

MPEC - 022 Assessment In Counselling And Guidance

Jun 2022 Exam



EXAM **FOCUS**

Disclaimer

Please note that all the suggestions and observations are based on the STATISTICAL analysis of the previous year question papers. So studying only books/blocks/units/points given in this booklet may be risky, as University can change the question paper pattern and questions at any time.

Further, all marking details and patterns related to respective exam and blocks are exhibited for respective subjects so that one can easily make decisions/assumptions and follow the same for the study.

Though important books/blocks/units/points are given in this booklet but it is strongly advisable to go through the entire content provided by the University.

Please note that these are
MOST IMPORTANT TOPICS/UNITS

and

NOT THE ONLY IMPORTANT Topics/Units

Also, the Guesses are

not expected to be exact

We used our logic of analysis and you can

follow it at your discretion

Kindly don't ask for any clarification regarding this document

Please use it as per your understanding

Thank you!!

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Past Performance

Important Chapters/Units

Prediction Success %

Name of the Subject	Dec 17	June 18	Dec 18	June 19	Dec 19	June 20	Dec 20	Jun 21	Dec 21
Counselling Psychology	88%	88%	100%	100%	100%	76%	80%	100%	NA
Assessment In Counselling And Guidance	100%	91%	88%	100%	100%	88%	94%	68%	NA
Interventions In Counselling	88%	100%	100%	88%	100%	88%	88%	80%	NA

Past Performance

Important Topics

Prediction Success %

Name of the Subject	Dec 18	June 19	Dec 19	June 20	Dec 20	June 21	Dec 21
Counselling Psychology	100%	70%	100%	76%	96%	94%	100%
Assessment In Counselling And Guidance Interventions In Counselling	92%	40%	82%	94%	100%	94%	100%
	100%	88%	88%	100%	78%	100%	100%

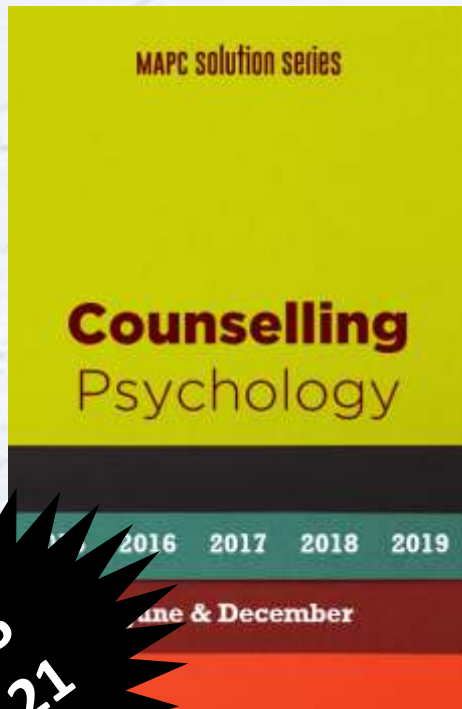
Question Repeats % in Exam

Question Repeats %							
Name of the Subject	Dec 18	June 19	Dec 19	June 20	Dec 20	June 21	Dec 21
Counselling Psychology	76%	100%	76%	100%	88%	94%	100%
Assessment In Counselling And Guidance	80%	82%	94%	88%	100%	100%	100%
Interventions In Counselling	94%	88%	100%	100%	100%	100%	100%



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June 15
to Dec 21

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MAPC 5 Years Solved Question Papers

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SAMPLE DATA

Deeper Analysis shows priority of Units or Chapter of respective Blocks or books

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	4	1	1,2	1	3
2	1,3	2	2	2	4
3	3	3	1	3	2,4
4	4	4	2,3	4	1
49% of Questions		35% of Questions		16% of Questions	
39 Marks		28 Marks		13 Marks	

Should not missed these Units at any cost to PASS the exam

Should not missed these Units at any cost to PASS the exam

Can study these Units for SCORING purpose only



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MAPC EXAM GUIDE

For June 2022 Exam

MPCE-021

Calling Psychology

All Important Topics as per MAPC Focus

MAPC EXAM GUIDE

For June 2022 Exam

MPCE-022

Assessment In Counselling

All Important Topics as per MAPC Focus

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MPCE-023

Interventions In Counselling

All Important Topics as per MAPC Focus

Reduce
your
study load
by up to
70%

E-Book

READ what is NECESSARY

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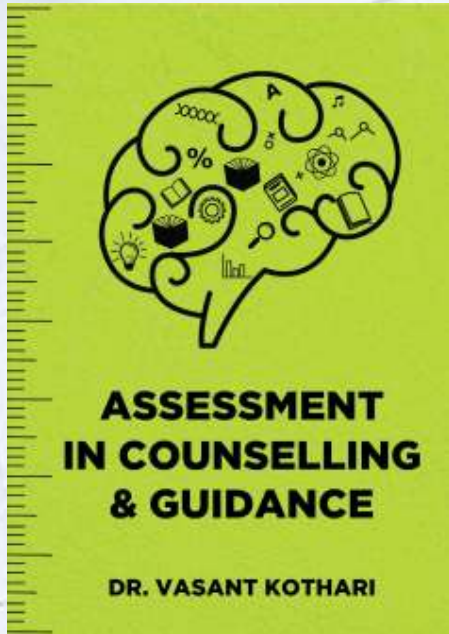
MUST READ Chapters for June 2022 Exam

1st Priority		2nd Priority		3rd Priority	
Block	Unit/Chapter	Block	Unit/Chapter	Block	Unit/Chapter
1	1	1	**	1	2,3,4
2	1,2	2	3,4	2	**
3	2	3	1	3	3,4
4	4	4	1	4	2,3
44% of Questions		25% of Questions		31% of Questions	
35 Marks		20 Marks		24 Marks	

It has been observed that **Block 1 & 2 are the most important** as more than 3/5 questions in the exam comes from these only, so you should not miss these Blocks at any cost

30% questions are from Unit 1 of Block 1, Unit 2 of Block 2 & Unit 2 of Block 3

ERR for June 2022 Exam



ERR For the people who are following this book which is specially written for **MAPC IGNOU Students**

Assessment in Counselling and Guidance

by **Dr Vasant Kothari**

ISBN: 978-81-935047-8-9

Pages: 248

Price: ~~Rs 400~~ → Rs 320

Available for purchase at www.springseason.in & Amazon

1 st Priority
Chapter No.
1,5,6,10, 11,18
44% of Questions
35 Marks

2 nd Priority
Chapter No.
7, 8, 9,15
25% of Questions
20 Marks

3 rd Priority
Chapter No.
2,3,4,12, 13, 14, 16, 17
31% of Questions
24 Marks

It has been observed that **Chapter No. 1,6 & 10** are the most important as 1/3rd questions in the exam comes from these only, so you should not miss these chapters at any cost

Above INFO is purely based on **DATA ANALYSIS**



MUST READ TOPICS for Jun 2022 Exam

Chapter No.	Topic No.				
1	1.1/2	1.3/4	1.5	1.8/9	1.11
2	2.1	2.2	2.3	2.4	**
3	3.2	3.3	3.4	**	**
4	4.1	4.3	4.4	4.4.5	4.5
5	5.1	5.1.2	5.1.3	5.2	5.2.2/3
6	6.1.1.1	6.1.2	6.2.2	**	**
7	7.1.5	7.2	7.3	**	**
8	8.1	8.4	8.5	**	**
9	9.2	9.3	9.4	9.5	9.7
10	10.2	10.2.2	10.2.3	10.3	10.4
11	11.2.1	11.4	**	**	**
12	12.1	12.1.2	**	**	**
13	13.1	13.2	13.3	13.5	**
14	14.2	14.2.4	14.2.5	**	**
15	15.1	15.1.3	15.1.4	15.1.5	**
16	16.1.2.1	16.1.2.2	16.4.2/3/4/5		
17	17.1.2	17.1.3	17.2	17.2.2	**
18	18.1.4/5/6/8	18.2.2	18.3	18.3.1	18.3.3

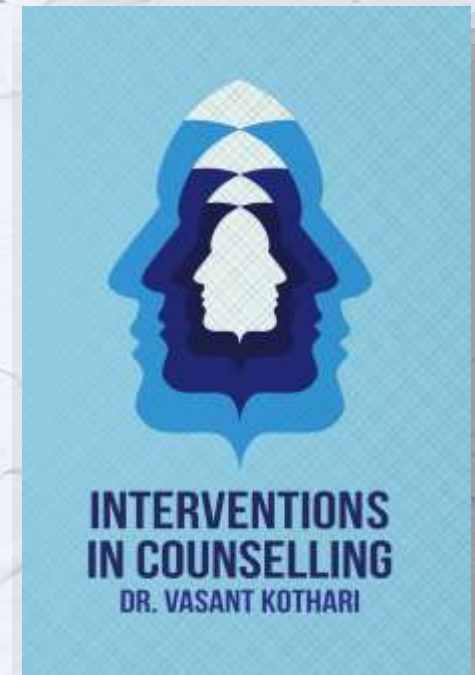
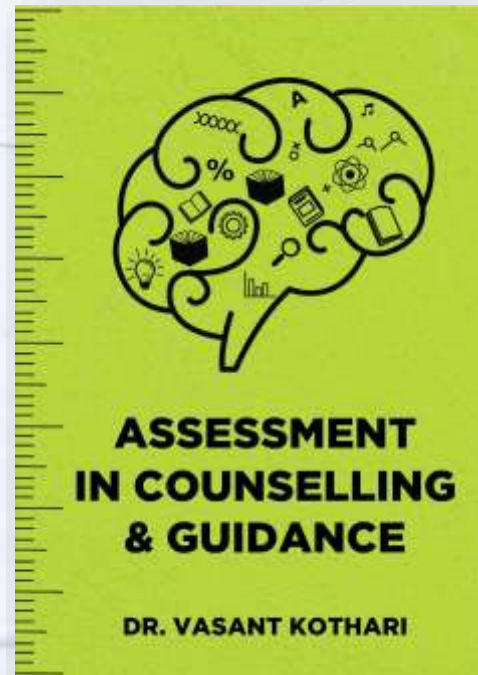
Above data is purely based on **ASSUMPTIONS**

Please do all sub points unless and until specified



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This document contains
topics in Q & A Format only
for the **IMPORTANT**
TOPICS as per
MAPC Focus

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Read ONLY
what is
IMPORTANT

MAPC EXAM GUIDE

For June 2022 Exam

MPCE-022

Assessment In Counselling

All Important Topics as per MAPC Focus

Prediction of Important Topics

Past Performance (MPCE-022)

Dec 18		80%
	June 19	82%
Dec 19		94%
	June 20	88%
Dec 20		100%
	June 21	100%
Dec 21		100%

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Block-1 Introduction

Unit 1 - Introduction to Assessment: Definition, Description and Differentiating Between Testing and Assessment

- Meaning of Psychological Assessment
- Purpose of Assessment
- Principle of Assessment
- Process of Assessment
- Methods of Assessment
- Purpose of Psychological Testing
- Characteristics of a good psychological test
- Types of Psychological Tests

Unit 2 -Assessment Complexities

- Meaning of Assessment Complexities
- Issues in Assessment
- Prerequisites for Assessment
- Errors in Assessment

Unit 3 - The Ambience and Climate needed for Assessment and Counseling

- Counselling Setting
- Mind Set of the Client
- Pre -Counselling Interview

Unit 4 - Determination of Aspects to be Covered

- Psychological Assessment: Objective and Subjective Approach
- Components of Assessment
- Skills of Assessing
- Developing Counselling Goals
- Areas of Assessments

Block-2 Approaches to Assessment in Counselling
Unit 1 - Interview, Case History and Testing
<ul style="list-style-type: none">• Interview• Characteristics of Interview• Case History Interview• Case History Interviews• Case History Taking (Format)• Mental Status Examination
Unit 2 - Approaches to Counselling: Psychodynamic and Cognitive Approaches
<ul style="list-style-type: none">• Basic Concepts of Freudian Psychodynamic Theory• Neo-Freudian Psychodynamic Theories (All topics)• Cognitive Counselling Approach<ul style="list-style-type: none">○ Albert Ellis○ Alfred Adler
Unit 3 - The Person Centered Approach to Assessment and Counselling
<ul style="list-style-type: none">• Basic Concepts• Positive Regards• Fully functioning person• Therapeutic Process of Counselling
Unit 4 - The Narrative Approach to Assessment and Counseling
<ul style="list-style-type: none">• Basic Concepts• Goals and Steps in Narrative Counselling• Exploration and Deconstruction

Block-3 Assessment in Counselling and Guidance

Unit 1 - The Counseling Setting and the Role of Counselors in Guidance and Counseling

- Diff between Guidance and Counselling
- Counselling Setting
- Characteristics of an effective counsellor
- Counseling Goals
- Role of Counselors in Guidance and Counseling

Unit 2 - Individual and Group Techniques in Counseling and Guidance

- Affective Approach Gestalt
- Goals
- Techniques
- Behavioural Counselling
- Rational Emotive Therapy
- Group Process
- Similarities & Differences: Individual and Group Counselling

Unit 3 - Counseling and Guidance for Career Planning and Decision Making

- Counselling and Guidance
- Career planning
- Interrelation between Counseling and Career Planning

Unit 4 - Multicultural Counseling and Guidance: Role of Counselors in Preventing Illness and Promoting Positive Health

- Client and Counsellor in Multicultural Counseling
- Understanding Illness: Its Causes and Prevention
- Principles for Reducing Risk and Promoting Health
- Practical Steps for Reducing Risk and Promoting Health

Block-4 Organising and Planning Counselling and Guidance

Unit 1 - Introduction to Developing Guidance and Counselling Programme

- School Guidance Programme
- Need for Guidance and Counselling Programme
- Role of Guidance and Counseling Functionaries
- Various Guidance Services in School Guidance and Counseling Programme

Unit 2 - Rationale and Purpose of Guidance and Counselling Programme

- Need for Guidance at Micro Level
- Need for Guidance at Macro Level
- Purposes of Guidance and Counselling Programme in Educational Institutions
- Objectives of Guidance at Different Stages of Education
- Implication of Guidance Programme in Educational Institutions

Unit 3 - Organising and Evaluation of Guidance and Counselling Programme

- Components of guidance and counselling programme
- Guidance Calendar
- Organising Guidance and Counselling Programme at Elementary Stage
- Objectives and Activities for Elementary Stage

Unit 4 - Methods of Evaluation

- Characteristics of Evaluation
- Goals of Evaluation
- Types of Evaluation
- Criteria for evaluation
- Basic steps of Evaluation
- Methods of Evaluation
- Case Study Method
- Experimental Method



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MPCE-011

PSYCHODIAGNOSTICS
MPCE-012

PSYCHOTHERAPEUTIC METHODS
MPCE-013

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- Answers in prescribed word limits
- Least content from IGNOU Books
- Table, charts, brain maps to enhance the look of the assignment
- Rs 99 per subject (Rs 297 for All)
- e-book form (PDF File)

Assignment Container

COUNSELLING PSYCHOLOGY
MPCE-021

ASSESSMENT IN COUNSELLING
AND GUIDANCE
MPCE-022

INTERVENTIONS IN COUNSELLING
MPCE-023

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Ready Synopsis & Project

- ▶ Topic will be Ours
- ▶ It will cost Rs 5000 (Fixed Rate and No part payment)
- ▶ You need to take care of Guide (Go for Cooperative Guide)
- ▶ Synopsis within one week and Project after 6 months (before submission)
- ▶ No topic REPEATS
- ▶ Changes not allowed in ready synopsis & project
- ▶ If synopsis rejected.. Then new synopsis at no additional cost
- ▶ Synopsis and Project will be there in Word file
- ▶ Explanation of DATA ANALYSIS for VIVA
- ▶ Whatsapp on 7303827268

For **STATISTICAL DATA ANALYSIS**
of your MAPC IGNOU Research project work

send your...



- Synopsis
- Questionnaire
- Data file (Excel)

to

mapchelp@gmail.com

You will get

- Data analysis with graphs
- Interpretation of analysis
- Standard format for writing analysis
- Explanation of analysis for viva

 73 03 82 72 68

*Personal visit not required for data analysis
All communication will be only through mobile & email*

MAPC Focus for Dec 22 Exam

As per Dr Vasant Kothari's Books

Will Release on 1st **Sep** 2022



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on
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