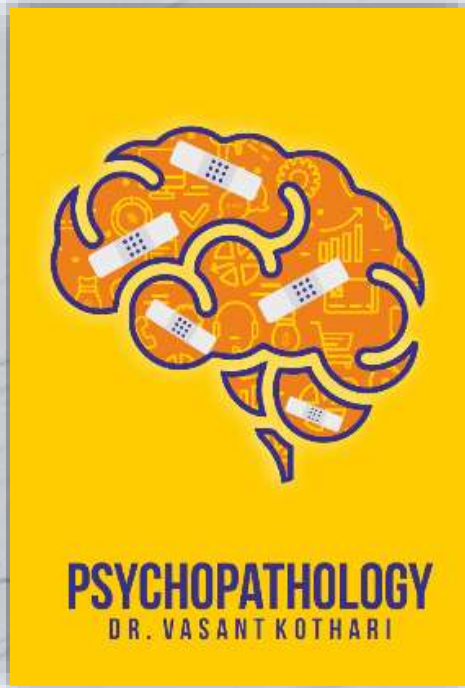


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Simple Language & Precise Content

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This document contains  
topics in Q & A Format only  
for the **IMPORTANT**  
**TOPICS** as per  
MAPC Focus

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Read ONLY  
what is  
**IMPORTANT**

# MAPC EXAM GUIDE

For June 2022 Exam

**MPCE-011**

**Psychopathology**

All Important Topics as per MAPC Focus

## Prediction of Important Topics

### Past Performance (MPCE-011)

Dec 18	94%
June 19	88%
Dec 19	92%
June 20	100%
Dec 20	100%
June 21	94%
Dec 21	100%

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## Block-1 Foundations of Psychopathology

### Unit 1 - A Brief History of Psychopathology

- Psychoanalytic Approach
- Humanistic Approach
- Behavioural Approach

### Unit 2 - Classification of Psychopathology: DSM IV TR

- Approaches to the Classification of Psychopathology

### Unit 3 - Developmental Pathogenesis

- Biological Causes
- Parenting Styles
- Parental Psychopathology
- Parenting Styles
- Socio Cultural Causes

### Unit 4 - Childhood Mental Disorders

- Pervasive Developmental Disorders
- Autistic Disorder
- Childhood Disintegrative Disorder (CDD)
- Attention Deficit Hyperactive Disorders (ADHD)
- Oppositional Defiant Disorder
- Conduct Disorder
- Tick Disorders
- Childhood Depression

## Block-2 Generalized Anxiety Disorder and Other Mild Mental Disorders

### Unit 1 - Anxiety Disorders, Panic and Phobias

- Panic Attack: Symptoms and Clinical Features
- Epidemiology of Panic Attacks
- Aetiology of Panic Disorder
- A Case Study of Specific Phobia
- Aetiology of Phobic Disorder

### Unit 2 - Generalised Anxiety Disorder and Obsessive Compulsive Disorder

- Generalised Anxiety Disorder
  - Symptoms and clinical features.. Aetiology..
- A Case Study of Obsessive Compulsive Disorder
- Obsessive Compulsive Disorder
  - Aetiology .. Treatment

### Unit 3 - Post Traumatic Stress Disorder (PTSD)

- Post- Traumatic Stress Disorder: Symptoms and Clinical Features
- Aetiology
- Prevention and Treatment

### Unit 4 - Somatoform Disorder and Dissociative Disorder

- Somatoform Disorders: Symptoms and Clinical Features
- Pain Disorder... Hypochondriasis...
- Conversion Disorder..
- Body Dysmorphic Disorder
- Dissociative Disorders: Symptoms and Clinical Features
- Dissociative Amnesia and Fugue
- Aetiology of Obsessive Dissociative Disorders
- Treatment of Dissociative Disorders



Block-3 Mood Disorders	
<b>Unit 1 - Mild, Moderate and Major Depressive Disorder</b>	
<ul style="list-style-type: none"><li>• Symptoms of Mild Depression</li><li>• Dysthymic Disorder</li><li>• Major Depressive Disorder</li><li>• Causes of Major Depression</li></ul>	
<b>Unit 2 - Bipolar Disorder</b>	
<ul style="list-style-type: none"><li>• Bipolar Disorder</li><li>• Classification of Bipolar Disorder</li><li>• Causes of Bipolar Disorder</li><li>• Treatment</li></ul>	
<b>Unit 3 - Other Mood Disorders: Mood Disorder due to General Medical Condition</b>	
<ul style="list-style-type: none"><li>• Mood Disorder Due to General Medical Condition</li><li>• Parkinson Disease</li><li>• Multiple Sclerosis</li><li>• Parathyroid Disorder</li></ul>	
<b>Unit 4 - Substance Induced Mood Disorder</b>	
<ul style="list-style-type: none"><li>• Substance Induced Mood Disorder</li><li>• Depressants</li><li>• Stimulants</li><li>• Hallucinogens</li><li>• Aversion Therapy</li></ul>	

## Block-4 Schizophrenia and Other Psychotic Disorders

### Unit 1 - Schizophrenia: Etiology, Neurocognitive Functioning and Interpersonal Aspects

- Treatment of Schizophrenia
- Metacognitive Training

### Unit 2 - Paranoid and Delusional Disorder

- Definition of Paranoia
- Symptoms of Paranoia
- Kinds of Paranoia
- Causes of Paranoia
- Delusional Disorder
- Characteristic Features
- Types of Delusional Disorder
- Treatment Approaches to Paranoia and Delusional Disorder

### Unit 3 - Psychotic Disorder due to General Medical Condition

- Symptoms of Psychotic Disorders
- Types of Psychotic Disorders
- Causes of Psychotic Disorders
- Types of Delusions
- Hallucinations
- Causes of Psychotic Disorders due to medical conditions

### Unit 4 - Substance Induced Psychotic Disorder

- Causes of Substance Induced Psychotic Disorders
- Essential Features of Substance Induced Psychotic Disorders

MUST READ TOPICS for June 2022 Exam

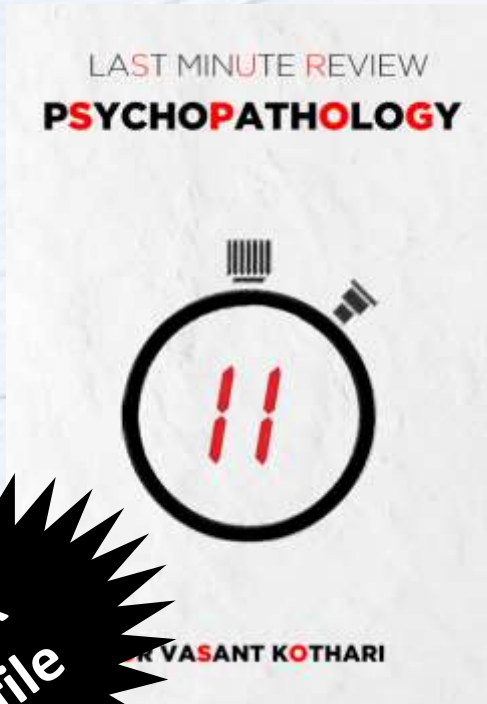
Please do all sub points unless and until specified

Block-5 Personality Disorders	
<b>Unit 1 - Borderline Personality Disorder</b>	
<ul style="list-style-type: none"><li>• Personality Disorders (Clusters)</li><li>• Cluster C</li><li>• Borderline Personality Disorder</li></ul>	
<b>Unit 2 - Narcissistic Personality Disorder</b>	
<ul style="list-style-type: none"><li>• Diagnostic Features of Narcissistic Personality Disorder</li><li>• Subtypes of Narcissistic Personality Disorder</li><li>• Causes of Narcissistic Personality Disorder</li><li>• Treatment of Narcissistic Personality Disorder</li></ul>	
<b>Unit 3 - Dependent and Histrionic Personality Disorder</b>	
<ul style="list-style-type: none"><li>• Dependent Personality Disorder</li><li>• Histrionic Personality Disorder</li><li>• Diagnostic Features of Histrionic Personality Disorder</li><li>• Causes of Histrionic Personality Disorder</li><li>• Treatment of Histrionic Personality Disorder</li></ul>	
<b>Unit 4 - Schizoid and Paranoid Personality Disorder</b>	
<ul style="list-style-type: none"><li>• Paranoid Personality Disorder</li></ul>	



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- ▶ Topic will be Ours
- ▶ It will cost Rs 5000 (Fixed Rate and No part payment)
- ▶ You need to take care of Guide (Go for Cooperative Guide)
- ▶ Synopsis within one week and Project after 6 months (before submission)
- ▶ No topic REPEATS
- ▶ Changes not allowed in ready synopsis & project
- ▶ If synopsis rejected.. Then new synopsis at no additional cost
- ▶ Synopsis and Project will be there in Word file
- ▶ Explanation of DATA ANALYSIS for VIVA
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# Assignment Container For Clinical & Counselling

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## Assignment Container

PSYCHOPATHOLOGY  
MPCE-011

PSYCHODIAGNOSTICS  
MPCE-012

PSYCHOTHERAPEUTIC METHODS  
MPCE-013

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- Answers in prescribed word limits
- Least content from IGNOU Books
- Table, charts, brain maps to enhance the look of the assignment
- Rs 99 per subject (Rs 297 for All)
- e-book form (PDF File)

## Assignment Container

COUNSELLING PSYCHOLOGY  
MPCE-021

ASSESSMENT IN COUNSELLING  
AND GUIDANCE  
MPCE-022

INTERVENTIONS IN COUNSELLING  
MPCE-023

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- Synopsis
- Questionnaire
- Data file (Excel)

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You will get

- Data analysis with graphs
- Interpretation of analysis
- Standard format for writing analysis
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*Personal visit not required for data analysis  
All communication will be only through mobile & email*



# MAPC Focus for Dec 22 Exam

**As per Dr Vasant Kothari's Books**

Will Release on 1<sup>st</sup> **Sep** 2022



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